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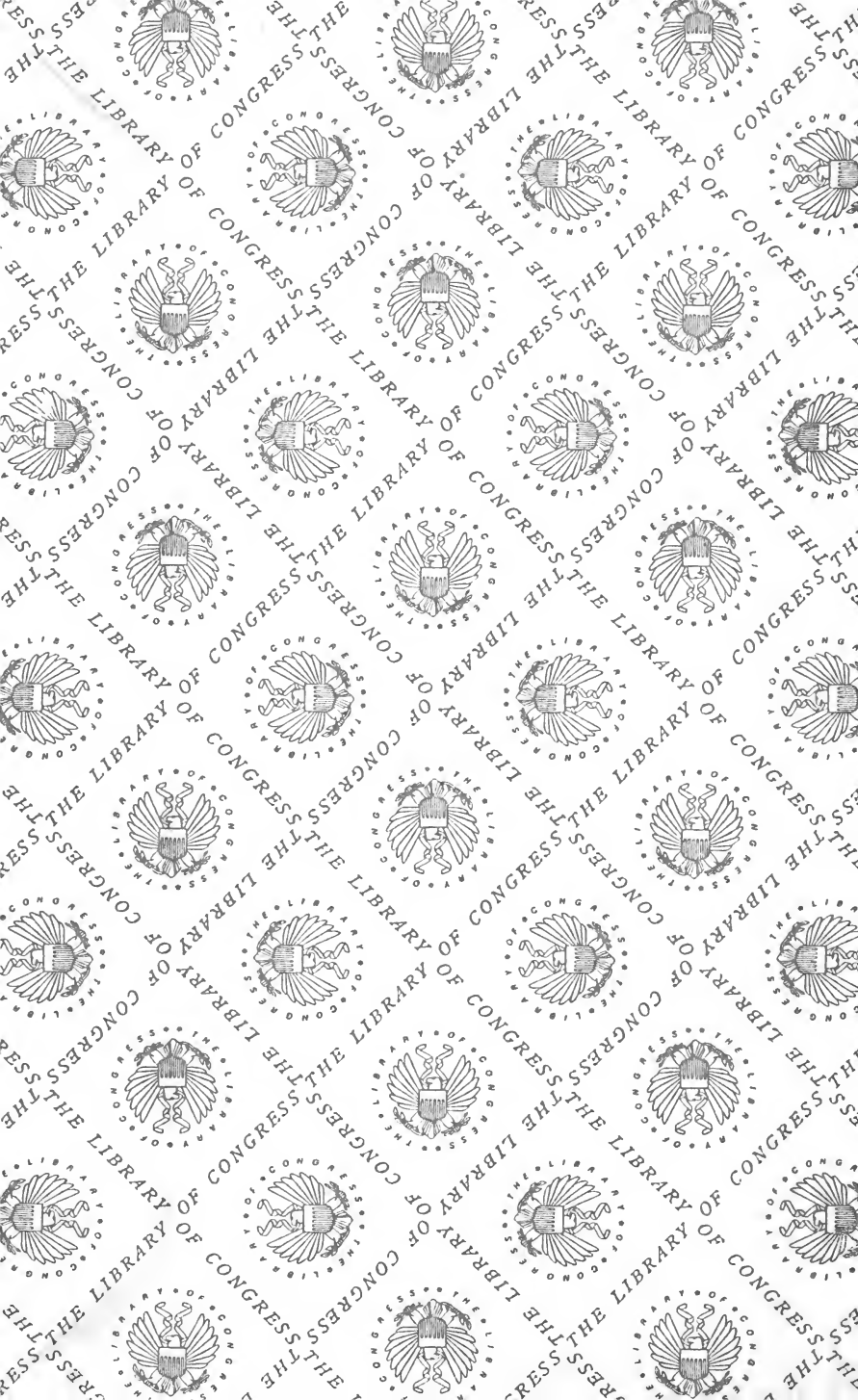
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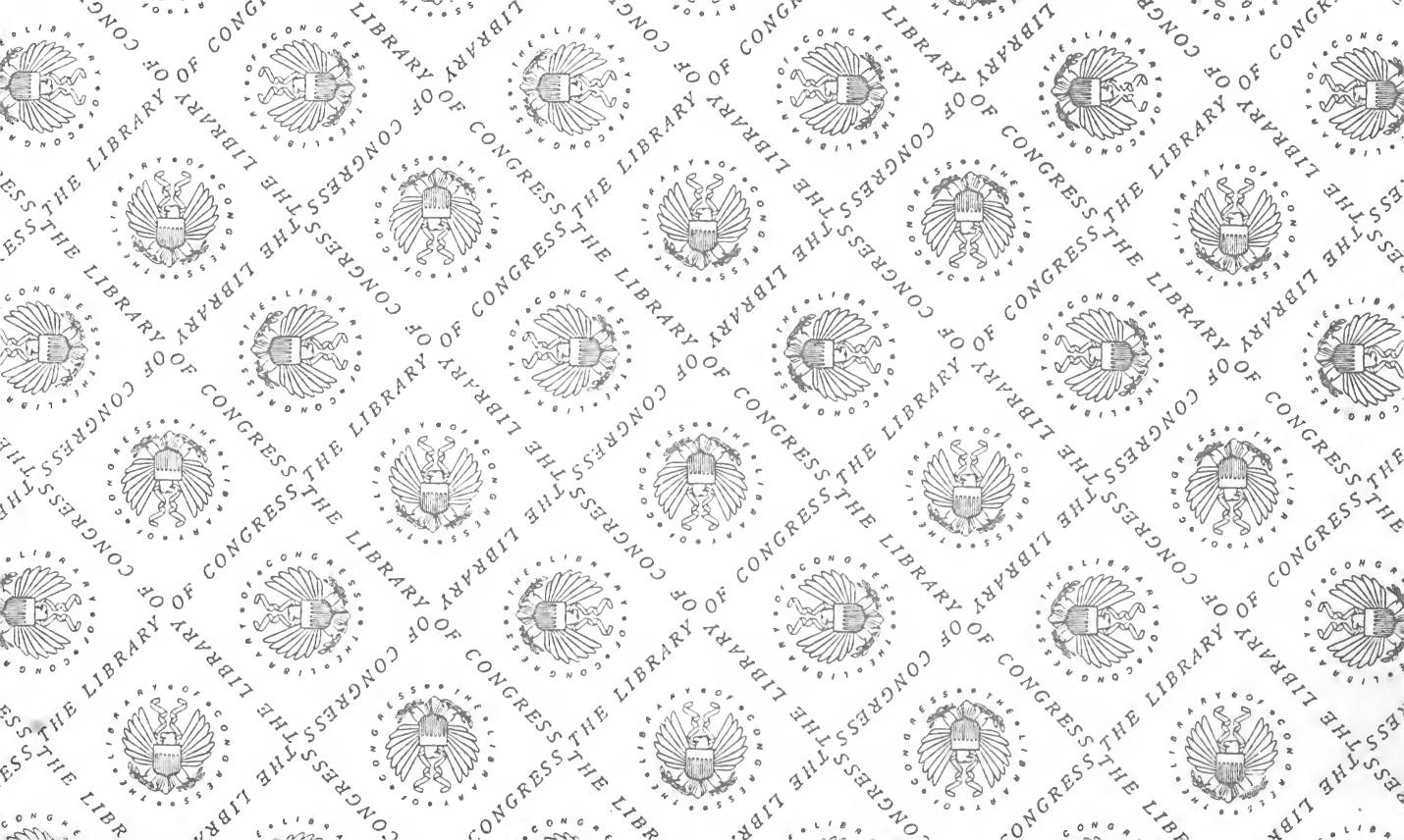
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What Shall We Have to Eat?

THE QUESTION ANSWERED;

OR,

A Bill of Fare for Every Day in the Entire Year, with some Receipts.

BY

MRS. CLARENCE I. BURR.

52651

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By Mrs. Clarence I. Burr.

PREFACE.

"Oh, Dear! What shall we have to eat?" What housekeeper has never been confronted with this tiresome and ever present question? I have written this book hoping that it may be an ever ready answer to that wearisome interrogative. By setting down each day what was served on my own table, as a future reference to help me in deciding this every day puzzle, the thought occurred to me, "Why couldn't I help to a certain extent all my sister housekeepers?" With this thought in mind, I used my list of meals as a basis, changing and improving it so as to give the most varied and wholesome bill of fare possible at a moderate cost, choosing all my supplies at that season when they are most plentiful, therefore the cheapest and best. While the purse will give a ready answer to all pertaining to luxuries, I would make one suggestion, and it is an old one, that by using a cold frame, (a thing inexpensive in itself and requiring but little attention), anyone can have lettuce, radishes and green onions in the early spring months at a very small cost, while the same if bought, would be expensive luxuries.

The meals follow each other in such a manner that there shall be no waste, hence a great many dainty and appetizing dishes appear in my menu which at first glance would impress one as both unnecessary and extravagant, while they are really made out of the *left overs* which are so often thrown aside or left to spoil.

If a family serves late dinner then Monday's tea must we used for Tuesday's lunch, etc.

I believe this Bill of Fare to be strictly practical, having spent several years before I felt it was perfected, yet I do not expect those having it to follow it exactly, but to use it more as a book of reference, exercising their own individual taste in connection with it, and should like to hear from anyone having the book how it suited their family.

The American Crystallized Gelatine.

TO THE PUBLIC:

We wish to announce to the patrons of the *American Gelatine Co.* that we have purchased from E. E. McLeish & Co. all their right, title and *their secret* process for manufacturing the *American Gelatine.*

We propose to manufacture a pure article and to maintain the high standard of excellence and reputation that the *American Gelatine*, as manufactured heretofore by E. E. McLeish & Co., has acquired.

By the E. E. McLeish & Co.'s process no sulphur, no sulphuric acid, or acid of any kind, or any deleterious ingredient whatever enters into the manufacture of the *American Gelatine.*

By this process Gelatine is made a strictly pure, odorless and wholesome article, and we challenge a chemical analysis to find a particle of impure or deleterious substance in it.

We claim that by this process we manufacture the purest, odorless and most wholesome Gelatine in the world.

Our goods will be manufactured under the careful supervision of an experienced person. No expense or attention will be spared in the manufacturing of these goods to keep up the high standard of excellence that they have attained.

By strict attention to all the details in the production of these goods we hope to retain the patronage of the former patrons of the *American Gelatine Co.*

Soliciting the extension of your patronage to us, we remain

Respectfully yours,

J. E. ROBINSON & CO.,

SUCCESSORS TO E. E. MCLEISH & CO.

BUFFALO, N. Y.

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MONDAY.

BREAKFAST

Oranges.
Cinnamon Buns.
Beefsteak. Creamed Potatoes.
Graham Popovers. Coffee.

DINNER

Pork Steak.
Spagetti in Cream.
Celery Salad.
Browned Potatoes.
Apple Fritters. Graham Bread.
Baked Rice Pudding.

SUPPER

Raised Waffles.
Hot Butter and Milk or Syrup.
Chocolate Cream Pie. Pear Preserves.
Cheese. Tea. Cocoa.

TUESDAY.

BREAKFAST

Apples. Buckwheats. Syrup.
Sausages. Mashed Potatoes.
Dry Toast. Soft boiled Eggs in glasses.
Coffee. Milk.

DINNER

Roast Beef.
Rice Croquettes. Mashed Potatoes.
Mashed Turnips. Cabbage Salad.
Mushroon Sauce.
Toast. Cold Bread.
Mince Pie. Edam Cheese.

SUPPER

Soda Crackers. Lemon.
Baking Powder Biscuit.
Spice Cake. Honey.
Tea. Milk.

WEDNESDAY.

BREAKFAST

Baked Apples. Oatmeal.
Minced Meat on Toast.
Cold Bread. Fried Potatoes.
Cream. Coffee.

DINNER

Fried Ham and Eggs.
Points of Fried Bread. Potatoes.
Baked Sweet Potatoes. Pickles.
Spiced Currants. Entire Wheat Bread.
Baked Indian Pudding.
Butter. Cream.

SUPPER

Cold Tongue.
Saratoga Potatoes. Hot Rolls.
Lemon Jelly. Mustard Sauce.
Almond Cake. Tea. Milk.

THURSDAY.

BREAKFAST

Hot beef Jelly in cups. Buckwheats.
Slices Roast Beef broiled, buttered.
Baked Potatoes.
Soft Cream Toast. Coffee. Milk.

DINNER

Squares of Toast. Crackers.
Split Pea Soup.
Baked Sausages. Mashed Potatoes.
Boiled Cabbage. Vermicelli.
Cranberry Sauce. Toast. Coffee.
Apple Pie and Cream. Cheese.

SUPPER

Oyster Stew. Chopped Pickles.
Celery. Bread. Toasted Crackers.
Whipped Cream Pie.
Salted Almonds. Tea.

FRIDAY.

BREAKFAST

Sliced Oranges. Rolled Oats.
Breaded Mutton Chops.
Potato Balls. Raised Sally Lunn.
Coffee. Cream.

DINNER

Broiled Salt Mackerel.
Potato Chips. Milk Gravy.
Lettuce Salad Dressing.
Hoe Cake. Canned Corn.
Cold Tongue.
Cabinet Pudding. Foamy Sauce.

SUPPER

Broiled Bacon. Scrambled Eggs.
Toast. Baked Potatoes. Pickles.
Blackberry Jam. Cornstarch Cake.
Milk. Tea.

SATURDAY.

BREAKFAST

Rice Fried in Slices. Prunells.
Pork. Steak.
Fried Potatoes. Water Toast
Milk. Coffee.

DINNER

Raw Oysters. Lemons.
Bread and Butter Sandwiches.
Sirloin Steak. Potato Puff.
Canned String Beans. Celery.
Escalloped Tomatoes.
Cranberry Sauce. Worcestershire.
Gingersnaps. Rennet.

SUPPER

Baked Beans.
Mixed Pickles. Raised Biscuit.
Sponge Cake. Peaches.
Tea. Cocoa.

SUNDAY.

BREAKFAST

Oranges. Apples.
Fried Indian Pudding. Syrup.
Fish Cakes. Tenderloin Steak.
Creamed Potatoes. Raised Muffins.
Coffee.

DINNER

Roast Goose.
Macaroni and Cheese
Sweet Corn Fritters.
Cider Apple Sauce.
Mashed Potatoes. Tomato Ketchup.
Gravy. Dinner Rolls. Celery.
Peaches in Jelly. Whipped Cream.
Mixed Cake. Coffee.

RECEIPTS.

Eggs.

A dainty way to serve eggs for breakfast. Poach eggs in hot water 'til the white is just set. Have tiny glasses with a few bread crumbs well seasoned with salt, pepper, butter in each. Put an egg in every glass.

Toast.

Cut the crust off nicely browned slices. Dip each slice in very hot salted water. Cover each piece well with bits of butter and a little cream or new milk. Place in oven 'til butter melts.

MONDAY.

BREAKFAST

Bananas.
Flour Griddles.
Eggs on Toast. Broiled Ham.
Coffee. Hot Beef Tea.

DINNER

Tomato Soup. Grated Cheese.
Shepherd's Pie.
Biscuits. Rice Croquettes.
Cranberry Sauce. Olives.
Cornstarch Pudding.
Sugar. Cream.

SUPPER

Mutton Broth. Dry Toast. Crackers.
Beans warmed over.
Soft Molasses Gingerbread.
Cottage Cheese. Milk. Tea.

TUESDAY.

BREAKFAST

French Toast. Syrup.
Broiled Halibut.
Lyonaise Potatoes. Flour Muffins.
Lettuce. Eggs. Coffee.

DINNER

Fried Salt Pork.
Apples. Bacon.
French Fried Potatoes. Bread.
Stewed Carrots. Dinner Rolls.
Troy Pudding. Sauce.
Mince Pie.

SUPPER

Tenderloins of Steak.
Orange Sauce or Marmalade.
Toasted Potatoes. Rusks.
Bride's Cake. Tea. Cocoa.

WEDNESDAY.

BREAKFAST

Malaga Grapes. Cracked Wheat.
Dried Beef in Cream.
Baked Potatoes. Soft Toast.
Cream. Coffee.

DINNER

Roast Pork. Brown Gravy.
Potatoes Roasted in Drippings.
Mashed Turnips. Apple Sauce.
Steamed Brown Bread.
Raisins. Nuts. Figs.
Apples.

SUPPER

Fried Oysters. Tomato Ketchup.
Cold Slaw. Tea Rolls. Cold Bread.
Silver Cake.
Strawberry Preserves. Tea.

THURSDAY.

BREAKFAST

Peach Butter. Rice Griddles.
Steak Broiled.
Stewed Potatoes. Sippets of Toast.
Milk. Coffee.

DINNER

Oyster Soup. Crackers. Pickles.
Cold Roast Pork. Celery.
Baked Potatoes, Toasted Brown Bread
Rhubarb Sauce.
Squash. Gravy. Spinach.
Orange Pudding or
Cornstarch Pie with Meringue.

SUPPER

Milk Toast.
Shaved Beef. Cheese.
Nut Cake. Plums. Wafers.
Cocoa. Tea.

FRIDAY.

BREAKFAST

Fried Oatmeal and Syrup.
Broiled Ham.
Eggs with Crumbs. Creamed Potatoes.
Flour Muffins. Bread.
Milk. Coffee.

DINNER

White Fish.
Spiced Currants. Lettuce Salad.
Boiled Potatoes.
Stewed Tomatoes. Drawn Butter.
White and Graham Bread.
Tapioca Pudding. Cake. Coffee.

SUPPER

Broiled Finnen Haddy.
Baked Potatoes. Baker's Toast.
Worcestershire Sauce.
Baked Apples and Cream.
Tea. Hermits.

SATURDAY.

BREAKFAST

Oranges. Rolled Oats.
Pork Ribs Fried.
Potato Balls. Corn Muffins.
Granula, Milk. Coffee.

DINNER

Broiled Mutton Chop.
Boiled Cabbage. Stewed Carrots.
Mashed Potatoes.
Currant Jelly. Toast. Coffee.
Steamed Apple Dumpling.
Hot Spiced Molasses Sauce.

SUPPER

Shredded Codfish.
Escalloped Potatoes. Toast.
Apple Ginger. Cocoanut Pie.
Milk. Tea.

SUNDAY.

BREAKFAST

Malaga Grapes. Fried Mush, Syrup.
Fish Cakes. Veal Cutlets.
Raised Sally Lunn.
Broiled Potatoes.
Lettuce Salad.
Doughnuts. Coffee.

DINNER

Roasted Stuffed Turkey.
Giblet Sauce. Salsify Fritters.
Mashed Turnip.
Macaroni and Cheese. Rolls.
Boiled Potatoes. Pickled Beets.
Lemon Jelly with Sliced Oranges.
Custard. Viennois Cakes.
Coffee.

RECEIPTS.

Tomato Soup.

Boil one cup vermicelli ten minutes. Strain over this one quart of strained tomatoes well seasoned. Then when ready to serve add one cup grated cheese. Serve with squares of buttered toast.

Viennois Cake.

Cut any plain, light cake into two inch cubes. Split, fill with jelly and then frost all over with white, chocolate, cocoanut or fancy icing.

MONDAY.

BREAKFAST

Hot Beef Tea. Buckwheats.
Cold Turkey. Potatoes.
Dressing in Gravy. Flour Popovers.
Bread. Milk. Coffee.

DINNER

Beefsteak.
Boiled Onions. Spagetti.
Mashed Potatoes. Lettuce. Toast.
Cocoa. Worcestershire Sauce.
Steamed Rice and Raisins.
Mince Pie. Cheese.

SUPPER

Broiled Smoked Salmon.
Hot Rolls. Pineapple.
Roll Jelly Cake.
Tea. Milk.

TUESDAY.

BREAKFAST

Prunells. Oatmeal. Cream.
Hamburgh Steak or
Codfish in Cream on Toast.
Potatoes. Rice Muffins.
Coffee. Milk.

DINNER

Clear Soup. Squares of Toast.
Cold Breast of Turkey. Crackers.
French Fried Potatoes. Celery.
Succotash. Cranberry Sauce.
Cabbage Salad. Vienna Rolls.
Snow Pudding. Custard.
Pound Cake. Coffee.

SUPPER

Smoked Herring.
Soft Toast. Preserved Ginger.
Feather Cake. Milk. Tea.

WEDNESDAY.

BREAKFAST

Oranges. Italian Fritters.
Dried Beef. Scrambled Eggs.
Fried Potatoes. Cracker Toast.
Coffee. Egg Nog.

DINNER

Boiled Corned Beef and Bacon.
Cabbage. Carrots. Turnips.
Beets. Potatoes. French Mustard.
Cold Bread.
Apple Tapioca Pudding.
Sugar. Cream.

SUPPER

Split Pea Soup. Toast.
Cold Pressed Corned Beef.
Soda Biscuits. Honey.
Washington Pie. Cocoa. Tea.

THURSDAY.

BREAKFAST

Bananas. Pickled Beets.
Fried Fresh Fish. Broiled Mackerel.
Fried Potatoes. Baked Potatoes.
Buttered Toast. Coffee.

DINNER

Cold Tongue.
Saratoga Potatoes. Sweet Corn.
Rhubarb and Lemon sauce. Cold Slaw.
Dinner Rolls.
Roly Poly Pudding Sauce.

SUPPER

Chicken Salad.
Raised Biscuit. Fresh Bread.
Ginger Puffs. Edam Cheese.
Milk. Pears. Tea.

FRIDAY.

BREAKFAST

Oranges. Oatmeal. Cream.
Sausages.
Water Toast. Potato Balls.
Coffee. Milk.

DINNER

Picked Codfish.
Onions. Boiled Potatoes.
Pickled Beets. Egg Sauce.
Corn Fritters. Hoe Cake.
Milk Sherbet.
Pound Cake. Coffee.

SUPPER

Rocky Eggs.
Tea Loaf. Graham Bread.
Pound Cake. Quince Sauce.
Cocoa. Tea.

SUNDAY.

BREAKFAST

Sliced Oranges and Bananas.
Fish Balls. Prepared Steak.
Fried Indian Pudding. Syrup.
Toasted Potatoes.
Cold Bread. Graham Popovers.
Coffee.

DINNER

Roast Duck. Green Grape Jelly.
Baked Sweet Potatoes.
Baked Spanish Onions.
Macaroni with Cheese. Potato Puff.
Orange Pie with Whipped Cream.
Salted Almonds. Coffee.

SATURDAY.

BREAKFAST

Apples. White Meal Mush.
Hamburgh Steak.
Omelet. Popovers.
Coffee. Milk.

DINNER

Baked Sausages on Boiled Rice.
Mashed Potatoes.
Spagetti. Stewed Cabbage.
French Pickles. Bread.
Baked Custard.
Nuts. Raisins.

SUPPER

Cold Tongue. Baked Beans.
Chips. Brown Bread. Salad Dressing.
Prunes. Wafers. Cream Cakes.
Milk. Tea.

RECEIPTS.

Prepared Steak.

From a slice of round steak remove with a sharp knife, by scraping, all the meat, leaving only the tough cords. Shape this, slightly seasoned, into small squares, and broil. Steak pie prepared this way is very nutritious, and particularly nice for invalids.

French Fried Potatoes.

Cut cold boiled potatoes into pieces the shape of a flake of an orange. Sprinkle with salt. Then cook about two minutes, by putting them in a wire basket and cooking in boiling hot lard. Raw potatoes can be used, but need to be fried longer.

MONDAY.

BREAKFAST

Apples. Rye Mush, Molasses.
Tripe in Batter.
Boiled Potatoes. Steamed Bread.
Coffee.

DINNER

Pork Steak. Brown Gravy.
Fried Sweet Potatoes. Squash.
Potatoes in Half Shell.
Apple Jelly. Graham Bread.
Cranberry Pie.
Cheese.

SUPPER

Paste of Sardines on Toast.
Cold Bread. Cherry Sauce.
Ice Cream Cake
Milk. Tea.

TUESDAY.

BREAKFAST

Sliced Oranges. Buckwheats.
Broiled Liver.
Mashed Potatoes. Hot Rolls.
Coffee.

DINNER

Boiled Leg of Mutton.
Red Cabbage Salad. White Gravy.
Succotash. Tomato Fritters.
Currant Jelly. Chow Chow.
Bread. Boiled Potatoes.
Charlotte Russe. Coffee.

SUPPER

Fish Salad.
Thin Sliced Bread. Crackers.
Chocolate Cake.
Apricots. Wafers. Tea.

WEDNESDAY.

BREAKFAST

Grapes. Fried Oatmeal.
Chopped Meat on Toast.
Omelet. Fried Potatoes.
Doughnuts. Coffee.

DINNER

Sliced Mutton Pie, Rice Crust.
Duchess Potatoes.
Lima Beans. Turnips. Caper Sauce.
Crescent Rolls. Bread.
Chopped Almond Custard.
Salted Crackers.

SUPPER

Smoked Herring.
Tea Biscuit. Raised Cake.
Baked Apples. Cream.
Cocoa. Tea.

THURSDAY.

BREAKFAST

Orange Marmalade. Crackers.
Granula, Milk. Mutton Croquettes.
Fried Potatoes. Dry Toast.
Coffee.

DINNER

Roast Sirloin Beef. Brown Gravy.
Yorkshire Pudding. Potato Puff.
Tomatoes. Onions. Worcestershire.
Sliced Oranges and Bananas
with Cocoanut and Custard.
Hermits

SUPPER

Baked Omelet.
Cracker Cream Toast. Bread.
Coffee Cake. Ginger Chow Chow.
Cocoa. Tea.

FRIDAY.

BREAKFAST

Prunells. Rolled Oats, Cream.
Beef Hash. Eggs with Crumbs.
Creamed Potatoes. Breakfast Rolls or
Muffins in Rings. Milk. Coffee.

DINNER

Fish Chowder.
Crackers. Pickles.
Cold Roast Beef.
Tomatoes on Spagetti. Potato Salad.
Quirled Potatoes.
Peach Tapioca. Cream.

SUPPER

Sliced Fowl in Jelly.
Fresh Bread. Baker's Toast.
Kisses with Whipped Cream.
Plum Preserves. Milk. Tea.

SUNDAY.

BREAKFAST

Fried Rice. Golden Syrup.
Cinnamon Cakes. Codfish Hash.
Tenderloin Steak. Pickled Beans.
Potato Balls in Crumbs.
Graham Puffs Coffee.

DINNER

Pickles. Oyster Broth.
Toasted Crackers. Celery.
Chicken Pie. Rice Croquettes.
Soda Biscuit.
French Fried Potatoes.
Olives. Dried Apple Sauce.
Prunes in Jelly. Cream and Sugar.
Coffee. Sponge Cake, Frosted.

SATURDAY.

BREAKFAST

White Corn Mush.
Grated Ham and Eggs on Toast.
Potato Cakes. Cream Toast.
Cinnamon Cakes. Coffee.

DINNER

Irish Stew. Dumplings.
Macaroni. Parsnip Fritters.
Pickled Beets. Cranberry Sauce.
Dinner Rolls.
Cornstarch Pie and Meringue.
Glazed Fruit.

SUPPER

Curled Oysters or Oyster Patties.
White Bread. Entire Wheat Bread.
Strawberries. Wafers.
Milk. Tea.

RECEIPTS.

Sardine Paste.

Pound six Sardines with skin and bones removed and the yolks of two hard boiled eggs and one tablespoon of lemon juice until a smooth paste is formed. Then spread on toast or crackers.

Almond Frosting.

Beat together white of one small egg and an equal quantity of cold water; add sifted powdered sugar 'til stiff; then add tablespoonful Colton's rose and one cup finely chopped almonds. Nice for Sponge Cake.

MONDAY.

BREAKFAST

Oatmeal with Baked Apples. Cream.
Pork Steak.
Creamed Potatoes. Corn Muffins.
Coffee.

DINNER

Baked Roll of Round Steak, Stuffed.
Brown Gravy. Horse Radish.
Mashed Potatoes.
Fried Onions. Canned Asparagus.
Blueberry Pie.
Cheese.

SUPPER

Canned Lobster.
Lettuce. Bread.
Angel Cake. Greengages.
Tea.

WEDNESDAY.

BREAKFAST

Cracked Wheat and Cream.
Ham and Egg Cakes. Flour Griddles.
Bread. French Fried Potatoes.
Cocoa. Coffee.

DINNER

Breaded Mutton Chops.
Browned Potatoes. Chow Chow.
Peas. Escalloped Oysters.
Graham Bread.
Cake. Confectionery.
Lemonade.

SUPPER

Frizzled Beef.
Raised Biscuits. Jumbles.
Sliced Oranges. Lemon Juice.
Feather Cake. Cocoa. Tea.

TUESDAY.

BREAKFAST

Oranges. Flannel Cakes.
Oyster Roast on Toast.
Potted Meat. Chips.
Cold Bread. Coffee.

DINNER

Mock Bisque Soup. Crackers.
Squares of Toast. Cold Boiled Ham
Saratoga Potatoes. Succotash.
French Mustard. Pickles.
Hot Rolls. Mince Pie. Cheese.
Cake Pudding.

SUPPER

Broiled Smoked Halibut.
Vienna Rolls. Plain Cake.
Baked Sour Apples, Sugar.
Cocoa. Tea.

THURSDAY.

BREAKFAST

Grapes. Hominy Griddles.
Chopped Steak. Brown Gravy.
Baked Potatoes. Popovers.
Milk. Coffee.

DINNER

Brown Friccasse of Toast.
Points of Toast. Boiled Rice.
Pickled Red Cabbage.
French Fried Potatoes. Toast.
Cottage Pudding.
Dates. Milk.

SUPPER

Rice Waffles.
Hot Buttered Milk. Syrup.
Cheese. Bread. Buns.
Peaches. Tea.

FRIDAY.

BREAKFAST

Oranges. Granula.
Chicken and Rice Croquettes.
Graham Muffins. Potatoes.
Coffee.

DINNER

Baked Stuffed Fish.
Boiled Potatoes. Brown Gravy.
Stewed Tomatoes. Squash.
Mixed Vegetable Salad.
Dried Apple Sauce. Bread.
Chocolate Custard. Fancy Cakes.

SUPPER

Spiced Beef Moulded.
Dutch Apple Cake. Bread.
Jam. Fruit Cake.
Tea. Milk.

SATURDAY.

BREAKFAST

Buckwheats. Syrup.
Fried Bacon. Liver.
Broiled Salt Fish. Eggs.
Biscuits. Toast. Coffee.

DINNER

Veal Steak. Brown Gravy.
French Peas. Vermicelli. Bread.
Baked Potatoes. Cranberry Sauce.
Baked Apple Balls.
Spiced Molasses Sauce.
Nuts. Figs.

SUPPER

Oyster Pie. Bread.
Toast. Welsh Rarebit.
Ribbon Cake. Prunes.
Milk. Tea.

SUNDAY.

BREAKFAST

Glazed Oranges. Fried Mush, Syrup.
Dried Beef in Cream.
Fish Cake.
Baked Potatoes. Corn Muffins.
Coffee.

DINNER

Raw Oysters.
Graham Sandwiches. Lemons.
Celery. Roast Capon, Giblet Sauce.
Dressing. Grape Jelly.
Potatoes Whole.
Onions. Mashed Turnips.
Beet Salad. Fresh Bread.
Frozen Pudding.

RECEIPTS.

Hamburgh Steaks.

A good way to utilize tough steak. Cut off fat and veins. Then chop the lean meat as finely as possible. Season well with salt, pepper and a few drops of onion juice. Shape in cakes. Broil.

Peppermints.

Boil one pound of sugar, one-half cup water four minutes; divide in three parts; to first, add large spoonful Colton's pepperment, stir til white; to second, one teaspoon currant jelly and one of wintergreen essence, stir as before; to third add melted chocolate and stir. Drop on thin sheets.

MONDAY.

BREAKFAST

Pears. Buckwheats.
Steak. Soft Boiled Eggs.
Potatoes in Cream. Sally Lunn.
Spiced Tomatoes. Coffee.

DINNER

Baked Sausages.
French Mustard. Pickles. Hoe Cake.
Stewed Tomatoes. Mashed Potato.
Cauliflower in Cream.
Dinner Apple Sauce. Bread.
Baked Tapioca Pudding.

SUPPER

Cold Breast of Fowl.
Tea Rolls. Cold Bread.
Lemon Jelly. Drop Cakes.
Cocoa. Milk.

WEDNESDAY.

BREAKFAST

Apples. Flour Griddles.
Codfish in Cream.
Steamed Bread. Baked Potatoes.
Coffee.

DINNER

Pork Chops.
Squash. String Beans.
Mashed Potatoes. Olives.
Cranberry Sauce.
Toast. Coffee.
Bird's Nest Pudding.

SUPPER

Cold Beef a la Mode.
Lyonaise Potatoes. Catsup.
Fresh Bread. Cream Cakes.
Grape Sauce. Dates. Milk. Tea.

TUESDAY.

BREAKFAST

Grapes. Fried Oatmeal. Honey.
Scrambled Eggs.
Beef Tea on Toast. Fried Potatoes.
Doughnuts. Coffee.

DINNER

Beef a la Mode.
Escalloped Tomatoes. Onions.
Spiced Currants. Pototo Croquettes.
Parsnip Fritters. Bread.
Custard Pie. Cheese.
Apples. Crackers.

SUPPER

Chicken Salad.
Baking Powder Biscuits.
Coffee Cake. Preserved Ginger.
Milk. Tea.

THURSDAY.

BREAKFAST

Oranges. Rolled Oats. Cream.
Pork Chops.
Cream Potatoes. Cream Toast.
Milk. Coffee.

DINNER

Bean Soup. Toast Buttered.
Broiled Ham. Poached Eggs.
Chopped Cabbage. Mashed Potatoes.
Entire Wheat Bread.
Cubes Lemon and Cranberry Gelatine.
Mixed Cake. Coffee.

SUPPER

Oysters. Macaroni.
Tea Rolls. Lemon Jelly.
Cherries. Chocolate Eclairs.
Tea.

FRIDAY.

BREAKFAST

Buckwheats. Honey.
Beefsteak. Mashed Potatoes.
Buttered Toast. Lettuce.
Milk. Coffee.

DINNER

Boiled Halibut.
Celery Salad. Egg Sauce.
Boiled Potatoes.
Stewed Tomatoes. Rhubarb Sauce.
Toasted Brown Bread.
Caramel Custard. Salted Crackers.

SUPPER

Fish Salad.
Tea Loaf. Baker's Rolls.
Plums. Spice Cake.
Cocoa. Tea.

SATURDAY.

BREAKFAST

Oatmeal and Baked Apples. Cream.
Bacon. Eggs on Toast.
Fried Potatoes.
Coffee.

DINNER

Mutton Ragout.
Toast. Rice Border.
Mashed Potatoes.
Capers. Squash.
Queen of Puddings.
Creamy Sauce.

SUPPER

Cold Tongue.
Chips. Pickles. Toast. Mustard.
Cold Bread. Scotch Marmalade.
Cookies. Milk. Tea.

SUNDAY.

BREAKFAST

Pears. Apples.
Fried Indian Pudding. Syrup.
Codfish Balls. Sirloin Steak.
Popovers. French Fried Potatoes.
Coffee.

DINNER

Consommé in Cups.
Toasted Crackers.
Sirloin Roast. Worcestershire Sauce.
Potatoes Baked in Drippings.
Cranberry Sauce. Dressed Celery.
Cheese and Rice Croquettes.
English Plum Pudding.
Rich Sauce.
Fruit. Candy.

RECEIPTS.

Custard Pie

One Crust.
Filling:
1 cup Cream,
1 cup of Milk scalded,
2 Eggs,
1-3 cup Sugar,
Pinch Salt,
1 teaspoon Vanilla.
(Prick the Crust).

Salt Crackers

Butter, and sprinkle both sides of soda crackers with salt.

Bake in hot oven until a nice yellow, brown.

Serve with Custards.

MOND

BREAKFAST

Orange Juice in Glasses. Griddles.
Chopped Meat, Gravy, and Potatoes in Layers, Browned.
Baker's Bread, Toasted. Coffee.

DINNER

Beef Porcupine.
Potato Balls. Succotash. Olives.
Rolls. Lettuce.
Rice Snowballs. Foamy Sauce.
Mince Pie.
Cheese.

SUPPER

Cream Waffles.
Syrup. Hot Milk.
Pear Sauce. Walnut Cream Pie.
Milk. Tea.

WEDNESDAY.

BREAKFAST

Apples. Rice Griddles. Syrup.
Sirloin Steak.
Creamed Potatoes. Bread.
Coffee. Raised Biscuit.

DINNER

Roast Ham.
Corn. Mashed Potatoes. Lettuce.
French Mustard. Sweet Pickles.
Tomatto Fritters.
Cream. Apple Sago Pudding. Sugar.
Canned Rhubarb Pie. Cheese.

SUPPER

Cold Sliced Ham.
Chips. Tea Loaf. Pickles.
Grape Marmalade.
Ribbon Cake. Tea.

TUESDAY.

BREAKFAST

Baked Sweet Apples. Cream.
Frizzled Beef.
Toasted Potatoes. Corn Muffins.
Coffee.

DINNER

Roast Pork. Gravy.
Fried Apples. Mashed Turnips.
Quirled Potatoes. Rolls.
Cranberry Sauce.
Pumpkin Pie.
Bread and Butter Pudding.

SUPPER

Milk Toast.
Shaved Beef. Edam Cheese.
Ginger Preserves. Macaroons.
Cocoa. Jumbles. Tea.

THURSDAY.

BREAKFAST

White Corn Mush. Granula.
Pork Chops.
Ham Omelet. Saratoga Potatoes.
Bread. Coffee.

DINNER

Boiled Corned Beef and Bacon.
Pickled Beets. White Sauce.
Cabbage. Steamed Potatoes. Turnips.
Parsnips.
Lima Beans. Mustard.
Fruit Cake. Orange Pudding. Coffee.

SUPPER

Smelts, Fried in Crumbs.
Fried Potatoes. Cold Bread.
Hulled Corn.
Milk. Tea.

FRIDAY.

BREAKFAST

Hominy. Buckwheats.
Vegetable Hash.
Breakfast Rolls. Eggs. Pickled Beets.
Coffee.

DINNER

Fried White Fish.
Spinach. Tartar Sauce.
Apple Sauce. Peas. Potato Puffs.
Rolls. Bread.
Steamed Ginger Pudding.
Rennet. Wafers.

SUPPER

Chicken in Jelly.
Flour Popovers. Cheese.
Gold Cake. Apricots.
Milk. Tea.

SATURDAY.

BREAKFAST

Apples. Fried Oatmeal Pudding.
Hamburg Steaks.
Potato Cakes. Soft Toast.
Coffee.

DINNER

Strained Vegetable Soup.
Toast. Crackers.
Cold Pressed Corned Beef.
Cold Slaw. Sweet Potatoes.
Browned Potatoes.
Mince Pie. Stilton Cheese.

SUPPER

Baked Beans. Brown Bread, Toast.
Chopped Onions. Pickles.
Silver Cake. Pineapple Sauce.
Milk. Tea.

SUNDAY.

BREAKFAST

Oranges. Bananas.
Fried Mush. Syrup.
Fish Cakes. Baked Beans.
Brown Bread Toasted.
Bread. Coffee.

DINNER

Celery Soup. Crackers.
Roast Pork. Brown Gravy.
Franconia Potatoes.
Potato Salad. Rice and Tomatoes.
Celery, Mashed Turnip.
Apple and Indian Dumplings.
Coffee Ice Cream.
Nut Cake. Coffee.

RECEIPT.

Walnut Cream Pie.

Cake as for any cream pie.

Make a common cream filling; to this add one cup chopped English walnut meats.

Frost the pie with plain white vanilla icing and decorate with half walnut meats.

MONDAY.

BREAKFAST

Baked Apples.
Buttered Flour Griddles.
Broiled Ham. Eggs on Toast.
Cold Meat. Coffee. Cold Bread.

DINNER

French Pea Soup. Egg Noodles.
Toast. Roll of Steak.
String Beans. Potatoes.
Hoe Cake. Rhubarb Sauce.
Fritters,
Orange, Banana and Peach.

SUPPER

Slices Potted Tongue and Ham.
Soft Toast. Gingerbread. Cherries.
Cheese. Feather Cake.
Tea. Milk.

TUESDAY.

BREAKFAST

Rolled Oats and Cream.
Hamburgh Steak.
Cream Toast. Fried Potatoes.
Doughnuts. Coffee.

DINNER

Slices of Pork warmed in gravy.
Macaroni and Cheese.
Squash. Baked Potatoes. Celery.
Cranberry Sauce.
(Canned) Peach Pie.
Cream.

SUPPER

Chicken Salad.
Rolls. Prunes.
Cream Pie.
Tea. Cocoa.

WEDNESDAY.

BREAKFAST

Sliced Oranges. Granula.
Beefsteak. Tomato Sauce.
Browned Potatoes. Sally Lunn.
Coffee. Peach Butter.

DINNER

Bouillon. Toasted Crackers.
Chicken Croquettes.
White Sauce. Grape Jelly.
French Fried Potatoes.
Stewed Celery. Toast.
Bananas with Whipped Cream.
Viennois Cakes. Coffee.

SUPPER

Ham Sandwiches.
Stewed Apples on Toast.
Sponge Cake. Cheese.
Tea. Cocoa.

THURSDAY.

BREAKFAST

Baked Sweet Apples on Oatmeal
Cream.
Broiled Veal Steak.
Creamed Tomatoes. Raised Biscuit.
Milk. Coffee.

DINNER

Beef Stew with Vegetables.
Dumplings. Rice Cakes.
Celery Salad. Biscuits.
Olives.
Cottage Puffs. Lemon Sauce.
Coffee.

SUPPER

Oyster Stew.
Oyster Crackers. Pickles. Celery.
Toast. Raspberry Jam.
Milk. Cocoanut Cake. Tea.

FRIDAY.

BREAKFAST

Oranges. Buckwheats.
Bacon. Poached Eggs.
Sippets of Toast. Cold Bread.
Boiled Potatoes. Coffee.

DINNER

Salt Salmon. Milk Gravy.
Pickled Beets. Sweet Corn.
Chips. Hoe Cake.
Apple Pie. Mince Pie.
Cream Cheese.

SUPPER

Mutton Broth. Crackers.
Wafflers. Hot Cream.
Sliced Pineapple (Canned).
White Cake. Tea.

SATURDAY.

BREAKFAST

Malaga Grapes. Cinnamon Buns
Pickled Fish.
Beefsteak. Mashed Potatoes.
Cream Toast. Coffee. Bread.

DINNER

Baked Sausages. Rice Border.
Mashed Potatoes.
Succotash. Cold Slaw.
Cranberry Jelly.
Steamed Suet Pudding.
Foamy Sauce.

SUPPER

Veal Croquettes. Cream Sauce.
Chips. Crescent Rolls.
Marble Cake. Crabapple Sauce.
Tea. Milk.

SUNDAY.

BREAKFAST

Chopped Oranges and Bananas.
Fried Indian Pudding.
Fish Cakes. Pork Steak.
Pickles. Stewed Potatoes.
Coffee Bread.

DINNER

Braised Tongue.
Vermicelli and Cheese with Tomatoes.
Lima Beans. Chopped Cabbage.
Fancy Fried Potatoes.
Sweet Pickles. French Mustard.
Rolls. Coffee.
Philadelphia Ice Cream.
Nuts. Figs. Raisins.

RECEIPT.

Sippets.

Chop 1-2 pound lean raw beef. Pour one pint water over it, let stand all night. In the morning strain, heat to boiling point. Season and pour over slips of buttered toast. It is also very nice, to first broil the beef on one side, then chop as before.

MONDAY.

BREAKFAST

Oranges. Flannel Cakes.
Slices of Tongue, buttered, broiled.
Toasted Potatoes. Biscuit.
Coffee.

DINNER

Beef steak. Mushroom Sauce.
Potato Salad. Fried Onions.
Mashed Turnips. Potatoes.
Graham Bread.
Prune Pudding. Custard.
Macaroons.

SUPPER

Broiled Smoked Salmon.
Cold Meat. Cold Bread.
Popovers. Cheese.
Hermits. Bartlett Pears. Tea.

TUESDAY.

BREAKFAST

Apples. Bread Griddles.
Broiled Salt Mackerel.
Boiled Potatoes. Water Toast.
Doughnuts. Coffee.

DINNER

Tomato Soup. Toast.
Mutton Chops. Pickled Nasturtiums.
Spagetti. Squash.
Mashed Potatoes. Apple Sauce.
Baker's Toast.
Cream Pie. Pastry Crust. Cheese.

SUPPER

Spiced Meat.
Sardines. Crackers. Soda Biscuit.
Honey in Comb. Orange Cream Pie.
Cocoa. Tea.

WEDNESDAY.

BREAKFAST

Grapes. Cups of Beef Tea.
Dried Beef in Cream.
Soft-boiled Eggs. Fried Potatoes.
Toast. Coffee.

DINNER

Clear Soup, with Rice.
Toasted Crackers. Radishes.
Princess Potatoes. Escalloped Mutton.
Succotash. Spiced Currants.
Cold Bread.
Cornstarch Pudding.

SUPPER

Waffles. Welsh Rarebit.
Bread. Plums.
Pound Cake.
Tea.

THURSDAY.

BREAKFAST

Oatmeal. Oyster Broth.
Broiled Beef Liver.
Potatoes in Milk. Muffins.
Coffee. Doughnuts.

DINNER

Porter House Steak.
Potatoes in Half Shell. Rolk.
Fried Oysters. Tomato Ketchup.
Cold Slaw.
Coffee Bavarian Cream.
Mince Pie. Cheese.

SUPPER

Broiled Ham. Scrambled Eggs.
Gooseberry Sauce. Toast.
Cookies. Plain Cake.
Cocoa. Tea.

FRIDAY.

BREAKFAST

Grapes. Graham Mush, Syrup.
Beefsteak.
Sweet Potatoes. Cream Toast.
Milk. Coffee.

DINNER

Broiled Halibut. Melted Butter.
Potato Balls in Crumbs. Lettuce.
Stewed Celery. Fresh Bread.
Orange and Cocoanut Pudding.
Salted Peanuts.

SUPPER

Baked Omelet.
French Toast. Bread.
Cream Cakes. Strawberry Preserves.
Milk. Tea.

SATURDAY.

BREAKFAST

Flour Griddles. Maple Syrup.
Broiled Bacon. Creamed Eggs.
Rice Puffs. Potatoes Browned.
Coffee.

DINNER

Cream of Celery Soup.
Carmelon of Beef or Beef Pie.
Macaroni in Cream.
Mashed Potato. Hot Bread.
Pickles. Mushrooms.
Arrowroot Pudding. Creamy Sauce.

SUPPER

Smoked Herring.
Raised Biscuit. Bread.
Sponge Cake. Blueberries.
Cocoa. Tea.

SUNDAY.

BREAKFAST

Malaga Grapes. Fried Mush.
Boiled Pork Chops Broiled.*
Fish Cakes. Rye Muffins.
Creamed Potatoes. Coffee.

DINNER

Lemons. Raw Oysters.
Graham Bread. Roast Beef.
Yorkshire Pudding.
Gravy. Worcestershire.
Tomato Fritters. Boiled Potatoes.
Onions. Spagetti Cheese.
Rhubarb Sauce.
Glazed Fruit. Macaroons.
Ice Cream. Cake. Coffee.

RECEIPTS.

Orange Cream Pie.

Two eggs,
1 1-2 cup sugar,
1-4 cup butter,
1-2 cup milk,
2 1-2 cups flour,
2 level teaspoons Baking Powder,
1 teaspoon vanilla.

Bake in two Washington Pie tins. Fill with finely cut pulp of two large oranges.

Whip together 1-2 cup cream, 1 spoonful sugar, and a little vanilla. Add well beaten white of one egg. Cover top of pie with this.

*Very Nice.

MONDAY.

BREAKFAST

Bananas. Wheat Germ Mush.
Baked Meat and Rice.
Baker's Toast. Fried Potatoes.
Radishes. Cold Bread.
Doughnuts. Coffee.

DINNER

Clear Soup with Macaroni.
Toast. Crackers.
Browned Potatoes. Cold Meat.
Celery. Squash. Stewed Tomatoes.
Mixed Pickles. Parker House Rolls.
(Canned) Raspberry Shortcake.
Cheese. Coffee.

SUPPER

(Canned) Chicken Salad.
Rolls. Currant Sauce.
Cocoanut Pie. Milk. Tea.

TUESDAY.

BREAKFAST

Baked Apples. Oatmeal.
Codfish in Cream. Eggs on Toast.
Baked Potatoes. Corn Muffins.
Milk. Coffee.

DINNER

Baked Sausages in Crumbs.
Mashed Potatoes. Crisp Toast.
Corn Fritters. Stewed Cabbage.
Cranberry Sauce. Bread.
Canadian Apple Pudding.
Nuts. Figs.

SUPPER

Broiled Ham. Lyonaise Potatoes.
Tea Loaf. Graham Bread.
Pear Sauce. Sweet Pickles.
Marble Cake. Milk. Tea.

WEDNESDAY.

BREAKFAST

Oranges. Flour Griddles.
Plain Omelet. Bacon.
Creamed Potatoes. Water Toast.
Cinnamon Cakes. Coffee.

DINNER

Hamburgh Steaks.
Mashed Potatoes. Spagetti.
Green Tomato Soy. Hot Rolls.
Fried Spanish Onions.
English Plum Pudding.
Hard Sauce. Coffee.

SUPPER

Cold Tongue. Fancy fried Potatoes.
Split Biscuit. Plums.
French Mustard. Pickles.
Scotch Cakes. Tea.

THURSDAY.

BREAKFAST

White Grapes. Squash Griddles.
Sliced Tongue, buttered and broiled.
Cream Toast. Fried Potatoes.
Milk. Coffee.

DINNER

Roast Mutton. Capers
Carrots. Chopped Cabbage.
Tomato and Rice Baked.
Potato Puff. Gravy.
Green Grape Jelly. Corn Cake.
Milk. Orange Cream Pie.
Farina Pudding.

SUPPER

Broiled Crèpes on Rounds of Toast.
Toasted Potatoes. Fresh Bread.
Buns. Peach Jam.
Tea. Milk.

FRIDAY.

BREAKFAST

Cracked Wheat. Rye Mush.
Tripe Fried in Batter.
Boiled Potatoes. Graham Rolls.
Eggs. Coffee.

DINNER

Baked Red Snapper.
Oyster Stuffing. Brown Gravy.
India Chutney. Potato Salad.
Potatoes. Peas. Cold Bread.
Fruit Blanc Mange.
Apple Pie. Cream. Cheese.

SUPPER

Rocky Eggs.
Chips. Twin Biscuit.
Strawberry Jam. Buttered Toast.
Citron Cake. Cocoa. Tea.

SATURDAY.

BREAKFAST

Apples. Hominy.
Beefsteak. Raised Muffins.
Potatoes. Lettuce.
Bread. Coffee.

DINNER

Mutton and Barley Broth.
Toasted Crackers. Pickles.
Macaroni and Meat Pie.
Cranberry Sauce. Radishes.
Mashed Turnips. Potatoes.
Stewed Okra. Spinach.
German Puffs. Orange Sauce.

SUPPER

Baked Beans. Brown Bread.
White Bread. Prunes.
French Mustard. Pickles.
Ice Cream. Cake. Milk. Tea.

SUNDAY.

BREAKFAST

Oranges. Bananas.
Fish Cake. Frizzled Beef.
Fried Mush. Syrup.
Lettuce. Smothered Potatoes.
Raised Muffins. Coffee.

DINNER

Roast Pork. Brown Gravy.
Spinach. Vermicelli.
Potatoes Roasted in Drippings.
Squash. Apple Sauce.
Toasted Brown Bread.
Chantilly Pudding.

RECEIPTS.

Pound Cake.

1 pound sugar.
1 pound flour, sifted light.
10 eggs. Beat whites separately.
3-4 pound butter. Creamed.
2 teaspoonfuls Baking Powder.
1 nutmeg. Vanilla to taste.

Rocky Eggs.

Place the whites of six eggs in a bowl with a saltspoonful of salt, leaving the yolks unbroken in their shells. Beat the whites to stiff froth, then put roughly on buttered platter. Drop the unbroken yolks here and there on it. Bake till set.

MONDAY.

BREAKFAST

Oatmeal with Baked Apples.
Meat, Gravy and Crumbs Escalloped.
Warmed Potatoes. Sally Lunn.
Cinnamon Buns. Coffee.

DINNER

Thick Split Pea Soup.
Squares of Buttered Toast.
Sliced Cold Roast Beef.
Brown Gravy. Worcestershire.
Beet Salad. Succotash.
Mashed Potatoes. Rhubarb Sauce.
Rolls. Tapioca Custard.
Salt Crackers. Cookies.

SUPPER

Escalloped Oysters.
Tea Rolls. Quince Sauce.
Rich Cup Cake.
Cocoa. Tea.

TUESDAY.

BREAKFAST

Oranges. Fried Oatmeal.
Broiled Fresh Fish.
Lyonaise Potatoes. Boiled Eggs.
Fresh Bread. Coffee.

DINNER

Beef Steak.
Steamed Rice. Potato Balls.
Mixed Vegetable Salad.
Walnut Pickles. Radishes. Corn.
Saleify Fritters. Cranberry Pie.
Cheese. Mince Pie.

SUPPER

Cold Meat.
French Toast. Chips.
Cold Bread. Pear Sauce.
Ginger Puffs. Cocoa. Tea

WEDNESDAY.

BREAKFAST

Russet Apples. White Corn Mush.
Dried Beef. Scrambled Eggs.
Cream Toast. Fried Potatoes.
Milk. Coffee.

DINNER

Oyster Soup. Crackers.
Pickles. Fricasse of Fowl.
Rice Cakes. Potato Balls.
Squash. Celery.
Olives. Peaches in Jelly.
Cocoanut Cakes. Custard.

SUPPER

Broiled Beef Liver.
Toasted Potatoes. Biscuit.
Mocha Cake. Cherries.
Milk. Tea.

THURSDAY.

BREAKFAST

Oranges. Buckwheats. Syrup.
Bits of Fowl, white sauce.
Browned Potatoes. Soft Toast.
Milk. Coffee.

DINNER

Boiled Corn Beef.
Steamed Bacon. Potatoes.
Parsnips. Cabbage.
Turnips. Beets.
Mustard Sauce. Cold Bread.
Squash or Pumpkin Pie.

SUPPER

Cream Waffles. Honey.
Shaved Beef. Cheese.
Lady Fingers. Macaroons.
Cranberry Gelatine. Cocoa. Tea.

FRIDAY.

BREAKFAST

Rolled Oats. Cream.
Vegetable Hash. Boiled Eggs.
Baker's Toast. Bread.
Coffee. Doughnuts.

DINNER

Fried Haddock. Tomato Sauce.
Fried Salt Pork. Apple Sauce.
Minced Spinach. Patatoes.
Corn. Fresh Bread.
Baked Indian Pudding.
Butter. Cream.

SUPPER

Popovers. Cheese.
Cold Bread. Raspberry Jam.
Cream Walnut Pie.
Milk. Tea.

SATURDAY.

BREAKFAST

Apples. Hominy Snowflakes.
Chopped Steak.
Creamed Potatoes. Radishes.
Graham Popovers. Coffee.

DINNER

Barley Stew.
Cold Pressed Corn Beef.
Baked Potatoes. Beet Salad. Pickles.
Hot Butter and Cream Gravy.
Succotash. Soda Biscuit.
Pastry Cream Pie. Cake. Coffee.

SUPPER

Halibut Salad.
Tea Biscuit. Evaporated Peaches.
Mixed Cake.
Chocolate. Tea.

SUNDAY.

BREAKFAST

Bananas. Sliced Tomatoes.
French Toast. Honey.
Fish Hash. Broiled Veal Steak.
Fried Pork. Potato Cakes.
Raised Muffins.
Coffee.

DINNER

Potato Soup. Toast.
Ragout of Beef. Mushroom Sauce.
Salsify Fritters. Stewed Tomatoes.
Macaroni and Cheese.
Mashed Potatoes.
Lettuce Salad.
Charlotte Russe and Jelly.
Salted Peanuts. Coffee.

RECEIPTS.

Ginger Puffs.

One egg,
One cup molasses,
One cup sweet milk,
Three tablespoons melted butter,
One-half cup brown sugar,
One teaspoonful soda,
One-half teaspoon ginger,
Two and one-half cups flour.

Salted Peanuts.

Shell and split. To each cupful add one tablespoon fine salt and two of melted butter. Let stand two hours. Spread on tins and bake 'til a rich brown.

MONDAY.

BREAKFAST

Coddled Apples and Cream.
Broiled Salt Mackerel.
Baked Potatoes. Dry Toast.
Cold Bread. Coffee. Doughnuts.

DINNER

Julienne Soup.
Crackers. Cold Boiled Ham.
Pickles. Spiced Currants. Chips.
Succotash. Rhubarb Sauce.
Dinner Rolls. Sponge Cake.
Pudding. Salted Almonds.

SUPPER

Deviled Turkey.
Fried Potatoes. Raised Biscuit.
Grape Jelly. Washington Pie.
Milk. Tea.

TUESDAY.

BREAKFAST

Oranges. Rice Griddles.
Ham and Egg Cakes.
Fried Potatoes. Corn Muffins.
Milk. Coffee.

DINNER

Baked Sausages on Rice.
Cold Slaw. Apple Sauce. Squash.
Mashed Pototoes.
Toast. Coffee.
Caramel Custard. Salted Crackers.
Mince Pie. Cheese.

SUPPER

Sardines. Sliced Lemons.
Soda Biscuits. Crackers.
Orange Cake Pie.
Milk. Honey. Tea.

WEDNESDAY.

BREAKFAST

Wheat Germ Mush.
Sirloin Steak. French Fried Potatoes.
Bread. Raised Biscuit.
Pickled Beans. Coffee.

DINNER

Pork Steak.
Vermicelli. Mashed Potatoes.
Stewed Tomatoes.
Turnips.
Cranberry Sauce. Lettuce.
Custard Pie. Cheese.

SUPPER

Ham Omelette. Boiled Potatoes.
Rye Bread. Baked Apples.
Cream. Sponge Cake. Tarts.
Tea. Milk.

THURSDAY.

BREAKFAST

Rolled Oats. Muffins in Rings.
Salt Pork Fried in Batter.
Potato Cakes. Egg Omelette.
Coffee.

DINNER

Sirloin Steak.
Mashed Potatoes. Lettuce.
Asparagus on Toast.
Worcestershire. Salsify Fritters.
Bread Toast.
Cabinet Pudding. Hard Sauce.

SUPPER

Ham Sandwiches.
Welsh Rarebit. Cold Bread.
Silver Cake.
Tea. Plums. Milk.

FRIDAY.

BREAKFAST

Sliced Oranges. Oatmeal.
Chopped Meat on Toast.
Fried Potatoes. Biscuits.
Coffee.

DINNER

Pickled Codfish. Egg Sauce.
Beets. Carrots. Fried Salt Pork.
Boiled Potatoes. Spinach.
Hoe Cake. Bread.
Rhubarb Pie. Lemon Tarts.
Cheese.

SUPPER

Milk Toast. Edam Cheese.
Wafers. Ginger Chow Chow.
Ribbon Cake.
Tea. Cocoa.

SATURDAY.

BREAKFAST

Fried Oatmeal. Syrup.
Broiled Mutton Chops.
Tomato Sauce. Stewed Potatoes.
Toast. Doughnuts. Coffee.

DINNER

Oyster Soup. Pickles.
Toasted Crackers.
Veal Cutlets in Crumbs.
Mashed Potatoes. Parsnips.
Escalloped Tomatoes. Lettuce Salad.
Horseradish.
Baked Custard. Whips in Glasses.

SUPPER

Broiled Smoked Halibut.
Toasted Pilot Bread. Bread.
Cheese. Hot Gingerbread.
Milk. Tea.

SUNDAY.

BREAKFAST

Baked Apples and Cream.
Fish Cakes. Veal Steak, Brown Gravy.
Graham Popovers. Potatoes.
Fried Mush. Syrup. Bread.
Coffee.

DINNER

Roast Mutton with Dressing.
Brown Gravy. Currant Jelly.
Baked Onions. Turnips.
Escalloped Tomatoes.
Mashed Potatoes. Bread.
*Strawberry Pudding.
Fancy Cakes. Whipped Cream.
Coffee.

RECEIPTS.

*Strawberry Pudding.

Heat the juice from one pint can of strawberry preserves, one-third box McLeish's gelatine softened in one-half cup cold water. Pour on hot syrup, strain and mould. Serve with whipped cream.

MONDAY.

BREAKFAST

Baked Apples. Fried Rice.
Meat in Brown Gravy.
Fried Potatoes. Soft Cream Toast.
Chopped Pickles. Coffee.

DINNER

Irish Stew.
Boiled Rice. Dumplings.
Potatoes. Beefsteak.
Lima Beans. Pickles.
Orange Shortcake.
Cocoa.

SUPPER

Boiled Ham. Scrambled Eggs.
French Toast. Peach Preserves.
White Cake, Chocolate Icing.
Milk. Tea.

TUESDAY.

BREAKFAST

Oranges. Graham Mush.
Sausages.
Potatoes. Water Toast.
Coffee.

DINNER

Beefsteak Roll. Dressing.
Brown Gravy. Quilled Potatoes.
Stewed Corn and Tomatoes.
Turnips. Olives. Potato Salad.
Apple Balls.
Hot Spiced Molasses. Cheese.

SUPPER

Fried Oysters. Ketchup.
Cold Slaw. Hot Rusks.
Feather Cake. Cherries.
Cocoa. Tea.

WEDNESDAY.

BREAKFAST

Grapes. Corn Mush.
Broiled Fresh Mackerel.
Baked Potatoes. Toast.
Coffee. Milk.

DINNER

Brown Soup with Sago.
Crackers. Toast.
Mutton Croquettes.
Lettuce. Fancy Potatoes. Radishes.
Cranberry Sauce. Rolls.
Dried Apple Pie. Mince Pie. Cheese.

SUPPER

Mould of Spiced Beef.
Biscuits. Chips.
Prunes. Mixed Cake.
Cocoa. Tea.

THURSDAY.

BREAKFAST

Fried Mush. New Maple Sauce.
Hamburgh Steaks.
Creamed Potatoes. Graham Popovers.
Milk. Coffee.

DINNER

Roast Beef.
Potatoes Baked in Drippings.
Macaroni in Brown Sauce.
Tomatoes. String Beans.
Cranberry Sauce.
Jelly Cake Pudding.

SUPPER

Chicken Broth with Rice.
Toasted Crackers. Bread.
Raisin Cake. Quince Sauce.
Milk. Tea.

FRIDAY.

BREAKFAST

Oranges. Granula Milk.
Brown Fricasse of Chicken.
Fried Potatoes. Cream Toast.
Coffee.

DINNER

Fish Chowder. Crackers.
Mutton Chops.
Currant Jelly. Lettuce Salad.
Duchess Potatoes. Sweet Corn.
Cauliflower in Cream.
Steamed Roly Poly Pudding.

SUPPER

Marguerite Salad.
Tea Biscuit. (Canned) Pineapple.
Viennois Cakes. Cookies.
Cocoa. Tea.

SATURDAY.

BREAKFAST

Rolled Oats with Baked Apples.
Broiled Bacon. Scrambled Eggs.
Baked Potatoes. Baker's Toast.
Milk. Coffee.

DINNER

Consommé. Macaroni.
Squares of Buttered Toast.
Cold Meat. Mashed Potatoes.
Asparagus. Cold Slaw. Rusks.
Worcestershire.
Peach Tapioca. Cream.

SUPPER

Dried Sprats.
Raised Biscuit. Cheese.
Plain Cake. Greengage.
Cocoa. Tea.

SUNDAY.

BREAKFAST

Sliced Oranges.
Fried Indian Pudding.
Codfish Balls. Broiled Ham.
Brown Bread Toast with Cream.
Fried Potatoes. Lettuce.
Coffee.

DINNER

Roast of Stuffed Veal.
Brown Gravy. Quirled Potatoes.
Spinach. Radishes
Mustard Sauce. Tomato Catsup.
Spagetti. Parmesan Cheese.
Peach Ice Cream.
Macaroons. Coffee.

RECEIPTS.

Peach Ice Cream

Boil one quart of canned peaches ten minutes, then sift and cool.

When ready to freeze add pint of cream, whipped; beaten white of one egg and a half cup of sugar.

Don't freeze very hard.

MONDAY.

BREAKFAST

Baked Apples. French Toast.
Chopped Veal on Toast.
Quartered Lemons. Muffins.
Soft Eggs. Fried Potatoes. Coffee.

DINNER

Sirloin Steak. Beaten Potatoes.
Walnut Catsup. Corn Fritters.
Fried Onions. Spinach. Mustard.
Stuffed Olives. Toast.
Baked Tapioca.
Cottage Puffs. Lemon Sauce.

SUPPER

Broiled Sardines on Toast.
Baking Powder Biscuits.
Honey in Comb. Cheese
Rose Cake. Tea.

TUESDAY.

BREAKFAST

Egg Lemonade. Granula.
Salt Fish in Cream.
Soft Toast. Baked Potatoes.
Oyster Roast on Toast. Coffee.

DINNER

Veal warmed in Gravy.
Potatoes. Canned Peas.
Mashed Potatoes. Radishes.
Cranberry Sauce.
Toast. Cocoa.
Steamed Ginger Pudding.

SUPPER

Cold Ham.
Fancy Fried Potatoes. Pickles.
Tea Rolls. Bartlett Pears.
Angel Cake. Milk. Tea.

WEDNESDAY.

BREAKFAST

Oranges. Flour Griddles.
(Warmed) Potted Meat.
Broiled Potatoes. Eggs in Glasses.
Sally Lunn. Coffee.

DINNER

Shepherd's Pie.
Sticks. Apple Sauce.
Squash. Lettuce.
Boiled Rice.
Mince Pie. Cheese.
Nuts. Candy.

SUPPER

Oyster Salad.
Cold Bread. Graham Bread.
Angel Cake. Apricots.
Cocoa. Tea.

THURSDAY.

BREAKFAST

Fried Hominy. Syrup.
Beefsteak. Tomato Sauce.
Toasted Potatoes. Sippets.
Coffee. Milk.

DINNER

Roast Fowl. Giblet Sauce.
Boiled Potatoes. Spagetti.
Baked Onions. Greens.
Graham Bread.
Cake Pudding.
Chocolate Custard.

SUPPER

Cold Fowl.
French Fried Potatoes. Rolls.
Chopped Oranges and Bananas.
Cream Pie. Cocoa. Tea.

FRIDAY.

BREAKFAST

Peach Butter. Boiled Eggs.
Meat and Rice Croquettes.
Fried Pota'oes. Cream Toast.
Coffee.

DINNER

Broiled Halibut.
Butter Sauce. Lyonaise Potatoes.
Tomato Fritters. Lettuce Salad.
Arlington Wheat Bread.
Almond Apple Pudding.
Custard. Coffee.

SUPPER

Canned Lobster.
Tea Biscuit. Lettuce.
Almond Cake. Blackberry Jam.
Cocoa. Tea.

SATURDAY.

BREAKFAST

Oranges. Bananas.
Halibut Hash.
Broiled Ham. Fried Potatoes.
Soft Toast. Milk. Coffee.

DINNER

Mutton Cutlets in Batter.
Peas. String beans.
Mashed Potatoes.
Brussel Sprouts. Green Onions.
Chow Chow. Grape Jelly.
Lemon Pie. Cheese.

SUPPER

Baked Beans. Brown Bread.
Pickles. Prunes.
Ginger Puffs. Cheese.
Milk. Tea.

SUNDAY.

BREAKFAST

Grapes. Oranges.
Fish Cakes. Tenderloin Steak.
Eggs and Tomato on Toast.
Corn Dodgers. Potatoes in Cream.
Rolls. Coffee.

DINNER

Bass. Oyster Stuffing.
Fried Bread. Brown Gravy.
Lettuce. Walnut Catsup.
Hamburgh Steaks.
Steamed Potatoes.
Rice and Tomatoes.
Cold Bread.
Tapioca Cream with Meringue.
Fruit. Candy.

RECEIPT.

Beef Jelly.

Boil 10 lbs. shank and 2 lbs. lean beef six hours. Beginning with six quarts of water, there will be three left; strain, salt and cool. This will keep two weeks. Nice as jelly for an invalid; or, when hot, a drink for breakfast, or poured over buttered toast, or as a foundation for any soup with stock.

MONDAY.

BREAKFAST

Grapes. Fried Rice.
Fried Bacon and Potatoes.
Fish Hash. Rusks.
Milk. Coffee.

DINNER

Broiled Steak with Mushrooms.
Potato Balls.
Macaroni.
Fried Onions. Asparagus.
Fresh Bread. Toast.
Rich Fruit Pie. Cream.

SUPPER

Frizzled Beef.
Flour Popovers. Cheese.
Nut Cake. Baked Pears.
Cocoa. Tea.

TUESDAY.

BREAKFAST

Apple Butter. Cracked Wheat.
Baked Sausages on Rice.
Potato Cakes. Graham Popovers.
Milk. Coffee.

DINNER

Ham, Eggs. Fried Bread.
Succotash. Minced Spinach.
Cabbage Salad. Potatoes.
Hoe Cakes. Apple Frittters.
Tapioca Pudding.
Figs. Dates.

SUPPER

Lobster in Cream.
Fresh Bread. Rolls.
Sponge Cake. Strawberries.
Cocoa. Tea.

WEDNESDAY.

BREAKFAST

Oranges. Oatmeal.
Broiled Oysters on Steak.
Chips. French Rolls.
Coffee.

DINNER

Veal Steak. Brown Gravy.
Potatoes in Half Shell. Lettuce.
Onions. (Canned) Asparagus.
Pickled Cauliflower.
Rennet. Cookies.

SUPPER

Milk Toast.
Raspberry Jam. Cheese.
Pastry Baskets of Whipped Cream.
Tea. Chocolate.

THURSDAY.

BREAKFAST

Prunells. Flour Griddles.
Veal warmed in Gravy.
Eggs on Toast. Fried Potatoes.
Bread. Coffee.

DINNER

Corned Beef with Steamed Bacon.
Steamed Potatoes. Boiled Cabbage.
Turnips. Parsnips. Beets.
French Mustard.
Bread.
(Canned) Blueberry Pie. Cheese.

SUPPER

Sardines. Crackers.
Biscuits. Toast.
Ginger Puffs, Hot.
Cheese. Prunes. Milk. Tea.

FRIDAY.

BREAKFAST

Oranges. Doughnuts.
Broiled Calf's Liver.
Stewed Potatoes. Tomato Omelet.
Potato Rolls. Coffee.

DINNER

Fried Shad. Tartan Sauce.
Lemon Juice and Parsley.
Parsnip Fritters. Pickled Beets.
French Peas.
Stewed Tomatoes.
Baked Rice Pudding.

SUPPER

Raised Waffles.
Hot Milk. Honey.
Mixed Cake. Grape Sauce
Milk. Tea.

SATURDAY.

BREAKFAST

Wheat Germ Mush.
Tripe Fried in Batter.
Potatoes. Lettuce. Corn Beef Hash.
Hot Rolls. Coffee.

DINNER

Vermicelli Soup. Buttered Toast.
Cold Meat. Mashed Potatoes.
Tomato Fritters. Onions.
Lettuce Salad. Rolls.
German Puffs. Fruit.
Syrup or Sweetened Cream.

SUPPER

Vegetable Hash. Baked Beans.
Raised Biscuits.
Buns. Crab-apples.
Cocoa. Tea.

SUNDAY.

BREAKFAST

Bananas. Grapes.
Fish Cakes. Lamb Chops.
Creamed Potatoes.
Lettuce. Corn Muffins.
Coffee.

DINNER

Roast Beef. Brown Gravy.
Dinner Rolls. Potatoes in Half Shell.
Salsify Fritters.
Cauliflower in Cream.
Macaroni, Cheese. Lettuce Salad.
Rolls. Olives. Cold Bread.
Bavarian Cream. Angel Cake.
Wafers. Coffee.

RECEIPT.

Prune Pudding.

Stew one cup prunes in least water possible until very soft; stone and quarter. Beat whites of four eggs to very dry froth, add 1-4 cup powdered sugar, a pinch of salt, and a bit of Cream of Tartar. Butter plate, spread with layers of the beaten whites, and prunes, whites on top; bake twenty minutes. Cool. Serve with a very rich custard, flavored with Colton's vanilla.

MONDAY.

BREAKFAST

Oranges. Cold Bread.
Slices Roast Beef Broiled. Buttered
French Rolls. Potato Cakes.
Coffee.

DINNER

Scotch Broth. Crackers.
Cold Roast Beef. Mashed Potatoes.
Brown Gravy. Mushroom Catsup.
Celery. Chives and Potato Salad.
Mashed Turnip. Bread.
Evaporated Peach Pie.
Cream. Cheese.

SUPPER

Baked Omelet.
Popovers. Cheese.
Sour Milk Griddles.
Chocolate Cake. Tea.

TUESDAY.

BREAKFAST

Fried Oatmeal. Golden Syrup.
Broiled Fresh Mackerel.
Boiled Potatoes. Soft Toast.
Milk. Coffee.

DINNER

Veal Pie.
Rice Croquettes. Sorrel Salad.
French Fried Potatoes.
Biscuits. Olives.
Radishes.
Boiled Plum Pudding. Foamy Sauce.

SUPPER

Veal Oysters.
Split Biscuit. Ketchup.
Black Cake. Apricots.
Baker's Cocoa.

WEDNESDAY.

BREAKFAST

Apple Fritters. French Toast.
Bacon. Boiled Eggs.
Potatoes fried in butter. Cream Toast.
Coffee.

DINNER

Pork Chops. Fried Apples.
Fancy Potatoes. Hoe Cake.
Fried Brown Bread.
Squash. Canned Corn.
Cornstarch Pie.
Coffee.

SUPPER

Fried Smelts.
Toast. Pickles. Fried Potatoes.
Hot Water Gingerbread.
Seckle Pears. Cheese. Milk. Tea.

THURSDAY.

BREAKFAST

Oranges. Cinnamon Buns.
Pork Steak.
Stewed Potatoes. Cream Toast.
Coffee.

DINNER

Sirloin Steak.
Mashed Potatoes. Spagetti.
Worcestershire. Radishes.
Boiled Onions. Lettuce.
Toast without Crust.
Spanish Charlotte. Cake. Coffee.

SUPPER

White Fish Salad.
Cream of Tartar Biscuits.
Prunes. Dried Apple Cake.
Cocoa. Tea.

FRIDAY.

BREAKFAST

Oatmeal. Toasted Brown Bread.
Bacon. Scrambled Eggs.
Broiled Potatoes. Bread.
Milk. Coffee.

DINNER

Baked Herring in Crust.
Lyonaise Potatoes. Egg Sauce.
Chow Chow. Tomatoes on Spagetti.
Graham Bread.
Cracker Pudding.
Hard Sauce. Candy. Cream.

SUPPER

Hamburgh Steak.
Rusks. Chips.
Tomato Preserves. Cookies.
Milk. Tea.

SATURDAY.

BREAKFAST

Apples. Rolled Oats.
Dried Beef in Cream.
Baked Potatoes. Radishes.
Coffee. Water Toast.

DINNER

Boiled Tongue in Tomato.
Browned Potatoes. Succotash.
Minced Spinach. Boiled Eggs.
Arlington Wheat Bread.
Prune Pudding.
Macaroons. Custard.

SUPPER

Mock Bisque Soup.
Baked Beans. Raised Biscuits.
Washington Pie.
Tea.

SUNDAY.

BREAKFAST

Rolled Oats and Cream.
Crackers. Scotch Marmalade.
Codfish Balls. Beefsteak.
Lettuce. Saratoga Potatoes.
Breakfast Rolls. Coffee.

DINNER

Roast Leg of Veal, Stuffed.
Tomato Ketchup. Brown Gravy.
Spinach. Mustard Sauce.
Rice Croquettes. Boiled Potatoes.
Baked Onions. Entire Wheat Bread.
Charlotte Russe.
Salt Almonds. Cheese.
Coffee.

RECEIPT.

Chocolate Creams.

Boil 1 cup granulated sugar, 1-4 cup water four minutes; add 1 teaspoonful vanilla, a pinch cream of tartar; stir steadily until thick, creamy and very white. Then pour into balls, and dip in melted Baker's chocolate; lay on tin sheets.

MONDAY.

BREAKFAST

Hominy. Doughnuts.
Chopped Meat on Toast.
Lemon Juice. Potatoes.
Eggs with Crumbs. Milk. Coffee.

DINNER

Ragout of Cold Veal.
Beet Salad. String Beans.
Mashed Potatoes. Tomatoes.
Rolls. Cold Bread.
Peach Tapioca.
Cream.

SUPPER

Broiled Smoked Salmon.
Popovers. Cheese.
Rennet. Cookies.
Orange Cake. Tea.

TUESDAY.

BREAKFAST

Oranges. Buns.
Veal Croquettes, Parsley Sauce.
Fancy Fried Potatoes. Toast.
Chocolate. Coffee.

DINNER

Fish Chowder. Crackers.
Dried Beef. Cream Gravy.
Potatoes in Half Shell. Onions.
Radishes. Cold Bread.
Boiled Rice and Raisins.
Cream. Sugar.

SUPPER

Cold Boiled Ham.
Tea Rolls. Chips.
Mustard. Pickles.
Angel Cake. Strawberry Sauce.
Cocoa. Tea.

WEDNESDAY.

BREAKFAST

Cracked Wheat. Baked Apples.
Codfish in Cream.
Poached Eggs. Baked Potatoes.
Corn Muffins. Coffee.

DINNER

Mutton Chops. Chutney.
Beaten Potato. Dandelions.
Currant Jelly. Parsnips.
French Peas. Brown Bread.
Coffee Jelly. Whipped Cream.
Cocoanut Cakes. Coffee.

SUPPER

Cracker Cream Toast.
Ham Sandwiches. Cheese.
Plain White Cake. Crackers.
Orange Marmalade. Milk. Tea.

THURSDAY.

BREAKFAST

Oranges. Muffins Baked in Rings.
Fried Veal. Butter Gravy.
Creamed Potatoes. Bread.
Milk. Coffee.

DINNER

Steamed Fowl, White Sauce.
Spagetti and Cheese. Cold Slaw.
Boiled Potatoes. Sweet Pickle.
Mashed Turnips. Celery.
Toasted Baker's Bread.
Queen Fritters. Creamy Sauce.

SUPPER

Egg Baskets with Sauce.
Cold Fowl. Hot Rusks.
October Cake.
Peaches. Tea.

FRIDAY.

BREAKFAST

Wheat Germ. Raw Tomatoes.
Beefsteak.
Potatoes. Graham Popovers.
Toast. Coffee.

DINNER

Broiled Halibut, Butter Sauce.
French Fried Potatoes. Lettuce.
Rolls. Cold Bread.
Apple Custard Pie. Cheese.
Nuts. Confectionery.
Crackers. Coffee.

SUPPER

Steamed Clams.
Cold Meat. Drawn Butter.
Current Rolls. Raspberries.
Viennois Cakes. Tea. Cocoa.

SATURDAY.

BREAKFAST

Grapes. Hominy.
Halibut Fish Cakes.
Raised Biscuit. Lettuce.
Coffee.

DINNER

Roast Mutton, Larded.
Peas. Mashed Potatoes.
Tomatoes with Crumbs.
Cauliflower. Currant Jelly.
Spinach.
Sliced Oranges on Lady Fingers with Whipped Cream.

SUPPER

Chicken Salad.
Baker's Rolls. Soda Crackers.
Barberry Preserves. Roll Jelly Cake.
Milk. Tea.

SUNDAY.

BREAKFAST

French Toast. New Maple Syrup.
Sliced Tomatoes.
Fish Cakes.
Hashed Mutton on Toast.
Potato Rolls. Chips.
Coffee. Cinnamon Cakes.

DINNER

Consomme with Rice.
Squares Buttered Toast. Crackers.
Cold Tongue. Cold Ham.
Saratoga Potatoes. Canned Corn.
Mashed Turnips. Sweet Pickles.
Lettuce. Plain Dressing.
Hoe Cake. Hot Rolls.
Coffee. Sponge Cake.
Milk Sherbet.

RECEIPT.

Milk Sherbet.

Juice four lemons; one cup cream; two cups sugar; one quart new milk.

Chill the milk, scald and cool the cream. Add juice and sugar, then freeze.

MONDAY.

BREAKFAST

Chopped Oranges. Lemon Juice.
Omelet, Grated Ham.
Brown Bread Toast, Cream.
Creamed Potatoes. Bread.
Coffee.

DINNER

Sausages.
Vermicelli. Mashed Potatoes.
Mustard. Pickles.
Cauliflower. Stewed Tomatoes.
Canned Corn. Brown Bread.
Jelly Cake Pudding.
Coffee.

SUPPER

Sandwiches of chopped
Sardines, Pickles and Ham, Mixed.
White Cake. Ginger Preserves.
Tea. Crackers. Cocoa.

TUESDAY.

BREAKFAST

Bananas. Hominy.
Broiled White Fish.
Toasted Potatoes. Radishes.
Cold Bread. Cream Toast.
Coffee.

DINNER

Round Steak Roll.
Stuffing. Gravy.
Potatoes. Macaroni in Cream.
Asparagus on Toast.
Grape Pickle. Lettuce.
Baked Indian Pudding.
Butter. Cream.

SUPPER

Rocky Eggs.
Soda Biscuit. Plums.
Mixed Cake.
Chocolate. Tea.

WEDNESDAY.

BREAKFAST

Lemon and Raw Egg. Oatmeal.
Beef Croquettes.
Biscuit. Fried Potatoes.
Coffee.

DINNER

Ham and Veal Pie.
Rice Cakes. Spinach.
Spiced Currants. Boiled Potatoes.
Toast. Coffee.
Baked Chocolate Custard.
Troy Pudding.

SUPPER

Broiled Beef Liver.
Toasted Potatoes. Fresh Bread.
Blackberries. Cream Cakes.
Cocoa. Tea.

THURSDAY.

BREAKFAST

Oranges. Doughnuts.
Picked Fish. Potatoes.
Poached Eggs on Toast.
Milk. Coffee.

DINNER

Roast Beef. Yorkshire Pudding.
Potato Puff. Baked Onions.
Boiled Salsify on Toast.
Mushroom Catsup. Potato Salad.
Vanilla Granite.
Delicate Cake. Coffee.

SUPPER

Waffles. Cream.
Bread. Cheese.
Sliced Oranges and Cocoanut.
Watermelon. Cake. Tea.

FRIDAY.

BREAKFAST

Bananas. Oatmeal.
Meat warmed in Gravy.
Potatoes Browned. Soft Toast.
Radishes. Coffee.

DINNER

Broiled Fresh Mackerel.
Baked Potatoes. Butter Sauce.
Radishes. Lettuce Salad.
Baked Rice and Tomatoes.
Fresh Bread. Delmonico Pudding.
Cream and Sugar.

SUPPER

Dried Beef Shaved.
Biscuits. Hot Maple Syrup.
Bride's Cake. Apricots.
Cocoa. Tea.

SATURDAY.

BREAKFAST

Malaga Grapes.
Broiled Mutton Chops.
Stewed Potatoes. Cream Toast.
Lettuce. Coffee.

DINNER

Vermicelli Soup. Cheese Grated.
Cold Meat. Gravy.
Sweet Corn. Mashed Turnip.
Potatoes. Pickled Beets.
Sippets of Toast.
Lemon Pie with Meringue.
Edam Cheese.

SUPPER

Potted Tongue and Ham.
Rolls. Quince and Apple Preserves.
Ice Cream and Cake.
Milk. Tea.

SUNDAY.

BREAKFAST

Chopped Oranges with Lemon Juice.
Soft Toast. Corn Muffins.
Fish Cakes. Lamb Chops.
Lyonaise Potatoes. Lettuce.
Coffee.

DINNER

Roast Beef. Yorkshire Pudding.
Quirled Potatoes. Radishes.
Dandelion Greens. Mustard.
Escalloped Tomatoes. Rice Cakes.
Horseradish. Worcestershire.
Fresh Bread. Toast.
Strawberry Charlotte.
Coffee.

RECEIPT.

Strawberry Charlotte.

Fill glass dish with layers of sponge cake, chopped strawberries and rich custard. Cover the top with whipped cream, piled high and ornamented with whole berries. Serve as cold as possible.

MONDAY.

BREAKFAST

Sliced Pineapple.
Escalloped Beef and Potatoes.
Rolls. Horseradish. Boiled Eggs.
Milk. Coffee.

DINNER

Fish or Clam Chowder.
Crackers. Pickles.
Cold Meat.
Potato Balls. Radishes.
Vermicelli. Lettuce.
Rhubarb Pie. Cheese.

SUPPER

Fowl in Jelly
Swedish Rolls. Pickles.
Tarts. Jam.
Cocoa. Tea.

TUESDAY.

BREAKFAST

Chicken Croquettes.
Lettuce. Parsley Sauce.
Saratoga Potatoes. Muffins.
Coffee.

DINNER

Veal Steak. Brown Gravy.
Potatoes. Dandelions.
Boiled Rice. Succotash.
Fresh Bread.
Cranberry Sauce.
Bread Pudding. Sauce. Coffee.

SUPPER

Broiled Smoked Salmon.
Cold Bread. Cream Toast.
Sliced Oranges.
Cocoanut Cakes. Tea.

WEDNESDAY.

BREAKFAST

Oranges. Steamed Bread.
Fowl in Jelly.
Thin Fried Potatoes. Egg Toast.
Doughnuts. Coffee.

DINNER

Tomato Soup with Stock.
Crackers. Buttered Toast.
Cold Broiled Ham. Chips.
Sweet Corn.
Radishes. Rhubarb Sauce. Rolls.
Chocolate. Cocoanut Pudding.

SUPPER

Plain Lobster.
Lettuce. Salad Dressing.
Rolls. Buttercup Cakes. Pears.
Cocoa. Tea.

THURSDAY.

BREAKFAST

Oatmeal. Green Onions.
Fried Ham and Egg Cakes.
Corn Cake. Fried Potatoes.
Doughnuts. Coffee.

DINNER

Lamb Chops on Rice.
Beaten Potatoes. Lettuce Salad.
Asparagus on Toast.
Currant Jelly. Fresh Bread.
Cream Walnut Pie.
Coffee.

SUPPER

Shaved Dried Beef.
Tea Loaf. Bread.
Cake with Peaches, Cream.
Cocoa. Tea.

FRIDAY.

BREAKFAST

Hominy and Milk.
Chopped Beefsteak. Fried Potatoes.
Radishes.
French Rolls. Toast. Coffee.

DINNER

Boiled Halibut, Egg Sauce.
Potatoes in Half Shell. Spinach.
Green Peas. Tomato-toast.
Arlington Wheat Bread.
Rhubarb Pie. Baked Custard.
Cheese.

SUPPER

Bacon. Scrambled Eggs.
Baked Potatoes. Toast.
Clove Cake. Prunes.
Milk. Tea.

SATURDAY.

BREAKFAST

Oranges Sliced.
Fried Bacon and Liver.
Potatoes in Cream. Dry Toast.
Oatmeal Biscuit. Coffee.

DINNER

Beefsteak, Butter Gravy.
Lima Beans. Green Onions.
Spagetti. Togus Bread.
Worcestershire. Horseradish.
Apricot Pudding.
Cream.

SUPPER

Fish Salad.
Cold Rolls. Thin Toast.
Raised Loaf Cake.
Ginger Preserves. Milk. Tea.

SUNDAY.

BREAKFAST

Fried Oatmeal. Syrup.
Chilled Oranges Peeled.
Fish Balls. Beefsteak.
Raw Sliced Tomatoes.
Graham Popovers. Toast.
Coffee. Milk.

DINNER

Steamed Fowl Stuffed, Roasted.
Lettuce. Brown Gravy. Olives
Mashed Potatoes.
Spanish Onions. Rice Croquettes.
Green Grape Jelly.
Chopped Strawberries, Bananas, Pineapple, Oranges.
Angel Cake.
Cocoa, Whipped Cream.

RECEIPTS.

Pineapple.

A delicate way to serve pineapple in summer: Pare, cut out eyes and core. Chop rather fine; add a little cold water, and powdered sugar to taste. At serving time add one cup very finely chopped ice.

Rhubarb Sauce for Dinner.

Make syrup, one pint sugar, 1-3 cup water. Cut a quart of rhubarb in inch pieces; drop in syrup; cook two minutes. Add juice of one lemon. Serve very cold.

MONDAY.

BREAKFAST

Rolled Oats. Cream.
Broiled Tripe.
Fried Salt Pork. Lyonaise Potatoes.
Buttered Toast Softened. Coffee.

DINNER

Veal Stew. Dumplings.
Dandelion Greens. Radishes.
Soda Biscuit. Potatoes.
Rice and Cheese Croquettes.
Lemon Shortcake.
Orange Pie.

SUPPER

Chicken or Veal Salad.
Bread. Water Toast. Crackers.
Snow Cakes. Chocolate.
Raspberry Sauce. Tea.

TUESDAY.

BREAKFAST

Pineapple. Hominy.
Chopped Meat on Toast.
Lemon Juice. Omelet. Sally Lunn.
Coffee.

DINNER

Lamb Cutlets.
Quirled Potatoes. Sliced Beets.
Peas. Asparagus.
Onions Green, Raw.
Peaches on Cream Tapioca.
Fancy Cakes. Coffee.

SUPPER

Waffles. Lemon Syrup.
Cold Meat. Bread. Sliced Pineapple.
Gingerbread. Cheese.
Milk. Tea.

WEDNESDAY.

BREAKFAST

Oranges. French Toast.
Broiled Halibut.
Creamed Potatoes. Lettuce.
Toast. Coffee.

DINNER

Hamburgh Steak.
Mashed Potato. Stuffed Egg Plant.
Onion and Lettuce Salad.
Asparagus on Toast.
Swedish Rolls.
Charlotte Russe. Jelly. Coffee.

SUPPER

Clam Fritters.
Sour Milk Biscuits. Catsup.
Dream Cake. Plums.
Chocolate. Tea.

THURSDAY.

BREAKFAST

Strawberries and Cream.
Tomato and Egg Toast. Sippets.
Fried Potatoes.
Muffins. Cold Bread. Coffee.

DINNER

Braised Beef. Brown Sauce.
Potato Balls. Mixed Vegetables.
Fried Salsify. Onions.
Dandelion Greens.
Rice Custard. Meringue.
Nuts. Raisins.

SUPPER

Boiled Lambs' Tongues.
Hot Rusks. Cold Bread.
Canned Blackberries. Cookies.
Milk. Tea.

FRIDAY.

BREAKFAST

Wheat Germ.
English Bacon. Boiled Eggs.
Fried Potatoes. Green Onions.
Muffins. Coffee.

DINNER

Fried Haddock, Parsley Sauce.
Boiled Potatoes.
Corn Cake.
Peas. Lettuce Salad.
Newton Pudding.
Confectionery.

SUPPER

Egg and Fish Salad.
Popovers. Welsh Rarebit.
Sliced Oranges. Mandelines.
Milk. Tea.

SATURDAY.

BREAKFAST

Flour Griddles.
Beefsteak.
Cream Toast. Lyonaise Potatoes.
Milk. Coffee.

DINNER

Fried Ham, Eggs and Bread.
Thin Buttered Brown Bread.
Corn Pudding. Lettuce.
Boiled Potatoes.
Coffee, Bavarian Cream.
Almonds. Coffee.

SUPPER

Steamed Clams.
Bread and Butter Sandwiches.
Toasted Crackers. Melted Butter.
Chocolate Eclairs. Milk. Tea.

SUNDAY.

BREAKFAST

Sliced Pineapple, very cold.
Cold Bread.
Fish Cakes. Broiled Veal Steak.
Green Onions. Creamed Potatoes.
Raised Muffins.
Coffee.

DINNER

Roast Ribs of Veal. Brown Gravy.
Stuffed Olives.
Potatoes Browned in Drippings.
Macaroni in Cream. Spinach.
Tomato Fritters. Crescent Rolls.
Strawberry Shortcake, whipped Cream.
Wafers. Coffee.

RECEIPT.

Rice Pudding.

3 pints new milk,
1-4 cup sugar,
1-4 cup rice,
1 cup stoned raisins,
1 teaspoonful cinnamon.

Mix all together and bake two hours. At first stir it occasionally to keep the rice and raisins from settling. It is good either hot or cold, served with cream.

MONDAY.

BREAKFAST

Graham Mush, Molasses.
Prepared Steak.
Creamed Potatoes. Onions.
Muffins. Coffee.

DINNER

Veal and Dressing in Gravy.
Boiled Potatoes. New Cabbage stewed.
Rice Croquettes. String Beans.
Chili Sauce.
Strawberries. Custard.
Coffee. Cake.

SUPPER

Potted Meat.
Buttered Toast. Olives.
Plum Cake. Barberry Sauce.
Milk. Tea.

TUESDAY.

BREAKFAST

Strawberries and Cream.
Fresh Mackerel.
Boiled Potatoes. Steamed Bread.
Doughnuts. Coffee.

DINNER

Lamb Chop.
Escalloped Potatoes. Peas.
Spinach. Cauliflower.
Rhubarb Sauce.
Cold Bread. Toast.
Alpine Pudding.

SUPPER

Lobster Salad.
Cream Biscuit. Bread.
Queen's Cake. Pear Sauce.
Tea.

WEDNESDAY.

BREAKFAST

Oatmeal, Cream.
Broiled Lamb Chops.
Mashed Potatoes. Cream Toast.
Soft Eggs. Lettuce. Coffee.

DINNER

Boiled Fowl, Butter Sauce.
Dandelions. Potato Puff.
Macaroni and Cheese.
Green Grape Jelly. Rolls.
Coffee Blanc Mange.
Cream. Sugar.

SUPPER

Cold Tongue, Mustard. Biscuits.
Chips.
Strawberries and Cream.
Sponge Cake. Tea.

THURSDAY.

BREAKFAST

Chopped Pineapple.
Croquettes.
French Fried Potatoes. Radishes.
Muffins Baked in Rings. Coffee.

DINNER

Beefsteak. Mashed Potatoes.
String Beans. Lettuce. Horseradish.
Asparagus on Toast. Radishes.
Graham Bread.
Spanish Cream.
Salted Almonds. Coffee.

SUPPER

Smoked Herring.
Bread. Cheese Omelet.
Cherries. Chocolate Cream Pie.
Milk. Tea.

FRIDAY.

BREAKFAST

Corn Meal Mush.
Broiled Ham. Omelet.
Potato Cakes. Raised Biscuits.
Milk. Coffee.

DINNER

Salt Mackerel, Milk Gravy.
Green Onions. Saratoga Potatoes.
Cold Meat. Sweet Corn.
Corn Meal Cake.
Orange Custard Pudding.
Wafers. Cake. Coffee.

SUPPER

Broiled Sweetbread, Cream Sauce.
Bread. Sliced Pineapple.
Pound Cake.
Cocoa. Tea.

SATURDAY.

BREAKFAST

Strawberries and Cream.
Hash. Potted Meat. Fried Potatoes.
Rolls.
Doughnuts. Coffee.

DINNER

Beef Stew.
Dumplings. Biscuits.
Rice Croquettes.
Dandelions. Rhubarb Sauce.
Estelle Pudding.
Egg Lemonade.

SUPPER

Spiced Fish.
Cold Bread. Flour Griddles.
Oranges. Whipped Cream Pie.
Milk. Tea.

SUNDAY.

BREAKFAST

Strawberries and Cream.
Bread and Butter Sandwiches.
Fish Cakes. Tenderloin Steak.
Radishes. Chips.
Muffins. Coffee.

DINNER

Roast Loin of Lamb, Mint Sauce.
Potato Puff. Brown Gravy.
Lettuce Salad. Currant Jelly.
Asparagus on Toast. Bread.
Spagetti and Cheese.
Lemon Jelly on Chopped Pineapple.
Macaroons. Coffee.

RECEIPTS.

Egg Lemonade.

Fill glass one-third full of chopped ice. Add one egg slightly beaten; juice of half a lemon; one rounding teaspoonful sugar. (Serve with a spoon.) Nice with cakes.

Lemon Syrup.

Dissolve one pint sugar in as little water as possible. Cool; then add one pint of lemon juice; shake well, and bottle tightly. This will keep indefinitely and is nice to have all prepared during the summer months. Add water. Drink.

MONDAY.

BREAKFAST

Oranges.
Chopped Meat on Toast.
Soft Boiled Eggs.
Rolls. Lettuce. Coffee Buns.

DINNER

Beef a-la-Mode.
Mashed Potatoes. Onions.
Spinach, Mustard Sauce
Tomatoes in Crumbs. Egg Plant.
Cottage Pudding. Sauce.
Nuts. Home Made Candy.

SUPPER

Broiled Lobster.
Cold Bread. Lettuce Salad.
Date Cake. Jam.
Tea.

TUESDAY.

BREAKFAST

Oranges. Oatmeal.
Cold Meat. Creamed Potatoes.
Soft Toast. Beef Jelly.
Coffee.

DINNER

Lamb warmed in Gravy.
Sweet Corn Fritters. Potatoes.
Cheese and Rice Cakes.
Dandelions. Spiced Currants.
Strawberry Shortcake.
Whipped Cream.

SUPPER

Rocky Eggs.
Tea Biscuits. White Cake.
Apricots. Dainty Crackers.
Chocolate. Tea.

WEDNESDAY.

BREAKFAST

Strawberries and Cream.
Fried Salt Pork in Batter.
Prepared Steak. Potatoes.
Bread. Cream Toast. Coffee.

DINNER

Beefsteak. Rolls.
Stuffing. Brown Gravy.
String Beans. New Cabbage.
Lettuce. Green Onions.
Mashed Potatoes.
Baked Tapioca Pudding.

SUPPER

Chopped Bananas and Strawberries.
Shaved Beef. Hot Rusks.
Orange Cake Pie.
Cocoa. Tea.

THURSDAY.

BREAKFAST

Sliced Bananas.
Devil Ham. Chips.
Cream Toast. Doughnuts.
Coffee.

DINNER

Roast Beef. Yorkshire Pudding.
New Potatoes in Cream. Lima Beans.
Radishes. Spinach.
Baked Onions.
Spagetti. Worcestershire.
Rennet. Wafers.

SUPPER

Fish Salad.
Soda Biscuit. Peaches.
Mixed Cake. Ginger Snaps.
Tea. Shells.

FRIDAY.

BREAKFAST

Oatmeal. Cream.
Beefsteak. Lyonaise Potatoes.
Lettuce. Raised Sally Lunn.
Milk. Coffee.

DINNER

Fried Trout.
Potatoes. Peas.
Lettuce and Green Onions.
Escalloped Tomatoes.
Plum Pudding.
Lemon Sherbet. Cake.

SUPPER

Veal Oysters. Sardines.
Ketchup. Lemons.
Biscuits.
Nut Cake. Plums. Tea.

SATURDAY.

BREAKFAST

Sliced Oranges. Rolled Oats.
Broiled Veal Steak.
Water Toast. Stewed Potatoes.
Radishes. Coffee.

DINNER

Clear Soup.
Toast Buttered. Crackers.
Cold Roast Beef.
Dandelions. Walnut Catsup.
Quirled Potatoes. Asparagus.
Rice Pudding. Cream.

SUPPER

Cold Ham. Chips.
Cherries. Sweet Pickle.
Biscuits. White Cake.
Cocoa. Tea.

SUNDAY.

BREAKFAST

Strawberries and Cream.
Fish Cakes. Scrambled Eggs.
Soft Toast. Cold Bread.
Lettuce. Coffee.

DINNER

Roast Beef, Brown Gravy.
Boiled Potatoes. Mashed Turnips.
Asparagus on Toast.
Macaroni and Cheese.
Raw Tomatoes.
Dinner Rolls.
Coffee Ice Cream.
Pound Cake. Coffee.

RECEIPT.

Egg Salad.

Required Lettuce, six hard boiled eggs.

Make little nests with the lettuce leaves. Remove the yolks; cut the whites in rings; pile several rings in each nest, then on these put the yolks pounded, and mixed with salad dressing. Serve very cold. This is a very pretty dish for the tea-table.

MONDAY.

BREAKFAST

Cherries. White Corn Mush.
Slices of Roast Beef Broiled.
Boiled Potatoes. Flour Popovers.
Lettuce. Milk. Coffee.

DINNER

Tomato and Vermicelli Soup.
Crackers. Grated Cheese.
Cold Meat.
Mashed Potatoes. Dandelions.
Summer Squash. Rolls.
Frozen Jelly Cake Pudding. Coffee.

SUPPER

Sardines. Lemons Sliced.
Soda Biscuits. Crackers.
Whipped Cream, Strawberries.
Sponge Drops. Tea.

TUESDAY.

BREAKFAST

Strawberries and Cream.
Steak. Cold Bread.
Escalloped Potatoes. Radishes.
Graham Puffs.
Coffee.

DINNER

Veal Steak, Brown Gravy.
Boiled Potatoes. Peas.
Rice. Lettuce Salad.
Fresh Bread.
Rhubarb Pie. Cake Pudding.

SUPPER

Steamed Clams. Butter.
Bread. Cream Toast.
Cheese. Ginger Preserves.
Nut Cake. Tea.

WEDNESDAY.

BREAKFAST

Rolled Oats.
Broiled Veal. Fried Potatoes.
Cream Toast. Green Onions.
Milk. Coffee.

DINNER

Shepherds' Pie.
Biscuits. Stuffed Olives.
Radishes. Vermicelli.
Stewed Lettuce Leaves.
Ambrosia Pudding.
Sponge Cake. Coffee.

SUPPER

Waffles. Syrup.
Cold Spiced Meat.
Feather Cake. Pineapple.
Cocoa. Tea.

THURSDAY.

BREAKFAST

Raw Egg, Lemon. Hominy.
Broiled Ham. Poached Eggs.
Steamed Bread. Potato Cakes.
Coffee.

DINNER

Lamb Chops.
Peas. Spiced Currants.
Potato Puff. Lettuce.
Asparagus on Toast.
Pink Charlotte Russe.
Fancy Cakes. Coffee.

SUPPER

Fish Salad.
Tea Loaf. Prunes.
Ribbon Cake.
Chocolate. Tea.

FRIDAY.

BREAKFAST

Oranges. Fried Rice.
Hamburgh Steak.
Potatoes. Buttered Toast.
Coffee. Lettuce.

DINNER

Fried Perch on Trout.
Mashed Potatoes. Cucumbers.
Tomato Fritters.
Young Beans. Radishes.
Prune Pudding.
Pound Cake.

SUPPER

Frizzled Beef.
Milk Toast. Bread.
Strawberries. Marble Cake.
Milk. Tea.

SATURDAY.

BREAKFAST

Strawberries. Cream. Cold Bread.
Dried Beef in Gravy.
Fried Potatoes. Dry Toast.
Coffee.

DINNER

Beefsteak, Mushroom Sauce.
New Potatoes. Beet Greens.
Peas. Macaroni. Rolls.
Lemonade.
Caramel Custard.
Wafers. Salted Almonds.

SUPPER

Baked Beans. Biscuits.
Rose Cake.
Crackers. Cheese. Plums.
Tea.

SUNDAY.

BREAKFAST

Strawberries and Cream.
Fish Cakes. Beefsteak.
Rye Popovers. Soft Toast.
Radishes. Fried Potatoes.
Milk. Coffee.

DINNER

Steamed Fowl Roasted.
Macaroni Stuffing. Brown Gravy.
Summer Squash. Asparagus.
Potatoes in Half Shell.
Beet Greens. Hot Rolls.
Currant Jelly.
Peach Pudding and Cream.
Mixed Cake. Coffee.

RECEIPT.

Dandelions.

Bleached dandelions served raw as a salad are extremely nice. To obtain them, sow dandelion seeds in some sunny spot, then cover with boards a few inches above the ground. The dandelions grow quickly, are bleached and when put on ice, are quite crisp.

MONDAY.

BREAKFAST

Oranges.
Escalloped Fowl and Crumbs.
Potato Balls. Green Onions.
Dry Toast. Buns. Coffee.

DINNER

Veal Steak, Browned in Oven.
Potatoes Beaten. Summer Squash.
Cucumbers. Horseradish.
Boiled Rice.
Baked Indian Pudding.
Cream. Butter.

SUPPER

Cold Fowl. Saratoga Potatoes.
Toast. Popovers.
Bride's Cake. Milk. Tea. Jam.

TUESDAY.

BREAKFAST

Chopped Strawberries, Bananas.
Broiled Halibut.
Fried Potatoes. Lettuce.
Toast. Bread. Coffee.

DINNER

Green Pea Soup. Toast.
Cold Tongue. Dressing.
Spinach. Radishes.
Potatoes in Cream.
Cranberry Sauce. Rolls.
Orange Shortcake.

SUPPER

Lobster Salad.
Rolls. Bread.
White Mountain Cake.
Quince Sauce. Tea.

WEDNESDAY.

BREAKFAST

Oatmeal. Tomato Toast.
Lamb Chops. Potato Cakes.
Sponge Corn Cake. Lettuce.
Coffee.

DINNER

Beefsteak.
Baked Potatoes. Asparagus.
Summer Squash. Cucumbers.
Rolls. Worcestershire.
Rennet. Ginger Snaps.
Nuts. Raisins.

SUPPER

Egg Nests.
Beaten Biscuit. Rarebit.
Angel Cake. Cocoa, whipped Cream.
Tea.

THURSDAY.

BREAKFAST

Sliced Oranges.
Codfish in Cream on Toast.
Boiled Potatoes. Omelet.
Doughnuts. Coffee.

DINNER

Corned Beef. Bacon.
New Potatoes. Stewed Cabbage.
Young Beets, Sliced.
Radishes. String Beans.
Lemon Jelly on Pineapple.
Mixed Cake.

SUPPER

Tongue. Chips.
Cherries. Biscuit.
Gingerbread. Cottage Cheese.
Milk. Tea.

FRIDAY.

BREAKFAST

Strawberries. Cream.
Beef Hash. Lettuce.
Broiled Liver.
Rolls. Cold Bread.
Coffee.

DINNER

Salt Mackerel, Milk Gravy.
Baked Potatoes. Chips.
Green Onions. Peas.
Hoe Cake.
Frozen Pudding.

SUPPER

Potted Meat. Olives.
Fresh Bread. Apricots.
Cream Walnut Cake.
Cocoa. Tea.

SATURDAY.

BREAKFAST

Cherries. French Toast.
Ham and Eggs.
Potato Cakes. Bread.
Coffee.

DINNER

Clam Chowder.
Cold Corned Beef.
Dandelions. Mustard Sauce.
Carrots in Cream. Squash.
Snow Pudding.
Strawberry Shortcake.

SUPPER

Broiled Smoked Halibut.
Cream Toast. Cheese.
Milk Sherbet. Sponge Cake.
Tea.

SUNDAY.

BREAKFAST

Chopped Strawberries and Pineapple
Fish Cakes. Lamb Tenderloin.
Lettuce. Creamed Potatoes.
Popovers. Soft Toast.
Soda Crackers.
Coffee.

DINNER

Roast Lamb, Piquant Sauce.
Currant Jelly. Horseradish.
Mashed Potatoes.
Baked Rice and Tomatoes.
String Beans. Stuffed Egg Plant.
Sorrel Salad.
Strawberries. Vanilla Ice Cream.
Bride's Cake. Coffee.

RECEIPT.

Boiled Cucumbers.

Pare cucumber; cut lengthwise into eight wedge like pieces; tie back in shape with a thread; boil in well salted water twenty-five minutes. Cut the thread, separate the pieces and lay on well buttered toast softened. Sprinkle with a little pepper. Serve.

MONDAY.

BREAKFAST

Strawberries. Cold Bread.
Minced Meat on Toast.
Beef Jelly. Fried Potatoes.
Coffee.

DINNER

Roast Warmed Over.
Mint and Brown Sauce.
New Potatoes. Currant Jelly.
Green Peas. Cucumbers.
Summer Cabbage Baked.
Blanc Mange. Sugar. Cream.

SUPPER

Sardine Canapees.
Sour Milk Griddles, Syrup.
Raised Cake. Strawberry Sauce.
Cocoa. Tea.

TUESDAY.

BREAKFAST

Broiled Fresh Mackerel.
Boiled Potatoes. Lettuce.
Rolls. Radishes.
Doughnuts. Coffee.

DINNER

Beefsteak.
New Potatoes. Cold Slaw.
Summer Squash. String Beans.
Beet Greens. Boiled Onions.
Cookies. Dish of Snow.
Custard Pie. Cheese.

SUPPER

Shaved Beef. Hot Biscuit.
Ambrosia. Snow Cake.
Cheese. Gingersnaps.
Milk. Tea.

WEDNESDAY.

BREAKFAST

Sliced Tomatoes.
Veal Steak. Stewed Potatoes.
Soft Toast.
Milk. Coffee.

DINNER

Pea Soup. Toast.
Cold Boiled Ham.
Mashed Potatoes. Apple Sauce.
Green Corn. Cucumbers.
Summer Squash.
Rolls. Pickles. Tapioca Pudding.

SUPPER

Baked Eggs. Rusks.
Tarts. Prunes.
Mocha Cake.
Milk. Tea.

THURSDAY.

BREAKFAST

Graham Mush.
Tripe in Batter. Ham and Egg Cakes.
Toasted Potatoes. Green Onions.
Raised Biscuit. Coffee.

DINNER

Veal Pie. Biscuits. Potatoes.
Rice Cakes. Green Peas.
Cucumber Salad.
Radishes. Cold Bread.
Strawberries. Ice Cream.
Mixed Cake.

SUPPER

Ham Sandwiches.
Cold Bread. Berries, Cream.
Silver Cake. Cheese.
Cocoa. Tea.

FRIDAY.

BREAKFAST

Raspberries. Cream.
Beefsteak, Lettuce.
Potato Cakes. Cream Toast.
Coffee.

DINNER

Boiled Fresn Salmon.
Green Peas. Butter Sauce.
Potatoes. Lettuce.
Fresh Bread.
Cornstarch Pudding.
Cream. Sugar.

SUPPER

Veal Loaf. Olives.
Tea Rolls. Citron Cake.
Orange Marmalade.
Wafers. Tea.

SATURDAY.

BREAKFAST

Bananas. Cherries.
Broiled Salmon Steaks.
Lyonaise Potatoes. Lettuce.
Muffins. Coffee.

DINNER

White Fricasee of Chicken.
Onions. French Fried Potatoes.
Green Peas. Cucumbers.
Asparagus on Toast.
Sago Pudding.

SUPPER

Ham. Toasted Potatoes.
Cracker Cream Toast.
Spice Cake. Strawberries.
Milk. Tea.

SUNDAY.

BREAKFAST

Bananas. Raw Tomatoes.
Codfish Balls. Broiled White Fish.
Raised Sally Lunn.
Potatoes Fried.
Bread. Coffee.

DINNER

Roast Veal.
Stuffing. Gravy. New Potatoes.
String Beans. Spinach.
Summer Squash. Grape Pickle.
Baker's Toast.
Whipped Cream Pie. Salted Almonds.
Coffee. Glazed Fruit.

RECEIPTS.

New Potatoes.

Scrape. Steam twenty minutes or till soft. Pour a cup of Cream over them, together with salt and a little melted butter. Serve immediately.

Veal Salad.

Boil lean veal until very tender. Cut in small pieces. Add half the quantity of cold boiled potatoes cut in tiny cubes; and an equal quantity of crisp lettuce leaves broken in small pieces. Mix with plain dressing. Nice for tea or lunch.

MONDAY.

BREAKFAST

Wheat Germ.
Chopped Veal on Toast.
Lettuce. Lemon Juice. Rolls.
Soft Boiled Eggs. Coffee.

DINNER

Asparagus Soup. Toast.
Cold Meat. Gravy.
Stewed Cabbage. Lettuce.
Squash. Steamed Potatoes.
Horseradish.
Rhubarb Pie. Cheese.

SUPPER

Veal Croquettes.
Cold Bread. Pineapple.
Steamed Clams. Toast.
Mixed Cake. Tea.

TUESDAY.

BREAKFAST

Raspberries. Cream.
Beefsteak. Potatoes.
Soft Toast. Green Onions.
Doughnuts. Coffee.

DINNER

Lamb Stewed with Peas.
Carrots. Beet Greens.
Baked Rice and Tomatoes.
Boiled Potatoes. Toast.
Fruit Fritters.
Cream. Syrup.

SUPPER

Scrambled Eggs.
Popovers. Cheese.
Orange Cream Pie.
Cocoa. Tea.

WEDNESDAY.

BREAKFAST

Berries. Cream.
Broiled Bacon, Calfs' Liver.
Stewed Potatoes. Water Cresses.
Muffins. Coffee.

DINNER

Hamburgh Steak.
String Beans. Boiled Onions.
Asparagus on Toast.
Chilled Tomatoes. Potatoes.
Strawberry Trifle.

SUPPER

Halibut Salad.
Baking Powder Biscuits.
Clove Cake. Pear Sauce.
Tea. Chocolate.

THURSDAY.

BREAKFAST

Raspberries. Cream.
Chicken in Jelly. Chips.
Radishes. Cream Toast.
Milk. Coffee.

DINNER

Round of Beef Spiced, Boiled.
Potatoes. Spagetti and Cheese.
Sliced Beets. Green Onions.
Cucumbers on Toast.
Bavarian Cream.
Cake. Chocolate.

SUPPER

Smoked Salmon.
Tea Loaf. Creamed Potatoes.
Waffles. Lemon Syrup.
Washington Pie. Milk. Tea.

FRIDAY.

BREAKFAST

Black Raspberries. Cream.
Cold Meat. Fried Potatoes.
Dry Toast. Flour Griddles.
Coffee.

DINNER

Baked Bluefish, Stuffed.
Brown Gravy. Potatoes Boiled.
Cucumbers on Toast.
Squash. Green Onions.
Raspberry Ice Cream.
Fruit Cake. Macaroons.

SUPPER

Broiled Chickens.
Escalloped Potatoes. Rusks.
Black Cake. Strawberries.
Tea. Milk.

SATURDAY.

BREAKFAST

Strawberries. Cold Bread.
Fish Hash. Lettuce.
Beef Jelly. French Rolls.
Coffee.

DINNER

Broiled Ham. Poached Eggs.
Cabbage. Potatoes.
Cucumber Salad.
Brown Bread. Squash.
Charlotte Russe.
Salted Peanuts. Coffee.

SUPPER

Cream Toast.
Cheese.
Raspberry Shortcake.
Tea. Chocolate.

SUNDAY.

BREAKFAST

Oranges. Oatmeal and Cream.
Fish Cakes. Spanish Eggs.
Rolls. Fried Potatoes. Bacon.
Lettuce. Coffee.

DINNER

Green Goose, Brown Sauce.
Boiled Potatoes. Green Peas.
Stuffed Tomatoes. Cucumbers.
Steamed Apples Radishes.
Bread. Green Grape Jelly.
Frozen Peaches.
Cake. Coffee.

RECEIPT.

Molded Charlotte.

Fill a covered oblong mold with layers of any delicate cake; spread well with currant jelly, and then custard. Cover and pack in salt and broken ice; let remain from two to three hours.

MONDAY.

BREAKFAST

Blueberries. Milk.
Meat Croquettes.
Fried Potatoes. Soft Toast.
Buns. Coffee.

DINNER

Asparagus Soup.
Cold Meat. Mashed Potatoes.
Brown Gravy. Cucumbers.
Asparagus on Toast.
Lima Beans. Sweet Corn.
Apple Sauce. Boiled Cherry Pudding.

SUPPER

Waffles.
Hot Milk. Syrup.
Bread. Sliced Pineapple.
Charlotte Russe. Cocoa. Tea.

TUESDAY.

BREAKFAST

Sliced Oranges.
Boiled Halibut. Lyonaise Potatoes.
Cresses. Cream Toast. Bread.
Milk. Coffee.

DINNER

Beefsteak.
New Potatoes. Shell Beans.
Sweet Corn. Green Onions.
Crescent Rolls. Radishes.
Fancy Cakes. Glazed Fruit.
Iced Egg Lemonade.

SUPPER

Egg Nests on Toast.
Biscuit. Spiced Meat.
Plum Cake. Raspberries.
Cocoa. Iced Tea.

WEDNESDAY.

BREAKFAST

Grapes. Oatmeal.
Bacon. Omelet. Breakfast Rolls.
Browned Potatoes. Lettuce.
Coffee.

DINNER

Lamb Chops Breaded.
Potatoes in Cream. Peas.
Raw Tomatoes. Squash.
Boiled Rice.
Milk Sherbet. Wafers.

SUPPER

Broiled Sardines.
Toast. Soda Biscuits.
Honey in Comb. Crackers.
Almond Cake. Milk. Tea.

THURSDAY.

BREAKFAST

Fried Oatmeal. Syrup.
Broiled Lamb Chops.
Potato Cakes. Corn Muffins.
Coffee.

DINNER

Veal Pie. Olives.
Biscuits. Steamed Potatoes.
Fried Tomatoes. String Beans.
Cauliflower Salad. Corn.
Sago Pudding.
Cream. Sugar.

SUPPER

Milk Toast.
Dried Beef.. Cheese.
Strawberries and Cream.
Jumbles. Silver Cake. Tea.

FRIDAY.

BREAKFAST

Blackberries. Cream.
Oxford Sausage.
Stewed Potatoes. Biscuit.
Radishes. Bread. Coffee.

DINNER

Boiled Salmon. Lemon Sauce.
Mashed Potatoes. Peas.
Corn Fritters. Lettuce Salad.
Fresh Bread. Hoe Cakes.
Currant Pie.
Cookies. Raspberry Vinegar.

SUPPER

Steamed Clams. Butter.
Fish Hash. Dry and Soft Toast.
Blueberries. Milk.
Drop Cakes. Tea.

SATURDAY.

BREAKFAST

Tame Raspberries.
Jellied Veal. Chips.
Water Cresses or Lettuce.
French Rolls. Coffee.

DINNER

Green Pea Soup. Toast.
Dried Beef in Cream. Potatoes.
Beet Greens. Stewed Turnips.
Radishes. Sweet Corn. Toast.
Green Apple Pie, Cream.
Cheese. Molasses.

SUPPER

Lobster Salad.
Rolls. Thimbleberries.
Ice Cream Cake.
Cocoa. Russian Tea.

SUNDAY.

BREAKFAST

Currants on the Stem.
Fish Cakes. Broiled Ham.
Omelet.
Corn Muffins. Fried Potatoes.
Cream Toast. Coffee.

DINNER

Roast Loin of Lamb, Mint Sauce.
Sea Kale. Pickled Cabbage.
Cucumbers. Summer Squash.
White Bread. Graham Rolls.
Mashed Potatoes.
Savory Rice.
Raspberry Ice Cream.
Mixed Cake. Salted Peanuts.

RECEIPTS.

Raspberry Ice Cream.

1 pint new milk,
1-4 cup flour,
Pinch of salt,
Yolks 4 eggs,
Make Boiled Custard.
When cold add:
1 1-2 cups sugar,
1 cup thick cream.
1 pint sifted berries.
Freeze.

Coffee Ice Cream.

Make in same way with addition of a teaspoonful of Colton's vanilla, and an extra half cup of sugar, substituting a large cup of very strong coffee, for the berry juice.

MONDAY.

BREAKFAST

Thimbleberries. Cream.
Minced Lamb on Toast.
Fried Potatoes. Green Onions.
Corn Cake. Bread. Coffee.

DINNER

Plain Soup. Crackers.
Lamb Croquettes.
Baked Cabbage and Cheese.
Summer Vegetable Salad.
Stewed Tomatoes. Fried Potatoes.
Cherry Pie.

SUPPER

Cold Meat. Soft Toast.
Strawberry Shortcake.
Cookies.
Milk. Tea.

TUESDAY.

BREAKFAST

Strawberries and Cream.
Spiced Meat Broiled.
Browned Potatoes. Beef Sippets.
Sliced Raw Tomatoes. Coffee.

DINNER

Veal Steak. Gravy with Milk.
Potatoes. Green Peas.
Succotash. Lettuce Salad.
Fresh Bread. Lemonade.
Blueberry Pie. Cheese.
Charlotte Russe. Berries.

SUPPER

Fish Salad.
Raised Biscuit. Bread.
Raspberries (white). Cream.
Rice Cake. Tea.

WEDNESDAY.

BREAKFAST

Raspberries.
Fried Pout. Potatoes.
Corn Cake. Eggs. Cucumbers.
Doughnuts. Coffee.

DINNER

Hamburgh Steak.
Summer Squash. String Beans.
Green Corn Pudding.
Horse Radish. Potatoes.
Rice Snowballs. Sweetmeats.
Watermelons.

SUPPER

Veal Oysters. Catsup.
Rolls. Lettuce Salad.
Currants and Sugar.
Jenny Lind Cake. Tea.

THURSDAY.

BREAKFAST

Chilled Watermelon.
Savory Beef on Toast. Chips.
Steamed Bread.
Milk. Coffee.

DINNER

Stuffed Corned Beef.
Steamed Bacon and Potatoes.
Young Beets and Turnips.
Cabbage. Cucumbers.
Strawberry Charlotte.
Coffee with whipped Cream.

SUPPER

Dried Sprats.
White Mountain Rolls. Rarebit.
Blackberries and Cream.
October Cake. Tea.

FRIDAY.

BREAKFAST

Cantaloupe Melon.
Cold Meat. Creamed Potatoes.
Egg and Tomato Toast.
Bread. Radishes. Coffee.

DINNER

Broiled Blue Fish.
Parsley Sauce. Sliced Lemons.
Boiled Onions. Succotash.
French Fried Potatoes. Lettuce Salad.
Floating Islands. Lady Fingers.
Lemonade.

SUPPER

Popovers. Cheese.
Raspberry Shortcake.
Baked Pears. Sponge Drops.
Cocoa. Tea.

SATURDAY.

BREAKFAST

Blackberries. Flour Griddles.
Fresh Fish Hash. Rolls. Ham.
Toasted Potatoes.
Coffee.

DINNER

Julienne Soup. Toast.
Cold Pressed Corned Beef.
Potatoes in Shell. Shelled Beans.
Beet Greens. Summer Squash.
Carrots stewed in Stock.
Vinilla Ice Cream.
Cake. Salted Almonds.

DINNER

Broiled Beef Liver. Rolls.
Lyonaise Potatoes.
Feather Cake. Strawberries.
Milk. Tea.

SUNDAY.

BREAKFAST

Cantaloupe Melon. Salt.
Fish Balls. Corned Beef Hash.
Beefsteak. Cream Toast.
Buns. Coffee.

DINNER

Broiled Chickens.
Mashed Potatoes. String Beans.
Baked Sweet Potatoes.
Green Grape Jelly. Rolls.
Cauliflower in Cream.
Cucumber Salad.
Peaches in Lemon Jelly.
Small Cakes. Custard.

RECEIPT.

Broiled Chickens.

Split down, and dredge with salt, pepper, melted butter and a little flour. Broil fifteen minutes over clear coals, then put in oven and bake twenty minutes more. (Before cooking open out flat as possible, and break the joints.

MONDAY.

BREAKFAST

Currants. Sugar.
Beef Liver and Potatoes Broiled.
Soft Toast. Cucumbers.
Sally Lunn. Coffee.

DINNER

Ham and Eggs.
Boiled Potatoes. Hoe Cake.
Green Corn Fritters.
Raw Tomatoes. Young Turnips.
Cracker Pudding. Hard Sauce.
Nuts. Apples.

SUPPER

Cold Chicken.
Tea Loaf. Lettuce Salad.
Ambrosia. Buttered Toast.
Cream Cakes. Milk. Tea.

TUESDAY.

BREAKFAST

Peaches. Cream.
Codfish in Cream. Baked Potatoes.
Boiled Eggs. Green Onions.
Biscuit. Coffee.

DINNER

Roast Beef, Brown Gravy.
Macaroni and Cheese. Potatoes.
Stuffed Cucumbers on Toast.
Yorkshire Pudding. Catsup.
Squash. Green Onions.
Bavarian Cream. Berries and Sugar.

SUPPER

Chicken Broth. Crackers.
Cracker Cream Toast. Ginger.
Frosted Cake.
Cocoa. Tea.

WEDNESDAY.

BREAKFAST

Black Raspberries.
Roast Beef Warmed in Gravy.
Fried Potatoes. Lettuce.
Toasted Brown Bread, Cream. Coffee.

DINNER

Oxford Sausage.
Potato Puff. Green Peas.
Stuffed Tomatoes.
Cabbage Salad. Corn.
Strawberry Shortcake.
Cocoanut.

SUPPER

Clams. Melted Butter.
Bread. Chopped Pineapple.
Viennois Cakes.
Milk. Tea.

THURSDAY.

BREAKFAST

Grapes. Oatmeal.
Fricassee of Veal on Toast.
Boiled Rice. Biscuits.
Coffee.

DINNER

Lamb Broth. Tomato Catsup.
Cold Meat.
Succotash. Mashed Potatoes.
Lettuce and Olive Salad.
Fried Onions. Carrots stewed.
Apple Tapioca. Cream.

SUPPER

Cold Boiled Ham.
Spiced Peaches. Chips.
Biscuits. Berries, Cream.
Nut Cake. Cocoa. Tea.

FRIDAY.

BREAKFAST

Peaches and Cream.
Ham Cakes. Eggs in Glasses.
Potato Balls. Water Toast.
Sliced Tomatoes. Coffee.

DINNER

Broiled Halibut.
French Fried Potatoes. Squash.
Sweet Corn. Stewed Cabbage.
Radishes. Brown Bread.
Orange Charlotte Jelly.
Whipped Cream.

SUPPER

Fish Hash. Biscuits.
Berries. Bread. Milk.
Mixed Cake.
Tea.

SATURDAY.

BREAKFAST

Cantaloupe Melon.
Browned Halibut Hash.
Cream Toast. Lettuce.
Doughnuts. Coffee.

DINNER

Lamb Steaks on Rice.
Beaten Potatoes. Spinach.
Stewed Tomatoes. Green Peas.
Currant Pie.
Blackberry Shortcake.

SUPPER

Chopped Ham. Scrambled Eggs.
Raised Biscuit. Honey.
Peaches and Cream. Wafers.
Tea. Milk.

SUNDAY.

BREAKFAST

Berries and Cream. Apples.
Fish Cakes. Fried Oatmeal.
Beef steak. Saratoga Potatoes.
Raised Sally Lunn. Coffee.

DINNER

Roast Stuffed Veal, Gravy.
Potato Puff. Dandelion Salad.
Fried Cucumbers. Succotash.
Stuffed Onions. Lettuce.
Entire Wheat Bread.
Peach Ice Cream. Angel Cake.

RECEIPT.

Ambrosia.

A nice dish for tea or dessert.

Chop rather fine, —
1 cup Strawberries,
1 Orange,
2 Bananas,
1 cup Pineapple.

Mix, and above pile whipped cream sweetened and delicately flavored with rose. Serve with Angel Cake or Macaroons.

MONDAY.

BREAKFAST

Fried Mush. Syrup.
Pork in Batter. Omelet.
Fried Apples. Rolls.
Coffee.

DINNER

Cold Roast Veal.
Escalloped Potatoes. Corn.
Shelled Beans. Cucumbers.
Tomatoes on Toast. Rolls.
Lemonade.
Rice Custard.

SUPPER

Veal and Rice Croquettes.
Cold Bread. Baked Pears.
Walnut Puffs. Snaps.
Milk. Cocoa.

TUESDAY.

BREAKFAST

Common Grapes.
Beefsteak. French Fried Potatoes.
Graham Popovers. Radishes.
Coffee.

DINNER

Chicken Stew, White Sauce.
Fried Potatoes. Dumplings.
Spinach. Lettuce.
Squash. Green Peas.
Wafers. Rennet. Nuts.
Raisins.

SUPPER

Broiled Chicken.
Lyonaise Potatoes. Bread.
Mixed Fruit. Jumbles.
Milk. Tea.

WEDNESDAY.

BREAKFAST

Melon. Apples.
Frizzled Beef.
Boiled Potatoes. Dry Toast.
Bread. Coffee.

DINNER

Beefsteak. Worcestershire.
Quirled Potatoes. String Beans.
Cucumbers on Toast.
Lettuce. Young Carrots.
Tapioca Cream.
Bananas. Cookies.

SUPPER

Stewed Lobster.
Toast. Rolls.
Peaches. White Cake.
Tea.

THURSDAY.

BREAKFAST

Currants. Sugar.
Beef Sausage.
Potatoes Au Gratin. Green Onions.
Cream Toast. Coffee.

DINNER

Mutton Stew.
Corn Pudding. Carrots stewed.
Radishes. Raw Tomatoes.
Dumplings. Rice Cakes.
Plain Fritters. Syrup.
Confectionery.

SUPPER

Cream Toast. Welsh Rarebit.
Prepared Steak. Chips.
Washington Pie.
Cocoa. Tea.

FRIDAY.

BREAKFAST

Apples.
Picked Fish. Potatoes.
Eggs on Toast.
Corn Muffins. Pickled Beets. Coffee.

DINNER

Broiled Sword Fish.
Potatoes. Summer Squash.
Celery Salad. Creamed Onions.
Sweet Potatoes. Lettuce.
Apple Dumpling.
Cream. Hot Molasses.

SUPPER

Cold Tongue.
Fried Potatoes. Sally Lunn.
Snow Cake. Pineapple Iced.
Milk. Tea.

SATURDAY.

BREAKFAST

Blueberries and Milk.
Tongue with Dressing Broiled.
Potato Cakes. Raw Tomatoes.
Dry Toast. Coffee.

DINNER

Broiled Chicken.
Macaroni in Cream. Peas.
Fried Potatoes. Sea Kale.
Rhubarb Sauce. Greens.
Toast.
Cherry Pie. Cottage Pudding.

SUPPER

Baked Beans. Brown Bread.
Summer Salad. Bread.
Berries and Cream.
Mocha Cake. Milk. Tea.

SUNDAY.

BREAKFAST

Thimbleberries.
Fish Cakes. Veal Steak.
Lettuce. Creamed Potatoes.
Raised Biscuit.
Coffee.

DINNER

Roast Duck, Spiced Sauce.
Mashed Potatoes. Sweet Corn.
Macaroni and Cheese.
Vegetable Salad. Currant Jelly.
String Beans.
Peach Shortcake. Cream.
Nuts. Candy.

RECEIPT.

Cream Candy.

1 lb. white sugar,
1-2 cup water,
1 teaspoonful butter,
1 teaspoonful Cream of Tartar.
1 dessert spoon vinegar.

Boil 15 minutes. Add Colton's Lemon, teaspoonful. Pull till very white.

MONDAY.

BREAKFAST

Peaches. Cream.
Cold Meat.
Fried Potatoes. Sippets.
Steamed Bread. Coffee.

DINNER

Shepherd's Pie. Biscuits.
Potatoes in Half Shell. Corn.
Spagetti. Boiled Cabbage.
Small Cucumbers, Salted.
Apple Sauce. Radishes.
Currant Sherbet.
Pound Cake. Macaroons.

SUPPER

Broiled Smoked Salmon.
Soft Toast. Gooseberries Stewed.
Chocolate Cream Pie.
Milk. Tea.

TUESDAY.

BREAKFAST

Oranges.
Lamb Chops Broiled.
Potato Croquettes. Radishes.
Coffee. Rice Muffins.

DINNER

Veal Steak. Melted Butter.
Spinach. Mashed Potatoes.
Succotash. Lettuce Salad.
Escalloped Tomatoes.
Graham Bread.
Potato Pie. Nuts and Raisins.

SUPPER

Smoked Herring.
Rice Puffs. Bread.
Kisses with Whipped Cream.
Peaches. Wafers. Cocoa. Tea.

WEDNESDAY.

BREAKFAST

Grapes. Rolled Oats.
Veal cut up in Gravy.
Fried Potatoes. Popovers.
Coffee. Milk.

DINNER

Beefsteak, Smothered Onions.
String Beans. Squash.
Raw Turnips. Green Onions.
Rolls. Lemonade.
Cornstarch Pie with Meringue.
Coffee.

SUPPER

Minced Beef on Toast.
Tomato Soup. Toast.
Thimbleberries. Sponge Cake.
Tea.

THURSDAY.

BREAKFAST

Cantaloupe Melon.
Minced Beef on Toast.
Chips. Plain Omelet.
Raised Muffins. Coffee.

DINNER

Roast Lamb. Mint Sauce.
Potatoes in Cream. Peas.
Succotash. Cauliflower.
Radishes.
Baked Custard.
Fruit. Cake.

SUPPER

Cold Meat. Grape Pickle.
Biscuits. Ginger Chow Chow.
Cream Walnut Pie.
Tea.

FRIDAY.

BREAKFAST

Apples. Pears.
Escalloped Potato and Meat.
Breakfast Rolls. Lettuce.
Coffee. Milk.

DINNER

Fried Brook Trout.
Potatoes. Greens and Bacon.
Stewed Tomatoes. Squash.
Corn on Cob.
Hoe Cake.
Frozen Pudding.

SUPPER

Sardine Canipees.
Raisin Bread. Sliced Peaches.
Whipped Cream Pie.
Cocoa. Tea.

SATURDAY.

BREAKFAST

Melon.
Broiled Salmon Steak.
Lyonaise Potatoes. Cresses.
Coffee. Fresh Bread.

DINNER

Fried Salt Pork. Apples.
Chips. Fried Bread.
Sweet Corn. Green Onions.
Beef Hash.
Cottage Pudding. Sauce.
Nuts. Confectionery.

SUPPER

Waffles. Syrup.
Bread. Shredded Pineapple.
Pound Cake.
Tea.

SUNDAY.

BREAKFAST

Chilled Melon.
Codfish Balls. Lamb Chops.
Raw Tomatoes.
Muffins. Fried Potatoes.
Coffee.

DINNER

Broiled Chickens.
New Potatoes. Peas.
Fried Sweet Potatoes.
Cranberry Sauce. Young Turnips.
Celery. Corn. Lettuce.
Charlotte Russe.
Almonds. Crackers.
Coffee.

RECEIPT.

Broiled Chicken.

Take one weighing two lbs.; split and broil about ten minutes 'til a nice brown, then sprinkle with salt, pepper; cover with bits of butter and put in a hot oven for about twenty minutes.

MONDAY.

BREAKFAST

Raspberries.
Escalloped Chicken.
Chips. Radishes.
Raised Biscuit. Coffee.

DINNER

Beefsteak, Worcestershire.
Potatoes in Shell. Sweet Corn.
Squash. String Bean Salad.
Raw Tomatoes. Spagetti.
Apple Pie. Cream. Cheese.
Nuts. Fruit.

SUPPER

Chicken Salad.
Savoy Biscuit. Bread.
Currants. Cold Water Cakes.
Cocoa. Tea.

TUESDAY.

BREAKFAST

Oranges. Beef Jelly.
Lamb Chops. Green Onions.
Boiled Potatoes. Soft Toast.
Coffee. Bread.

DINNER

Veal Cutlets. Broiled Bacon.
Mashed Potatoes. Stewed Carrots.
Cucumbers. Peas. Apple Sauce.
Gooseberry Tarts.
Pineapple Sherbet.

SUPPER

Waffles. Honey.
Berry Cake.
Rennet. Cookies.
Tea.

WEDNESDAY.

BREAKFAST

Melon.
Spiced Meat. Clam Fritters.
Fried Potatoes. Rolls.
Apple Pancakes. Syrup. Coffee.

DINNER

Boiled Ham Broiled.
White Potatoes. Sweet Potatoes.
Cold Slaw. Stewed Tomatoes.
Turnips.
Fruit Tapioca Cream.
Raspberry Pudding.

SUPPER

Jellied Rice. Sweetbreads.
Cracker Cream Toast. Cheese.
Peach Shortcake.
Milk. Tea.

THURSDAY.

BREAKFAST

Blackberries. Cream.
Bacon. Stuffed Eggs.
Cream Toast. Lettuce.
Fried Sweet Potatoes. Coffee.

DINNER

Roast Beef. Brown Gravy.
Potatoes in Drippings.
Rolls. String Beans.
Stuffed Tomatoes. Cucumbers.
Fritters. Syrup.
Watermelon.

SUPPER

Frizzled Beef.
Tea Loaf. Brown Bread.
Apple Sauce. Spice Cake.
Cocoa. Tea.

FRIDAY.

BREAKFAST

Peaches and Cream.
Deviled Beef.
Creamed Potatoes. Tomatoes.
Graham Rolls. Coffee.

DINNER

Salmon. Egg Sauce.
Potatoes. Green Peas.
Baked Egg Plant.
Lettuce.
Summer Squash.
Blueberry Pie. Cheese.

SUPPER

Salmon Salad.
Cold Bread. Buns.
Blackberries.
Cocoa. Tea.

SATURDAY.

BREAKFAST

Cantaloupe.
Oxford Sausage. Lettuce.
Mashed Potatoes. Toast.
Muffins. Coffee.

DINNER

Cream Pea Soup. Toast.
Cold Meat. Boiled Rice.
Sweet Potatoes.
Mashed Turnip. Cold Slaw.
Corn Pudding.
Jelly Cake Pudding. Milk Sherbet.

SUPPER

Calves' Tongues, Cold.
Rolls. Peaches. Cream.
Whigs. Cream Cakes.
Chocolate. Tea.

SUNDAY.

BREAKFAST

Grapes. Apples.
Fish Cakes. Beefsteak.
Cresses.
Sally Lunn. Creamed Potatoes.
Coffee.

DINNER

Roast Lamb. White Sauce.
Browned Potatoes. Lima Beans.
Squash. Peas. Celery.
Cucumber Salad.
Jellied Peaches.
Angel Cake. Custard.
Coffee.

RECEIPT.

Potatoes in Half Shell.

Bake large potatoes; when done, split, take out, mash and season well, beating light with a little cream. Fill the "shell;" fasten the shells together with a thread and return to the oven for several minutes; remove thread; serve whole.

MONDAY.

BREAKFAST

Pears. White Corn Mush.
Chopped Meat on Toast.
Green Onions. Fried Potatoes.
Cinnamon Cakes. Coffee.

DINNER

Julienne Soup. Toast.
Meat Warmed in Gravy.
Boiled Potatoes. Red Cabbage.
Corn. Fried Tomatoes.
Vanilla Cream.
Sponge Drops. Fruit Cake.

SUPPER

Stewed Beans. Crackers.
Croquettes. Toast. Lettuce.
Raspberry Shortcake.
Tea.

TUESDAY.

BREAKFAST

Apples. Melon.
Dried Beef in Cream.
Toast. Baked Potatoes.
Lettuce. Coffee.

DINNER

Hamburgh Steak.
Mashed Potatoes. Corn Fritters.
Cauliflower in Cream.
Summer Salad. Green Onions.
Squash. Dinner Rolls.
Birds' Nest Pudding.

SUPPER

Smoked Herring.
Drop Biscuit. Thimbleberries.
Raisin Cake with filling.
Cocoa. Tea.

WEDNESDAY.

BREAKFAST

Blueberries. Cream.
Egg and Steak Omelet. Muffins.
Celery. Fried Sweet Potatoes.
Milk. Coffee.

DINNER

Salt Pork. Fried Apples.
Small Fish Panned.
Saratoga Potatoes. String Beans.
Mashed Turnips. Lettuce.
Chocolate Pudding.
Cream. Sugar.

SUPPER

Egg Nests on Toast.
Bread. Peaches and Cream.
Sponge Cake. Almond Icing.
Chocolate. Tea.

THURSDAY.

BREAKFAST

Large Plums.
Fresh Mackerel. Boiled Potatoes.
Green Onions.
Fresh Bread. Coffee.

DINNER

Broiled Chicken.
Macaroni and Cheese. Celery.
Buttered Beets. Cold Slaw.
Fried Tomatoes.
Frozen Tea. Ice Cream.
Domino Cakes.

SUPPER

Apple Omelet.
Vienna Rolls. Ambrosia.
Cocoanut Cream Pie.
Milk. Tea.

FRIDAY.

BREAKFAST

Bananas.
Broiled Ham. Potatoes.
Raw Tomatoes.
Brown Bread Toast. Cream.
Doughnuts. Coffee.

DINNER

Baked Stuffed Blue Fish.
Boiled Potatoes. Green Onions.
Stewed Tomatoes. Sweet Corn.
Fried Sweet Potatoes.
Cucumbers. Russian Cream.
Coffee.

SUPPER

Cold Chicken. Celery.
Twin Biscuit. Currants.
Orange Cream Pie.
Tea.

SATURDAY.

BREAKFAST

Peaches. Cream.
Broiled Liver. Lettuce.
Raised Muffins. Potatoes.
Cocoa. Coffee.

DINNER

Green Pea Soup. Toast.
Baked Beef Omelet.
French Fried Potatoes. Corn.
Minced Cabbage. Celery.
Raw Tomatoes.
Tapioca Cream. Meringue.
Hermits. Salted Almonds.

SUPPER

Clam Chowder.
Crackers. Pickles. Toast.
Dream Cake. Pineapple.
Cocoa. Tea.

SUNDAY.

BREAKFAST

Currants and Sugar.
Fish Cakes. Salmon Steaks.
French Rolls. Boiled Potatoes.
Lettuce. Coffee.

DINNER

Roast Stuffed Veal.
Potatoes in Drippings. Peas.
Mashed Turnips. String Beans.
Cucumbers. Macaroni and Cheese.
Ribbon Ice Cream.
Macaroons. Coffee.

RECEIPTS.

Veal Gravy.

A nice gravy for either fried or roasted veal is made by using milk instead of hot water, and by thickening it with slightly browned flour.

Currant Sherbet.

Boil 1 pint of water, 1 pint currant juice and 1 1-2 cups sugar twenty minutes, cool and add one unbeaten white of egg. Freeze.

MONDAY.

BREAKFAST

Cantaloupe Melon.
Escallop of Veal. Eggs.
Sweet Potatoes. Cream Toast.
Coffee.

DINNER

Lamb Chops.
Jelly. Apple Sauce.
Potatoes in Cream. Peas.
Cauliflowers. Raw Tomatoes.
Graham Bread.
Baked Cup Custard.

SUPPER

Cheese. Fancy Crackers.
Cold Meat.
Tea Loaf. Raspberries. Cream.
Pound Cake. Tea.

TUESDAY.

BREAKFAST

Baked Apple. Cream.
Veal and Rice Croquetts.
French Fried Potatoes. Rolls.
Buns. Coffee.

DINNER

Beefsteak Roll.
Stuffing. Brown Gravy.
Turnips. Succotash.
Radishes. Lettuce.
Potatoes Whole.
Virginia Caramel Pie. Milk Sherbet.

SUPPER

Cheese Omelet.
Bread. Popovers.
Savoy Cake. Baked Pears.
Chocolate. Tea.

WEDNESDAY.

BREAKFAST

Pears. Apples.
Broiled Codfish Picked.
Baked Potatoes. Boiled Eggs.
Pickled Beets. Coffee.

DINNER

Stewed Chicken on Shortcake.
Rolls. French Fried Pototoes.
Sweet Corn. Celery. Peas.
Dressed Cucumbers.
Peaches in Custard.
Fruit Cake.

SUPPER

Marguerite Salad.
Cream Biscuit. Bread.
Blackberries. Cream Cake.
Cocoa. Tea.

THURSDAY.

BREAKFAST

Raspberries.
Beef Sausages.
Potatoes. Raw Tomatoes.
Graham Popovers. Coffee.

DINNER

Boiled Corned Beef. Bacon.
Potatoes. Cabbage.
Stewed Carrots. Sliced Beets.
Turnips. Radishes.
Green Onions. Mustard Sauce.
Huckleberry Pie. Cheese.

SUPPER

Sardines. Sliced Lemons.
Tea Biscuit. Honey.
Bread. Grape Sauce.
Milk. Chocolate.

FRIDAY.

BREAKFAST

Peaches. Oatmeal.
Hash Balls. Eggs on Toast.
Fried Sweet Potatoes.
Coffee.

DINNER

Sword Fish. Boiled Potatoes.
Drawn Butter. Green Peas. Squash.
Boiled Onions. Cucumbers.
Apple Dumplings.
Cream. Hot Molasses, Spiced.
Cake. Lemonade.

SUPPER

Milk Toast.
Dried Sprats. Cheese.
White Mountain Cake. Berries.
Cocoa. Tea.

SATURDAY.

BREAKFAST

Melon.
Vegetable Hash.
Beefsteak. Rolls.
Milk. Coffee.

DINNER

Ham. Eggs.
Sweet and White Potatoes.
String Beans. Sweet Corn.
Toasted Brown Bread.
Summer Salad.
Rennet. Fancy Cakes.

SUPPER

Clams. Melted Butter.
Bread. Coddled Apples.
Banana Cake.
Milk. Tea.

SUNDAY.

BREAKFAST

Melon. Apples.
Fish Cakes. Prepared Steak.
Corn Muffins. Soft Toast.
Fried Potatoes. Radishes.
Coffee. Milk.

DINNER

Roast Duck. Apple Sauce.
Potato Puff. Red Cabbage.
Succotash. Mashed Turnips.
Broiled Tomato.
Jelly. Horseradish. Lettuce.
Snow Pudding Cake.

RECEIPT.

Broiled Ham.

Get a 4 pound end of ham. Boil gently two hours. The next day for dinner, cut into half inch slices and broil (over hot coals) on one side only. Serve immediately.

MONDAY.

BREAKFAST

Grapes.
Frizzled Beef.
Fried Potatoes. Lettuce.
Soft Toast. Coffee.

DINNER

Spiced Beef Tongue.
Whipped Potatoes. Lima Beans.
Cold Slaw. Stewed Corn.
Cucumbers on Toast.
Dinner Rolls.
Damson Tart and Cream.

SUPPER

Croquettes. Cream Sauce.
Fresh Bread. Fried Potatoes.
Blackberry Shortcake.
Milk. Tea.

TUESDAY.

BREAKFAST

Blackberries.
Broiled Veal Steak. Sweet Potatoes.
Dry Toast. French Pancakes, Syrup.
Coffee. Milk.

DINNER

Creamed Baked Trout.
Potatoes. Summer Squash.
Onions and Lettuce Salad.
Peas. Radishes.
Frozen Fruit.
Custard. Wafers.

SUPPER

Pickled Lambs' Tongues.
Raised Biscuits. Currants.
Pearl Cake.
Tea.

WEDNESDAY.

BREAKFAST

Currants.
Lamb Chops. Creamed Potatoes.
Celery. Corn Muffins.
Milk. Coffee.

DINNER

Veal Pie.
Rice Croquettes. Sweet Potatoes.
Biscuits. Corn Pudding.
Chilled Cucumbers.
Apple Balls. Cream. Cheese.
Nuts. Figs.

SUPPER

Cold Tongue.
Chips. Hot Rusks.
Peaches and Cream.
White Cake. Tea.

THURSDAY.

BREAKFAST

Peaches. Cream.
Chopped Veal on Toast.
Radishes. Sweet Potatoes.
Cold Bread. Coffee.

DINNER

Roast Lamb. Parsley Sauce.
Potatoes. Squash. Peas.
Succotash in Cream. Cold Slaw.
Blackberry Pudding.
Rich Sauce.

SUPPER

Chicken Broth.
Crackers. Buttered Toast.
Hot Gingerbread. Cheese
Milk. Tea.

FRIDAY.

BREAKFAST

Pears.
Slices of Tongue.
Lyonaise Potatoes. Soft Toast.
Cucumbers. Coffee.

DINNER

Fish Chowder. Crackers.
Cold Meat. Lyonaise Potatoes.
Stewed Okra. Peas.
Cucumbers.
Coddled Apples. Rolls.
Cake Pudding.

SUPPER

Rocky Eggs.
Clam Bisque. Popovers.
Gold Cake. Blackberries.
Cocoa. Tea.

SATURDAY.

BREAKFAST

Grapes.
Chicken in Jelly. Soda Biscuit.
Lettuce. French Fried Potatoes.
Coffee.

DINNER

Beefsteak. Escalloped Potatoes.
Sweet Corn. Butter Beans.
Radishes. Onions. Squash.
Rolls. Pickles.
Coffee. Ice Cream.
Nut Cake.

SUPPER

Smoked Halibut.
Ground Rice Bread.
Cake. Baked Apples.
Cocoa. Tea.

SUNDAY.

BREAKFAST

Grapes. Oatmeal.
Fish Cake. Beefsteak.
Celery. Chips. Coffee.
Graham Popovers.

DINNER

Roast Lamb, Mint Sauce.
Mashed Potatoes. Brown Gravy.
Turnips. Corn. Cabbage.
Raw Tomatoes.
Melon. Peaches. Grapes.
Whipped Cream Pie.
Coffee. Almonds.

RECEIPT.

Cold Beef, Mutton or Tongue.

Cut in quarter inch slices, sprinkle with salt, pepper. Rub over with Mustard dressing. Broil a few minutes. Butter. Serve.

MONDAY.

BREAKFAST

Oranges. Raw Tomatoes.
Escalloped Lamb.
Potato Cakes. Brown Bread Toast.
Buns. Coffee.

DINNER

Vermicelli Soup. Toast.
Croquettes. French Fried Potatoes.
Corn Fritters. Shelled Beans.
Cucumbers on Toast.
Celery Salad.
Rolls. Tapioca Cream. Cake.

SUPPER

Blackberry Shortcake.
Cold Meat. Bread.
Cream Cakes.
Milk. Tea.

WEDNESDAY.

BREAKFAST

Hominy Snowflakes.
Broiled Bacon and Potatoes.
Scrambled Eggs. Biscuits.
Green Onions. Coffee.

DINNER

Broiled Chickens.
Macaroni and Cheese. Squash.
Cauliflower Salad.
Mashed Potatoes. Sweet Corn.
Apple Pie. Cream. Cheese.
Fruit.

SUPPER

Broiled Lobster.
Fresh Bread. Grape Sauce.
Currant Cake.
Tea.

TUESDAY.

BREAKFAST

Grapes.
Broiled Blue Fish.
Lyonaise Potatoes. Corn Cake.
Chilled Cucumbers. Milk. Coffee.

DINNER

Veal Stew. Dumplings.
Rice Croquettes. Succotash.
Red Cabbage, plain dressing.
Stewed Tomatoes. Cresses.
Biscuits. Cocoa.
Queen of Puddings.

SUPPER

Cheese Omelet.
Buttered Toast. Popovers.
Angel Cake. Peaches and Cream.
Chocolate. Tea.

THURSDAY.

BREAKFAST

Cantaloupe.
Veal Steak, Brown Gravy.
Baked Potatoes. Biscuits.
Coffee. Milk.

DINNER

Beefsteak.
Baked White and Sweet Potatoes.
Boiled Onions. Celery Salad.
Lima Beans in Cream.
Worcestershire. Rhubarb Sauce.
Peach Pie, Cream.

SUPPER

Chicken Croquettes.
Delicate Buiscuit. Chips.
Plain Cake. Raspberries.
Milk. Tea.

FRIDAY.

BREAKFAST

Apples. Wheat Germ Mush.
Dried Beef in Cream.
Potatoes. Buttered Toast.
Eggs in Crumbs. Coffee.

DINNER

Broiled Swordfish.
Mashed Potatoes. Cucumbers.
Baked Sweet Potatoes.
Stuffed Tomatoes. Ketchup.
Rennet.
Viennois Cakes.

DINNER

Fish Salad.
Soda Biscuit. Currants.
Tarts. Cookies.
Tea.

SATURDAY.

BREAKFAST

Pears.
Broiled Lamb Chops.
Fried Potatoes. Raw Tomatoes.
Flour Popovers. Coffee.

DINNER

Corned Beef. Bacon.
Potatoes. Carrots. Turnips.
Young Beets. Cabbage.
Mustard Sauce. Apple Sauce.
Hoe Cake. Bread.
Baked Indian Pudding. Cream.

SUPPER

Cracker Cream Toast.
Shaved Beef. Herring.
Soft Gingerbread. Cheese.
Milk. Tea.

SUNDAY.

BREAKFAST

Peaches. Cream.
Fried Rice Pudding.
Fish Cakes. Hash Balls.
Raw Tomatoes.
Eggs. Muffins.
Coffee.

DINNER

Roast Stuffed Veal.
Potatoes. Brown Gravy.
Shelled Beans. Stuffed Tomatoes.
Vegetable Salad.
Entire Wheat Bread.
Peach Shortcake. Whipped Cream.

RECEIPTS.

Peach Pie.

Bake one very short crust; then fill with sliced peaches slightly sweetened. Bake until the peach is quite soft, then cool. When cold, pile high with whipped cream, tinted pink by adding a little currant jelly while beating. Keep on ice till serving time.

MONDAY.

BREAKFAST

Peaches. Cream.
Minced Meat on Toast.
Green Corn Griddles. Bread.
Doughnuts. Coffee.

DINNER

Lamb Chops Fried.
Potato Puff. Peas.
Steamed Squash. Corn.
Apple Sauce. Pickled Beets.
Toast without Crust.
Milk Sherbet. Silver Cake.

SUPPER

Cold Meat. Potato Salad.
Tea Loaf.
Silver Cake. Peaches. Cream.
Milk. Tea.

TUESDAY.

BREAKFAST

Watermelon.
Boiled Ham. Stewed Potatoes
Dropped Eggs on Toast.
Corn Muffins. Coffee.

DINNER

Mock Bisque Soup. Toast.
Meat and Dressing in Gravy.
Potatoes. Fried Sweet Potatoes.
Mashed Turnips. Cucumbers.
Fried Tomatoes. Caramel Custard.
Cake. Salt Crackers. Coffee.

SUPPER

Clams.
Biscuit. Toasted Brown Bread.
Orange Pie. Cookies.
Lemonade. Tea.

WEDNESDAY.

BREAKFAST

Grapes.
Broiled Beef Liver. Butter Gravy.
Potatoes. Raised Biscuit.
Milk. Coffee.

DINNER

Salt Pork. Bacon.
Apples Fried. Saratoga Potatoes.
Succotash. Turnips. Cucumbers.
Johnny Cake.
Squash Pie.
Nuts. Candy.

SUPPER

Chicken Broth.
Crackers. Triangles of Toast.
Peaches. Cream Pie.
Tea.

THURSDAY.

BREAKFAST

Wheat Germ Mush.
Fried Smelts. Potatoes.
Lettuce. Cream Toast.
Coffee.

DINNER

Roast Beef. Yorkshire Pudding.
Sweet Potatoes. Potato Puff.
Horseradish. Lettuce.
Sweet Corn. Tomatoes.
Rolls. Toast. Cornstarch Pudding.
Apples. Pears.

SUPPER

Chicken Salad.
Vienna Rolls. Clove Cake.
Blackberries. Cream.
Chocolate. Tea.

FRIDAY.

BREAKFAST

Blackberries.
Meat Warmed in Gravy.
Browned Potatoes. Soft Toast.
Milk. Coffee.

DINNER

Clam Chowder. Crackers.
Ham Boiled. Sweet Potatoes. Chips.
Stewed Okra. Water Cress.
Rolls. Cucumbers.
Lemonade. Cake.
Grapes.

SUPPER

Sandwiches.
Baked Apples. Bread and Milk.
Cream Walnut Pie.
Tea.

SUNDAY.

BREAKFAST

Pears. Peaches.
Fish Cakes. Cold Meat.
Graham Popovers.
Celery. Creamed Potatoes.
Coffee.

DINNER

Roast Duck. Apple Sauce.
Creamed Potatoes. Turnips.
Celery. Sweet Potatoes Fried.
Cucumbers. Rolls.
Tutti Frutti. Ice Cream. Cake.

SATURDAY.

BREAKFAST

Cantaloupe.
Ham Cakes. Boiled Eggs
Potatoes. Entire Wheat Muffins.
Milk. Coffee.

DINNER

Beef a la Mode (Hot or Cold.)
Quirled Potatoes. Boiled Rice.
Squash. Cold Slaw.
Onions. Bread.
Cracker Pudding.
Cold Sauce.

SUPPER

Baked Beans. Raw Onions.
Steamed Brown Bread.
Baked Pears. Fig Cakes.
Milk. Tea.

RECEIPTS.

Caramel Custard.

Dissolve on the stove one cup granulated sugar in as little water as possible; let it turn golden brown, then sweeten a steamed custard with this. Serve for dessert.

Cranberry Sauce.

When cranberries are cheap, put them up. One peck cranberries, eight quarts of water; stew 'til soft, then sift; add six pounds of sugar; let come to a boil; can. This is very nice all through the winter and late into the spring.

MONDAY.

BREAKFAST

Cracked Wheat.
Chopped Steak. Cucumbers.
Saratoga Potatoes.
Corn Cakes. Coffee.

DINNER

Veal Steak, Brown Gravy of Milk.
Boiled Potatoes.
Raw Tomatoes. Green Corn.
Spagetti.
Fresh Bread. Grape Pickle.
Chocolate Custard on Cake.

SUPPER

Sardines. Lemons.
Cream Biscuit. Honey.
Watermelon Cake.
Cocoa. Tea.

TUESDAY.

BREAKFAST

Thimbleberries.
Veal cut up in Gravy.
Potato Cakes. Raised Muffins.
Coffee.

DINNER

Beefsteak. Catsup.
Mashed Potato. Squash.
Shelled Beans. Green Onions.
Biscuit Cocoa.
Vanilla Ice Cream.
Mixed Cake.

SUPPER

Broiled Liver. Lyonaise Potatoes.
Raised Biscuit. Apple Sauce.
Cup Cake.
Milk. Tea.

WEDNESDAY.

BREAKFAST

Baked Sour Apples.
Hash. Plain Omelet
Chips. Cream Toast.
Coffee.

DINNER

Beefsteak Pie.
Biscuits. Corn. Green Pickles.
Stewed Tomatoes.
Carrots. Rice Steamed.
Cabinet Pudding.
Lemon Sauce.

SUPPER

Waffles. Cold Bread. Syrup.
Potted Meat. Sliced Oranges.
Jumbles, Cocoa.
Milk.

THURSDAY.

BREAKFAST

White Meal Mush.
Meat Croquettes. Beef Jelly.
Fried Potatoes.
Fresh Bread. Coffee.

DINNER

Roast Lamb, Currant Jelly.
Brown Gravy with Parsley. Radishes.
Potato Puffs.
Baked Rice and Tomatoes.
Cabbage Salad.
Apple Snowballs. Custard.

SUPPER

Welsh Rarebit. Rusk and Milk.
Cold Bread. Rose Cake.
Peaches and Cream.
Tea.

FRIDAY.

BREAKFAST

Grapes.
Salt Fish in Cream.
Potatoes. Steamed Bread.
Sliced Beets. Coffee.

DINNER

Boiled Halibut.
Egg Sauce. Celery Salad.
Boiled Potatoes. Squash.
Raw Tomatoes. Sweet Corn.
Rice and Plums.
Cream. Sugar.

SUPPER

Egg Nests Baked.
Tea Rolls. Fried Potatoes
Hulled Corn, Milk.
Chocolate Eclairs. Tea.

SATURDAY.

BREAKFAST

Sliced Oranges. Halibut Hash Balls.
Sliced Cucumbers.
Coon Muffins. Bread.
Coffee.

DINNER

Clam Chowder.
Dried Beef in Cream.
Baked Sweet and White Potatoes.
Cold Lamb. Lettuce.
Mashed Turnips.
Apple Pudding, Cream.
Cornstarch Pie.

SUPPER

Broiled Smoked Salmon.
Popovers. Blackberries.
Caramel Cake.
Tea. Milk.

SUNDAY.

BREAKFAST

Melons. Apples. Fish Balls.
Lamb Chops. Raw Tomatoes.
Sally Lunn. Lyonaise Potatoes.
Milk. Coffee.

DINNER

Roasted Sirloin Beef.
Roast Potatoes. Celery.
Dinner Apple Sauce.
Mashed Turnip. Cucumbers.
Shelled Beans. Corn.
Coffee Ice Cream.
Salted Almonds. Angel Cake.

RECEIPT.

Apple Pudding.

Cut two pounds of tart apples rather fine, add 1-2 cup of water and 3-4 pound of sugar; boil slowly one hour. Cool after putting into a mould, serve very cold with thick cream and any delicate cake.

MONDAY.

BREAKFAST

Peaches. Cream.
Oxford Sausage.
Creamed Potatoes. Toast.
Raw Tomatoes. Coffee.

DINNER

Beef Broth. Rice. Crackers.
Cold Roast Beef.
Lyonaise Potatoes. Rolls.
Fried Sweet Potatoes.
Chopped Cabbage. Celery.
Dutch Cake. Lemon Sauce.

SUPPER

Lobster Salad.
Cold Rolls. Coddled Apples.
Charlotte Cake.
Tea.

TUESDAY.

BREAKFAST

Cracked Wheat.
Deviled Beef. Fried Potatoes.
Breakfast Rolls. Celery.
Coffee.

DINNER

Boiled Ham Broiled.
Fried Eggs. Potatoes.
Mixed Vegetable Salad.
Sweet Corn. Mixed Mustard.
Baked Pears. Bread.
Cream Custard Pie. Cheese.

SUPPER

Minced Meat on Toast.
Popovers. Cheese.
Sponge Cake. Macaroons.
Cocoa. Tea.

WEDNESDAY.

BREAKFAST

Apples. Broiled Salt Mackerel.
Potato Cakes. Cucumbers.
Toasted Brown Bread. Cream.
Coffee.

DINNER

Chicken Pie.
Biscuits. Olives.
Spagetti. Chips.
Celery. Lettuce Salad.
Fruit in Lemon Jelly.
Custard or Whipped Cream.

SUPPER

Cold Chicken.
Saratoga Potatoes. Twin Biscuit.
Peaches.
Nut Cake. Tea.

THURSDAY.

BREAKFAST

Rolled Oats.
Hashed Chicken. Celery.
Creamed Potatoes.
Buttered Toast. Coffee.

DINNER

Broiled Lamb Chop.
Mashed Potatoes. Cucumbers.
Steamed Carrots. Tomatoes.
Currant Jelly.
Prune Pudding.
Custard.

SUPPER

Fried Smelts.
Rusks. Peach Shortcake
Milk. Tea.

FRIDAY.

BREAKFAST

Pears. Apples.
Hamburgh Steak.
Potatoes. Graham Muffins.
Milk. Coffee.

DINNER

Broiled Fresh Mackerel.
Potatoes. Onions in Cream.
Raw Tomatoes. Bread.
Dinner Apple Sauce.
Tapioca Pudding.
Cream. Sugar.

SUPPER

Thick Cream Toast.
Toasted Cheese. Oranges.
Fruit Turnovers.
Pound Cake. Tea.

SATURDAY.

BREAKFAST

Oranges. French Toast. Syrup.
Frizzled Beef.
Cream Toast. Chips.
Milk. Coffee.

DINNER

Beefsteak Roll. Gravy.
Green Corn Pudding.
White and Sweet Potatoes.
Pickled Beans. Celery.
Frozen Peaches.
Sponge Cake. Macaroons.

SUPPER

Oyster Pie.
Pickles. Bread.
Washington Pie.
Toast. Tea.

SUNDAY.

BREAKFAST

Baked Apples. Cream.
Fish Cakes. Beefsteak.
French Fried Potatoes.
Cresses. Muffins.
Doughnuts. Coffee.

DINNER

Roast Chicken.
Stuffing. Brown Gravy.
White and Sweet Potatoes.
Macaroni and Cheese.
Mashed Turnip. Celery.
Grape Jelly. Pickled Beans.
Peach Ice Cream.
Sponge Drops. Coffee.

RECEIPT.

Apple Tapioca Pudding.

Soak 1 cup pearl tapioca three hours. Steam until transparent; add pinch of salt and spoonful Colton's vanilla, a little sugar. Pour this over five pared and cored apples, filled with sugar and lemon juice. Bake slow 1 hour. Cool slightly.

MONDAY.

BREAKFAST

Peaches. Cream.
Cold Chicken.
Chopped Potatoes in Gravy.
Soda Biscuit. Coffee.

DINNER

Picked Codfish.
Potatoes. Egg Sauce.
Sliced Beets. Stewed Carrots.
Chopped Red Cabbage.
Baked Rice Custard.
Cheese. Salted Crackers.

SUPPER

Chicken Salad.
Bread. Baker's Rolls.
Feather Cake. Ginger Preserve.
Milk. Tea.

TUESDAY.

BREAKFAST

Melon.
Lamb Chops. Mashed Potatoes.
Cucumbers. Hoe Cake.
Buns. Coffee.

DINNER

Scotch Broth. Vermicelli.
Rice Croquetts. Biscuits.
Shaved Beef.
Sweet Corn. Cold Slaw.
Steamed Apple Dumpling.
Hot Molasses Sauce.

SUPPER

Baked Omelet.
Buttered Toast. Sour Milk Griddles.
Almond Pie. Currants.
Tea. Milk.

WEDNESDAY.

BREAKFAST

Grapes.
Potted Meat. Stewed Potatoes.
Rolls.
Doughnuts. Coffee.

DINNER

Beefsteak with Onions.
Potato Puff. Shelled Beans.
Salsify. Raw Tomatoes.
Biscuits. Worcestershire.
Cornstarch Pudding.
Cranberry Pie. Cheese.

SUPPER

Escalloped Oysters.
Vienna Rolls. Lemon Jelly.
Viennois Cakes.
Tea.

THURSDAY.

BREAKFAST

Oatmeal. Cream.
Fried Salt Pork. Apples.
Bacon. Boiled Eggs. Dry Toast.
Fried Potatoes. Coffee.

DINNER

Corned Beef. Bacon.
Potatoes. Carrots. Beets.
Turnips. Cabbage. Squash.
Brown Bread. Mustard.
Fruit Tapioca.
Cream. Sugar.

SUPPER

Broiled Steak.
Fancy Fried Sweet Potatoes.
French Toast. Baked Pears.
Cookies. Tea.

FRIDAY.

BREAKFAST

Hominy and Milk.
Vegetable Hash. Beefsteak.
Raised Muffins. Toast.
Coffee.

DINNER

Baked Stuffed Bluefish.
Whipped Potatoes. Beets.
Vegetable Salad.
Mashed Turnips. Lima Beans.
Nuts. Fruit.
Cake. Egg Lemonade.

SUPPER

Sandwiches.
Baked Apples. Bread. Milk.
Ginger Puffs. Cheese.
Chocolate. Tea.

SATURDAY.

BREAKFAST

Peaches.
Clam Fritters. Omelet.
Cream Toast. Chips.
Coffee Cinnamon Cakes.

DINNER

Strained Soup. Toast.
Cold Meat. Mashed Potatoes.
Succotash. Cabbage.
French Mustard. Rolls.
Whipped Cream Pie.
Ice Cream. Salt Almonds.

SUPPER

Frizzled Beef.
Tea Loaf. Honey.
Cake Pudding. Peaches.
Milk. Tea.

SUNDAY.

BREAKFAST

Grapes. Pears.
Fried Mush. Syrup.
Fish Cakes. Broiled Liver.
Creamed Potatoes.
Graham Popovers. Coffee.

DINNER

Roast Lamb. Currant Jelly.
Quirled Potatoes. Rice Cakes.
Escalloped Tomatoes.
Squash. Cabbage Salad.
Coffee Jelly. Whipped Cream.
Almonds. Wafers.
Coffee.

RECEIPT.

Coffee Jelly.

Dissolve 1-3 box of "The American Crystallized Gelatine" in 1-2 cup of cold water; add one pint of strong coffee and a scant cup of sugar. Pour into tiny moulds. Serve with whipped cream slightly sweetened and flavored with Colton's Vanilla.

MONDAY.

BREAKFAST

Grapes.
Escallopes of Lamb and Potatoes.
French Toast. Squash Griddles.
Milk. Coffee.

DINNER

Steak. Butter Gravy.
Baked Potatoes. Turnips.
Spagetti in Stock. Tomatoes.
Cranberry Sauce.
Cracker or Bread Pudding.
Coffee.

SUPPER

Srambled Eggs. Popovers.
Cheese. Prune Sauce.
Caramel Cake.
Cocoa. Tea.

WEDNESDAY.

BREAKFAST

Bananas. Cream.
Broiled White Fish.
Fried Potatoes. Soft Toast.
Doughnuts. Cresses. Coffee.

DINNER

Chicken Stew.
Macaroni. Cream Sauce.
Sweet Potatoes. Celery Salad.
Biscuits. Cranberry Sauce.
Cauliflower. Squash Pie, Very Cold.
Quaking Pudding.

SUPPER

Smoked Herring.
Dutch Apple Cake. Bread.
Sponge Cake. Cranberry Gelatine.
Cocoa. Tea.

TUESDAY.

BREAKFAST

Wheat Germ.
Codfish Pickled. Eggs on Toast.
Potato Balls. Corn Muffins.
Milk. Coffee.

DINNER

Lamb Roast Warmed Over.
Mashed Potatoes. Spiced Currants.
Baked Sweet Potatoes.
Boiled Onions. Carrots in Cream.
Raw Tomatoes.
Orange Custard Pudding.

SUPPER

Shaved Dried Beef.
Cold Meat. Hot Tea Loaf.
Baked Apples. Cream.
Cocoanut Pie. Tea.

THURSDAY.

BREAKFAST

Hominy Flakes.
Escalloped Chicken.
Sweet Potatoes. Cream Toast.
Milk. Coffee.

DINNER

Ham. Eggs.
Potatoes. Sweet Potatoes.
Red Cabbage Chopped.
Fried Bread. Peas.
Cream Pie.
Milk Sherbet.

SUPPER

Oyster, Fancy Roast.
Bread. Celery.
Tapioca Cream.
Ginger Snaps. Bananas. Tea.

FRIDAY.

BREAKFAST

Rye Mush. Golden Syrup.
Beefsteak.
Fried Sweet Potatoes.
Soft Toast. Buns. Coffee.

DINNER

Baked Stuffed Cod.
Mashed Potatoes. Brown Gravy.
Lettuce. Stewed Tomatoes.
Mashed Turnip. Rhubarb Sauce.
Cranberry Tart. Cheese.
Baked Custard.

SUPPER

Cream Waffles.
Fish Hash. Bread.
Gingerbread. Baked Pears.
Cocoa. Tea.

SATURDAY.

BREAKFAST

Baked Apples. Oatmeal. Cream.
Fish Hash Browned in Oven.
Eggs in Glasses. Rolls.
Milk. Coffee.

DINNER

Lamb Chops.
Whipped Potatoes. Capers.
Squash. Stewed Cabbage.
Graham Popovers. Grape Jelly.
Ginger Pudding.
Rich Sauce.

SUPPER

Clams. Melted Butter.
Celery Salad. Graham Toast.
Feathercake. Apple Sauce.
Cocoa. Tea.

SUNDAY.

BREAKFAST

Apples. Plums.
Fried Indian Pudding.
Codfish Cakes. Lamb Chops.
Raw Tomatoes.
Baked Sweet Potatoes. Muffins.
Coffee.

DINNER

Roast Beef. Brown Gravy.
Potatoes. Spagetti and Cheese.
Egg Plant Fritters. Celery.
Sweet Corn. Cranberry Sauce.
Worcestershire.
Coffee Ice Cream.
Currant Cakes. Salted Peanuts.

RECEIPTS.

Caramel Frosting.

A very rich icing is made as follows: Boil two cups sugar and 2-3 cup rich milk ten minutes, add butter size of small egg and one teaspoonful pineapple extract; stir until thick and nearly cold.

Coffee Ice Cream.

A tablespoon of "The American Crystallized Gelatine" dissolved in cold water and added to the custard improves it.

MONDAY.

BREAKFAST

Oatmeal.
Croquettes. Cream Sauce.
Stewed Potatoes. Graham Rolls.
Celery. Coffee.

DINNER

Oysters in Half Shell, Steamed.
Bread and Butter Sandwiches.
Cold Meat. Rolls.
Spagetti in Cream. Sliced Beets.
Stewed Tomatoes. Sweet Potatoes.
Apple Pie. Cheese.

SUPPER

Vermicelli Soup. Cheese. Toast.
Bread. Dates and Milk.
Jumbles.
Tea.

WEDNESDAY.

BREAKFAST

Pears. Fried Oatmeal.
Pressed Corned Beef.
Creamed Potatoes. Rolls.
Milk. Coffee.

DINNER

Beef Stew with Vegetables and Dumplings.
Beet Salad. Rice Croquettes.
Biscuits.
Apple Sauce.
Orange Shortcake.

SUPPER

Hash Beef and Potatoes.
Raised Biscuit. Celery Salad.
Tomato Preserves. Bread.
Chocolate Cream Pie. Tea.

TUESDAY.

BREAKFAST

Sliced Oranges.
Thin Broiled Ham.
Toasted Sweet Potatoes. Beets.
Raised Biscuits. Coffee.

DINNER

Corned Beef Stuffed.
Steamed Potatoes. Bacon.
Cauliflower. Fried Parsnips.
Sliced Beets. Squash.
Carrots in Cream. Brown Bread.
Peach Dumpling. Cream. Sugar.

SUPPER

Broiled Smoked Salmon.
Vegetable Hash. Fresh Bread.
Stewed Pears. Nut Cake.
Tea. Milk.

THURSDAY.

BREAKFAST

Apples. Rolled Oats.
Dried Beef. Milk Gravy.
Baked Potatoes. Corn Bread.
Coffee.

DINNER

Roast Pork. Brown Gravy.
Apple and Indian Dumpling.
Browned Potatoes. Onions.
Macaroni and Cheese.
Cranberry Sauce. Tomatoes.
Grapes. Pears. Apples. Cake. Coffee.

SUPPER

Cold Meat. Buttered Toast.
French Fried Potatoes.
Frosted Pound Cake. Oranges.
Chocolate. Tea.

FRIDAY.

BREAKFAST

Melon.
Meat warmed in Gravy.
Potato Cakes. Raised Muffins.
Eggs. Coffee.

DINNER

Fried Haddock.
Boiled Patatoes. Hoe Cake.
Turnips. Canned Corn.
Pickles. Sweet Potatoes.
Apple Sauce.
Tapioca Cream. Meringue.

SUPPER

Prepared Steak.
Baked Potatoes. Biscuit.
Lady Fingers. Apple Ginger.
Milk. Tea.

SATURDAY.

BREAKFAST

Baked Pears (very cold.)
Lamb Chops.
Sweet Potatoes. Cream Toast.
Raw Tomatoes. Coffee.

DINNER

Bean Soup. Buttered Toast.
Cold Roast Pork. Whipped Potato.
Succotash. Macaroni in Stock.
Pickles. Fresh Bread. Milk.
Cracker Plum Pudding.
Hard Cold Sauce.

SUPPER

Baked Beans. Pickles.
Mustard. Brown Bread.
Prunell Sauce. Cookies.
Milk. Tea.

SUNDAY.

BREAKFAST

Mixed Oranges, Bananas.
Fish Cakes. Fried Mush.
Beefsteak.
Potatoes. Toasted Brown Bread.
Milk. Coffee.

DINNER

Roast Chicken Stuffed.
Potato Puff. Giblet Sauce.
Sweet Potatoes. Succotash
Grape Jelly. Stuffed Tomatoes.
Celery.
Biscuit. Toast.
Charlotte Russe. Jelly.
Coffee.

RECEIPT.

To Serve Oatmeal.

Fill a dish half full of oatmeal; cover with small pieces of baked apple, with skin and core removed. Serve with plenty of thick cream. Rolled Oats are very nice cooked the afternoon before, and simply heated over boiling water in the morning.

MONDAY.

BREAKFAST

Pears. Apples.
Deviled Chicken Legs.
Creamed Potatoes. Biscuit.
Eggs on Toast. Coffee.

DINNER

Sirloin or Stuffed Round Steak.
Boiled Potatoes. Pickled Beets.
Macaroni (warmed over.)
Boiled Cabbage. Turnips.
Graham Bread. Apple Balls.
Cheese. Molasses Sauce.

SUPPER

Fried Oysters. Ketchup.
Brown Bread. Lemon Jelly.
Chocolate Cake.
Milk. Tea.

TUESDAY.

BREAKFAST

Fried Rice. Syrup.
Broiled Mutton Chops.
Sweet Potatoes. Toast.
Milk. Coffee.

DINNER

Split Pea Soup. Toast.
Boiled Ham.
Sweet Potatoes. Rice and Butter.
Potato Salad. Cranberry Sauce.
Toasted Brown Bread.
Caramel Custard. Cake. Grapes.

SUPPER

Chicken Stew. Rice.
Butter Crackers. Ginger Preserves.
Sour Milk Biscuit. Cookies.
Cocoa. Tea.

WEDNESDAY.

BREAKFAST

Grapes. Mush.
Potato Balls. Fresh Pork Steak.
Brown Bread Toast. Bread.
Coffee.

DINNER

Shepherds Pie.
Rice Croquettes. Olives.
Fried Sweet Potatoes.
Canned Corn Pudding.
Chopped Cabbage. Apple Sauce.
Coffee Jelly. Whipped Cream.
Macaroons.

SUPPER

Cold Ham. Baked Omelet.
Hot Rolls.
Baked Sweet Apples. Cream
Queen Cake. Tea.

THURSDAY.

BREAKFAST

Sliced Oranges.
Fried Perch. Potatoes.
Corn Muffins. Bread.
Milk. Coffee.

DINNER

Roast Mutton, Tomato Sauce.
Potato Puff. Cold Slaw.
Steamed Squash. Celery.
Apple Sauce. Fresh Bread.
Rennet. Sponge Cake.
Nuts. Raisins. Figs.

SUPPER

Sandwiches. Pickles.
Sour Milk Griddles. Cheese.
Buns. Plums.
Milk. Tea.

FRIDAY.

BREAKFAST

Chopped Oranges and Bananas.
Beefsteak. Celery.
Creamed Potatoes. Popovers.
Milk. Coffee.

DINNER

Clam or Fish Chowder.
Butter Crackers. Grape Jelly.
Fricassee of Cold Mutton.
Baked Potatoes. Celery Salad.
Onions in Cream. Cocoa.
Apple and Lemon Tapioca.
Cream. Sugar.

SUPPER

Escalloped Oysters.
Rolls. Cranberry Gelatine.
Roll Jelly Cake.
Milk. Tea.

SATURDAY.

BREAKFAST

Peaches. Plums.
Broiled Salt Mackerel.
Baked Potatoes. Toast.
Coffee. Milk.

DINNER

Veal Cutlets.
Whipped Potatoes. Succotash.
Boiled Cabbage. Tomatoes.
Toast. Chocolate.
Delmonico Pudding.

SUPPER

Honey Comb Tripe.
Toasted Potatoes. Fresh Bread.
Crabapples. Feather Cake.
Milk. Tea.

SUNDAY.

BREAKFAST

Baked Apples.
Fish Cakes. Fried Mush.
Broiled Chicken.
Browned Sweet Potatoes.
Muffins. Celery.
Coffee.

DINNER

Oyster Stew. Crackers.
Pickles. Celery.
Cold Tongue.
Baked Sweet Potatoes.
Cold Slaw. Succotash.
Mashed Turnips.
Rolls. Mixed Pickles.
Peaches in Jelly.
White Cake. Custard.
Coffee.

RECEIPTS.

Sour Milk Griddles.

1 1-2 cups sour milk,
1 even teaspoon soda,
1 salt spoon of salt,
1 egg well beaten.
Flour for thin batter. Grease griddle with cube of salt-pork.

MONDAY.

BREAKFAST

Grapes. Oatmeal.
Slices of Tongue Broiled.
Eggs. Sweet Potatoes.
Steamed Bread. Coffee.

DINNER

Mutton Cutlets or
Dried Beef in Cream.
Baked Potatoes. Squash.
Pickled Beans. Currant Jelly.
Hoe Cake. Bread.
Jelly Cake Pudding.

SUPPER

Cold Tongue. Salad Dressing.
Chips. Raised Biscuit. Graham Bread.
Cake. Bananas. Cream.
Cocoa. Tea.

TUESDAY.

BREAKFAST

Apples. Fricassee of Chicken.
Biscuits. Celery.
French Fried Potatoes.
Milk. Coffee.

DINNER

Beefsteak. Walnut Catsup.
Potatoes. Mashed Turnips.
Pickled Beets. Celery.
Cranberry Sauce.
Graham Toast.
Sago Pudding.

SUPPER

Potted Tongue and Ham.
Coffee Rolls. Pickled Beans.
Wafers. Honey.
Milk. Tea.

WEDNESDAY.

BREAKFAST

Wheat Griddles.
Beefsteak. Beef Hash.
Raised Biscuit.
Milk. Coffee.

DINNER

Roast Pork.
Potatoes. Sweet Potatoes.
Rice Croquettes.
Celery Salad. Apple Sauce.
English Plum Pudding.
Hard Sauce.

SUPPER

Chicken Salad.
Baker's Rolls. Bread.
Spice Cake. Prunell Sauce.
Cocoa. Tea.

THURSDAY.

BREAKFAST

Hominy. Peaches.
Baked Corned Beef Hash.
Codfish in Cream on Toast.
Pickled Beans. Doughnuts. Coffee.

DINNER

Strained Vegetable Soup.
Cold Meat.
Mashed Potatoes. Gravy.
Brown Bread Brewis.
Cranberry Sauce. String Beans.
Sweet Potato Pie.

SUPPER

Sardines. Lemons.
Biscuits. Honey.
Fruit Cake. Stewed Pears.
Tea.

FRIDAY.

BREAKFAST

Sliced Oranges.
Broiled Beef Liver.
Stewed Potatoes. Cream Toast.
Graham Popovers. Coffee.

DINNER

Boiled White Fish.
Baked Sweet Potatoes.
Egg Sauce. Apple Sauce.
Mixed Vegetable Salad.
Fresh Bread. Milk.
Ambrosia. Cake. Cocoa.

SUPPER

Broiled Bacon. Baked Potatoes.
Scrambled Eggs.
Dry Toast. Cake.
Milk. Tea.

SATURDAY.

BREAKFAST

Grapes.
Bacon. Eggs Boiled.
Toasted Potatoes.
Sippets. Coffee.

DINNER

Pork Chops.
Fried Apples. Fried Bread.
French Fried Potatoes.
Squash. Celery.
Brown Bread.
Baked Lemon Pudding.

SUPPER

Fish and Celery Salad.
Vienna Rolls. Bread.
Cornstarch Cake. Grape Sauce.
Milk. Tea.

SUNDAY.

BREAKFAST

Apples. Malaga Grapes.
Fried Pudding. Syrup.
Fish Balls. Broiled Ham.
Rye Muffins. Stewed Potatoes.
Milk. Coffee.

DINNER

Roast Beef. Yorkshire Pudding.
Macaroni and Cheese. Squash.
Celery Salad. Mashed Potatoes.
Brown Gravy. Cranberry Sauce.
Fresh Graham Bread.
Snow Pudding. Custard.
Cake. Macaroons.

RECEIPT.

A nice dessert for an emergency is to cut plain cake in thin slices, lay in glass dish, cover with chopped oranges and bananas, pile high with sweetened whipped cream or omit the cream, sprinkling the fruit with cocoanut soaked in milk, and serve with coffee or chocolate.

MONDAY.

BREAKFAST

Grapes. Graham Griddles.
Slices of Beef Broiled.
Fried Potatoes. Cream Toast
Milk. Coffee.

DINNER

Raw Oysters. Lemons.
Graham Sandwiches.
Cold Roast Beef.
Whipped Potatoes. Beet Salad.
Succotash. Celery.
Sponge Roly Poly. Fruit Sauce.

SUPPER

Smoked Halibut.
Cracker Cream Toast. Bread.
Poverty Cake. Strawberries.
Milk. Tea.

TUESDAY.

BREAKFAST

Hominy Flakes.
Fried Smelt.
Toasted Potatoes. Fresh Bread.
Cinnamon Cakes. Coffee.

DINNER

Pork Steak. Mashed Potatoes.
Celery Salad. Squash.
Snowy Rice. Hoe Cake.
Apple Sauce. Rolls.
Pumpkin Pie. Cheese.
Mince Pie.

SUPPER

Potted Meat.
Raised Biscuit. Chips.
Bride's Cake. Peaches.
Cocoa. Tea.

WEDNESDAY.

BREAKFAST

Baked Apples. Milk.
Tenderloins of Steak.
French Fried Potatoes. Fried Hominy.
Toast. Coffee.

DINNER

Breaded Mutton Chops.
Potato Puff. Carrots.
Pickled Onions. Cranberry Sauce.
Escalloped Tomatoes.
Peach Tapioca.
Cream. Sugar.

SUPPER

Oyster Stew. Toast.
Crackers. Celery. Pickles.
Dutch Apple Cake.
Tea.

THURSDAY.

BREAKFAST

White Grapes.
Dried Beef in Cream.
Fried Potatoes. Soft Toast.
Doughnuts. Coffee.

DINNER

Sausages.
Mashed Potatoes. Vermicelli.
Boiled Cabbage. Mustard Sauce.
Apple Sauce.
Entire White Bread. Suet Pudding.
Lemon Sauce.

SUPPER

Tomato Soup. Toast.
Popovers. Cheese.
Hot Molasses Gingerbread.
Milk. Tea.

FRIDAY.

BREAKFAST

Oatmeal. Cream.
Broiled Liver. Bacon.
Stewed Potatoes.
Spanish Radishes. Rolls.
Milk. Coffee.

DINNER

Boiled Codfish. Pork Fried.
Potatoes. Egg Sauce. Beets.
Carrots. Coddled Apples.
Baker's Toast. Cocoa.
Bread Pudding.

SUPPER

Waffles. Hot Cream.
Hash. Bread.
Baked Sweet Apples. Cream.
Seed Cookies. Tea.

SATURDAY.

BREAKFAST

Oranges.
Pork Steak. Apple Fritters.
Potato Cakes. Cream Toast.
Coffee.

DINNER

Broiled Ham. Poached Eggs.
Potatoes. Sweet Potatoes.
Toasted Brown Bread.
Corn. Beet Salad.
Spanish Cream. Lady Fingers.
Peach Jam. Coffee.

SUPPER

Baked Beans. Biscuit.
Potato Salad.
Delicate Cake. Apricots.
Milk. Tea.

SUNDAY.

BREAKFAST

Bananas. Pears.
Fried Corn Mush. Syrup.
Fish Cakes. Mutton Chops.
Potato Balls.
Pickles. Water Toast. Coffee.

DINNER

Roast Chicken Stuffed.
Potato Puff. Brown Gravy.
Celery. Green Grape Jelly.
Mashed Turnips. Tomato Fritters.
Coffee. Bavarian Cream.
Cake. Almonds.

RECEIPT.

String Beans.

String Beans can be well and easily preserved for winter use by packing them in stone jars after simply wiping them clean and leaving the little stem on; put a layer in jar, cover entirely with coarse salt, then more beans and salt. When wanted for use soak two days and then boil.

MONDAY.

BREAKFAST

Apples. Deviled Chicken's Legs.
Frizzled Beef. Corn Muffins.
Fried Sweet Potatoes.
Milk. Coffee.

DINNER

Beefsteak. Tomato Sauce.
Boiled Rice. Mashed Potatoes.
String Beans. Pickled Beets.
Salsify Fritters. Rhubarb Sauce.
Baked Indian Pudding.
Feather Pudding. Clove Sauce.

SUPPER

Cold Fowl.
Saratoga Potatoes.
Twin Rolls. Bartlet Pears.
Gold Cake. Tea.

TUESDAY.

BREAKFAST

Wheat Germ. Beefsteak.
Browned Potatoes. Fried Rice.
Cream Toast. Bread.
Milk. Coffee.

DINNER

White Soup. Rice. Crackers.
Fried Salt Pork and Apples.
Chips. String Beans Boiled.
Parsnips. Graham Bread.
Squash Pie. Lemon Tarts.
Cheese.

SUPPER

Stuffed Eggs.
Buttered Toast. Olives.
Orange Shortcake.
Milk. Tea.

WEDNESDAY.

BREAKFAST

Corn Mush. Buckwheats.
Eggs poached in Tomatoes.
Cream Toast. Baked Tomatoes.
Milk. Tea.

DINNER

Split Pea Soup. Toast.
Dried Beef. Milk Gravy.
Parsnip Fritters. Radishes.
Toast. Coffee.
Hot Apple Pie. Mince Pie.
Cheese.

SUPPER

Fried Small Fish.
Raised Biscuit. Chowchow.
Silver Cake. Quinces.
Milk. Tea.

THURSDAY.

BREAKFAST

Pears. Apples.
Baked Rice and Sausages.
Warmed Potatoes. Graham Toast.
Eggs. Coffee.

DINNER

Corned Beef. Bacon.
Potatoes. Beets in Vinegar.
Carrots. Fried Parsnips.
Turnips. Cabbage.
Farina Pudding.
Cream. Sugar.

SUPPER

Cold Meat.
Tea Loaf. Apple Sauce.
Cake with Chocolate Custard.
Cold Milk. Tea.

FRIDAY.

BREAKFAST

Buckwheats. Syrup.
Vegetable Hash.
Fried Potatoes. Broiled Ham.
Soft Toast. Coffee.

DINNER

Boiled Bass White Sauce.
Lyonaise Potatoes. Pickles.
Escalloped Corn and Tomatoes.
Salsify.
Cranberry Sauce.
Fruit Fritters. Syrup.

SUPPER

Fried Oysters. Tomato Ketchup.
Bread and Butter Sandwiches.
Cabbage Salad. Jam.
Mixed Cake. Tea.

SATURDAY.

BREAKFAST

Baked Oatmeal Mush.
Escalloped Fish.
Biscuits. Chips.
Milk. Coffee.

DINNER

Oyster Soup. Crackers.
Celery. Chopped Pickles.
Corn Beef Hash.
Rolls. Olives. Lima Beans.
Celery Salad. Squash.
Blueberry Pie. Cheese.

SUPPER

Cheese Omelet. Flour Popovers.
Sliced Bananas. Macaroons.
Tapioca Pudding.
Tea. Cocoa.

SUNDAY.

BREAKFAST

Baked Sour Apples.
Fried Oatmeal. Hominy.
Codfish Hash. Beefsteak.
Creamed Potatoes.
Raised Sally Lunn. Coffee.

DINNER

Roast Pork, Brown Gravy.
Potatoes roasted in Drippings.
Macaroni and Cheese. Apple Sauce.
Turnips. Cold Slaw. Bread.
Indian Dumplings.
Mixed Fruit in Jelly. Cake.
Coffee.

RECEIPT.

Apple and Indian Dumplings.

Extra nice with roast pork. Serve hot. Core three tart apples; cut into eighths, leaving the skins on. Pour over them 1 1-2 cups indian meal, scalded and mixed with one teaspoonful of salt and a fourth of a cup of molasses, and 1-2 teaspoonful of soda. Add warm water for thin batter. Pour into a greased pail; boil in a kettle of constantly boiling water, three hours.

MONDAY.

BREAKFAST

Sliced Oranges.
Meat warmed in Gravy.
Toasted Potatoes. Rolls.
Doughnuts. Coffee.

DINNER

Baked Sausage.
Cheese and Rice Croquettes.
Potatoes. Sweet Potatoes.
Cabbage. Apple Sauce.
Indian Cake. Rennet.
Wafers. Ginger Snaps.

SUPPER

Frizzled Beef.
Baked Potatoes. Crisp Toast.
Ice Cream Cake. Cherries.
Milk. Tea.

TUESDAY.

BREAKFAST

Apples. Rolled Oats.
Fricassee of Chicken on Toast.
Fancy Fried Potatoes. Biscuit.
Milk. Coffee.

DINNER

Cold Meat.
Macaroni and Cheese. Rolls.
Cranberry Sauce. Brown Gravy.
Boiled Potatoes. Cabbage.
Dried Apple and Lemon Pie.
Cream. Cheese.

SUPPER

Broiled Sardines on Toast.
Bread. Lemons. Crackers.
Cookies. Baked Pears.
Shells. Tea.

WEDNESDAY.

BREAKFAST

Buckwheats. Syrup.
Picked Salt Fish in Cream.
Baked Potatoes. Corn Muffins.
Milk. Coffee. Eggs.

DINNER

Beef Stew with Vegetables.
Dumplings. Biscuit.
Olives. Celery Salad.
Cocoa.
Baked Rice Pudding. Cream. Sugar.
Mince Pie. Cheese.

SUPPER

Chicken Salad.
Twin Biscuit. Wafers.
Grape Marmalade.
Chocolate. Tea.

THURSDAY.

BREAKFAST

Oatmeal with Baked Apples.
Bacon. Eggs on Toast.
Chips. Bread. Scotch Marmalade.
Milk. Coffee.

DINNER

Duck. Green Grape Jelly.
Mashed Potato. Celery. Peas.
Cabbage Salad. Vegetable Fritters.
Sour Milk Bread. Pickles.
Cornstarch Pudding.
Fruit.

SUPPER

Escalloped Oysters.
Rolls. Cranberry Gelatine.
Cream Cakes.
Milk. Tea.

FRIDAY.

BREAKFAST

Hominy.
Cold Duck or Hashed Duck.
Potatoes in Cream.
Buttered Toast. Coffee.

DINNER

Baked Pickerel.
Mashed Potatoes. Brown Bread.
Cold Slaw. Fried Sweet Potatoes.
Lima Beans in Cream.
Steamed Custard.
Figs. Prunells. Wafers.

SUPPER

Beef Broth. Crackers.
Waffles. Cream or Honey.
Cake, Chocolate Icing.
Milk. Tea.

SATURDAY.

BREAKFAST

Sliced Oranges.
Broiled Lamb Chops.
Mashed Potatoes. Soft Toast.
Brown Bread. Coffee.

DINNER

Beefsteak Roll.
Dressing. Brown Gravy.
Quirled Potatoes. Onions.
Pickled Beets. Salsify Fritters.
Steamed Squash.
Fig Pudding. Plain Sauce.

SUPPER

Broiled Liver. Toasted Potatoes.
Raised Biscuit. Pickles.
Sponge Cake. Plums.
Tea. Milk.

SUNDAY.

BREAKFAST

Sliced Oranges.
Fish Cakes. Fried Mush.
Oyster Roast on Toast.
Crackers. Muffins.
Eggs. Coffee.

DINNER

White Soup.
Celery. Crackers.
Cold Tongue or Ham.
French Fried Potatoes. Mustard.
Cranberry Sauce.
Succotash. Squash.
Hot Rolls. Olives.
Glazed Fruit. Viennois Cakes.
Coffee.

MONDAY.

BREAKFAST

Wheat Germ Mush.
Turkey Croquettes. Cream Sauce.
Celery. Fried Potatoes.
Breakfast Rolls. Coffee.

DINNER

Broiled Mutton Chops.
Veal Steak. Lyonaise Potatoes.
Baked Rice, Tomatoes and Cheese.
Currant Jelly. Stewed Celery.
Apple Balls. Cheese.
Hot Spiced Molasses Sauce.

SUPPER

Sandwiches.
Cracker Cream Toast. Pears.
Sugar Gingerbread.
Milk. Tea.

TUESDAY.

BREAKFAST

Grapes. Hominy.
Ham Hash.
Soft Boiled Eggs. Cream Toast.
Doughnuts. Coffee.

DINNER

Roast Beef.
Graham Bread. Potatoes.
Tomatoes with Crumbs.
Rice Cakes. Cold Slaw.
Worcestershire. Gravy.
Blanc Mange. Cream. Sugar.

SUPPER

Cold Roast Beef.
Parker House Rolls. Pickles.
Plain Cake. Peaches.
Milk. Tea.

WEDNESDAY.

BREAKFAST

Flour Griddles.
Cold Meat. Baker's Toast.
Potatoes warmed in Gravy.
Radishes. Coffee. Milk.

DINNER

Pork Chops.
Mashed Potatoes. Turnips.
Tomato Fritters. Pickles.
Cranberry Sauce.
Toast. Coffee.
Apple Tapioca, Cream. Sugar.

SUPPER

Shaved Beef.
Popovers. Cheese.
Bread. Whipped Cream Pie.
Cocoa. Tea.

THURSDAY.

BREAKFAST

Pearled Wheat Mush.
Hash. Broiled Ham.
Toast. Buns.
Milk. Coffee.

DINNER

Tomato Soup. Squares of Toast.
Fricasse of Beef.
Cauliflower Pickle. Potatoes.
Creamed Squash. Celery. Macaroni.
Apple Sauce. Mince Pie.
Plum Pudding. Hard Sauce.

SUPPER

Broiled Tripe.
Biscuit. Fried Potatoes.
Date Cake. Strawberry Preserve.
Milk. Tea.

FRIDAY.

BREAKFAST

Oranges. Pork Steak.
Creamed Potatoes. Muffins.
Apple Fritters. Squash Griddles.
Coffee. Milk.

DINNER

Fish Chowder. Crackers.
Tripe Fried in Batter. Steak.
Boiled Potatoes. Baked Onions.
Chopped Cabbage. Succotash.
Bread. Toast.
Cottage Puffs. Foamy Sauce. Coffee.

SUPPER

Egg Nests.
Biscuits. Greengages.
Sponge Cake, Almond Frosting.
Cocoa. Tea.

SATURDAY.

BREAKFAST

Beefsteak.
Raised Biscuit. Potatoes.
Graham Griddles.
Coffee.

DINNER

Sausages.
Potatoes in Half Shell.
Savory Rice. Celery Salad.
Cranberry Sauce. Hoe Cake.
Milk. Pumpkin Pie.
Cake. Pudding.

SUPPER

Minced Meat on Toast.
Bread. Olives.
Cocoanut Pie. Berry Sauce.
Milk. Tea.

SUNDAY.

BREAKFAST

Orange Juice. Bananas.
Fried Hominy. Golden Syrup.
Fish Cakes. Baked Beans.
Brown Bread. Cream Toast.
Doughnuts. Coffee.

DINNER

Boiled Mutton. Nasturtium Sauce.
Mashed Potatoes. Savory Rice.
Corn Fritters. Fried Squash.
Dinner Apple Sauce.
Celery.
Peaches in Jelly.
Whipped Cream. Cake.
Coffee.

RECEIPT.

Foundation Cake.

Good to use as plain, coffee, ribbon, marble, clove or orange cake, using the following receipt as foundation:

1-2 cup butter.
1 cup sugar,
2 eggs, beating whites separately,
1-2 cup milk,
2 scant cups flour,
1 1-2 round teaspoons Baking Powder.
1 teaspoon Colton's vanilla.

MONDAY.

BREAKFAST

Oranges.
Minced Meat on Toast.
Poached Eggs. Fried Potatoes.
Raised Muffins. Coffee.

DINNER

Cold Roast Pork.
Brown Gravy. Turnips. Potatoes.
Onions. Vermicelli. Celery.
Cranberry Sauce.
Vienna Rolls. Bread.
Cheese. Coffee. Doughnuts.

SUPPER

Split Pea Soup.
Toast. Crackers.
Cream Walnut Pie.
Milk. Tea.

TUESDAY.

BREAKFAST

Cracked Wheat.
Cold Roast Meat.
Potatoes in Gravy. Toast.
Milk. Coffee.

DINNER

Mutton Pie.
French Fried Potatoes.
Biscuit. Stewed Celery.
Apple Sauce. Cold Slaw.
Baked Tapioca.
Cream. Sugar.

SUPPER

Cold Roast Pork.
Bread. Water Toast.
Dates and Milk. Cookies.
Tea.

WEDNESDAY.

BREAKFAST

Oatmeal. Coddled Apples.
Salt Pork. Chips.
Scrambled Eggs.
Toast. Coffee.

DINNER

Hamburgh Steak.
Potato Snow. String Beans.
Baked Cabbage.
Rice. Rhubarb Sauce.
Mixed Pickles. Rolls.
Charlotte Russe. Coffee.

SUPPER

Fish Chowder.
Toast. Crackers.
Evaporated Peach Sauce.
Layer Cake. Cocoa. Tea.

THURSDAY.

BREAKFAST

Bananas. Prepared Steak.
Lyonaise Potatoes. Rice Puffs.
Eggs in Glasses. Coffee.

THANKSGIVING DINNER

Oyster Soup. Crackers.
Olives. Chicken Pie. Pickles.
Roast Stuffed Turkey.
Giblet Sauce. Potato Snow.
Celery. Strained Cranberry Sauce.
Mashed Turnip. Baked Onions.
Spagetti and Cheese Cakes.
Plum Pudding. Hard Sauce.
Mince, Squash, Apple Pies.
Almonds. Fruit. Candy.

LUNCH

Sandwiches. Ice Cream. Cake.

FRIDAY.

BREAKFAST

Apples. Buckwheats, Syrup.
Grated Ham Omelet.
Sally Lunn. Fried Potatoes.
Milk. Coffee.

DINNER

Consommé. Crackers.
Cold Breast of Turkey.
Chips. Mashed Turnip.
Celery Salad. Hot Rolls.
Glazed Fruit. Viennois Cakes.
Coffee.

SUPPER

Salad.
Cream Biscuit. Ginger.
Orange Cream Pie.
Milk. Tea.

SATURDAY.

BREAKFAST

Grapes. Apples.
Sausages.
Potato Balls. Biscuit.
Olives. Water Waffles. Coffee.

DINNER

Turkey Soup. Crackers.
Cold Ham. Chips.
Succotash. Pickled Cucumbers.
Squash. Apple Sauce.
Toast. Celery.
Pies. Cheese. Glazed Fruit.

SUPPER

Cold Turkey. Pickles.
Buttered Toast. Rolls.
Chips. Celery Salad.
Marble Cake. Tea.

SUNDAY.

BREAKFAST

Chopped Oranges, Lemon Juice.
Fried Pudding. Syrup.
Fish Balls. Frozen Beef Shaved.
Creamed Potatoes.
Flour Muffins. Coffee.

DINNER

Roast Stuffed Ham.
Boiled Potatoes. Onions.
Sweet Potatoes.
Cabbage. Mustard. Turnips.
Pickles. Spiced Currants.
Baked Apple Cream.
Cake. Salted Almonds.

RECEIPT.

Baked Apple Cream.

Bake seven large sweet apples, remove the core and skins and sift cool. Add one tablespoonful lemon juice and one quart rich cream and one cup of sugar; more if desired; then mix thoroughly and freeze.

MONDAY.

BREAKFAST

Rye Mush. Molasses.
Fresh Codfish Cutlets.
Lyonaise Potatoes. Bread.
Brown Bread Toast and Cream.
Milk. Coffee.

DINNER

Breaded Mutton Chops.
Grape Jelly. Tomato Sauce.
Potato Puff. Rice.
Corn. Dinner Apple Sauce.
Mince Pie. Cheese.
Queen of Puddings.

SUPPER

Cold Meat.
Tea Loaf. Toasted Potatoes.
Cookies. Preserved Ginger.
Cocoa with Whipped Cream.

TUESDAY.

BREAKFAST

Grapes. Rice Waffles.
Ham Omelet.
Creamed Potatoes. Soft Toast.
Milk. Coffee.

DINNER

Bean Soup. Toast.
Cold Roast Ham.
Saratoga Potatoes. Succotash.
Pickled Red Cabbage. Squash.
Apple Sauce. Rolls.
English Plum Pudding.

SUPPER

Oysters Panned in Their Liquor.
Delicate Toast. Fresh Bread.
Almond Cake. Plums.
Milk. Tea.

WEDNESDAY.

BREAKFAST

Apples. French Toast.
Porter House Steak.
Chips. Raised Muffins.
Milk. Coffee.

DINNER

Chicken Stew.
Dumplings. Toast.
French Fried Potatoes.
Rice Croquettes. Celery.
Olives. Cranberry Sauce.
Squash Pie. Nuts. Raisins. Figs.

SUPPER

Baked Eggs.
Biscuits. Toasted Cheese.
Baked Apples and Cream.
Gingersnaps. Milk. Tea.

THURSDAY.

BREAKFAST

Hominy. Milk.
Sausages. Mustard.
Baked Potatoes. Water Toast.
Coffee. Cocoa.

DINNER

Hamburgh Steak.
Potatoes. Brown Gravy.
String Beans. Salsify Fritters.
Onions. Pickled Beets.
Evaporated Peach Pie.
Alpine Pudding.

SUPPER

Chicken Croquettes. Buttered Toast.
Olives. Canned Raspberries.
Scotch Currant Buns.
Cocoa. Tea.

FRIDAY.

BREAKFAST

Prunells.
Fried Salt Pork. Eggs.
Fried Potatoes. Apple Fritters.
Soft Toast. Doughnuts. Coffee.

DINNER

Boiled Haddock.
Cream Sauce. Potato Border.
Beet Salad. Stewed Carrots.
Corn. Rye Bread.
Chocolate Custard on Cake.
Coffee.

SUPPER

Fish and Celery Salad.
Cold Bread. Biscuit.
Honey. Drop Cakes.
Chocolate. Tea.

SATURDAY.

BREAKFAST

Baked Sour Apples.
Escalloped Fish.
Fried Potatoes. Pickles.
Squash Griddles. Toast. Coffee.

DINNER

Pork Steak.
Mashed Potatoes. Vermicelli.
Mashed Turnips. Chow Chow.
Indian Dumplings. Rolls.
Cranberry Sauce.
Cream. Sugar. Rice and Raisins.

SUPPER

Deviled Ham.
Biscuits. Pickles.
Washington Pie.
Tea.

SUNDAY.

BREAKFAST

Baked Sweet Apples. Cream.
Fried Indian Pudding. Syrup.
Fish Balls. Dried Beef in Cream.
Potatoes Fried in Butter.
Toast. Coffee.

DINNER

Roast Stuffed Turkey.
Giblet Sauce. Potato Puff.
Corn. Mashed Turnip. Celery.
Cauliflower. Tomatoes.
Cranberry Sauce.
Snow Pudding. Golden Custard.
Macaroons. Sponge Drops.

RECEIPTS.

Winter Vegetable Salad.

Three potatoes cut in tiny cubes, 1-2 cup chopped raw cabbage, 1-2 cup chopped celery, 1 pickle, 1 hard boiled egg chopped.

2 yolks, 1 saltspoon mustard, 8 large spoons vinegar, butter size of egg. Cook over water 'til creamy.

MONDAY.

BREAKFAST

Grapes. Baked Oatmeal.
Hashed Turkey in Gravy.
Browned Potatoes. Celery.
Soft Toast. Coffee.

DINNER

Baked Sausages.
Mashed Potato. Spagetti.
Mustard. Apple Sauce.
Mashed Turnips. Cabbage Salad.
Custard Pie. Pumpkin Pie.
Cheese.

SUPPER

Salad. Deviled Turkey Legs.
Twin Biscuit. Blackberry Jam.
Mixed Cake.
Milk. Tea.

TUESDAY.

BREAKFAST

Oranges. Cracked Wheat.
Broiled Tripe.
Eggs on Toast. Fried Potatoes.
Milk. Coffee.

DINNER

Oyster Bisque. Crackers.
Cold Turkey.
Saratoga Potatoes.
Celery Salad. Squash.
Cranberry Sauce. Rolls.
Currant Pudding.

SUPPER

Bacon. Scrambled Eggs.
Baked Potatoes. Toast.
Steamed Apples. Cream.
Chocolate Cake. Tea.

WEDNESDAY.

BREAKFAST

Graham Mush.
Beefsteak. Celery.
Creamed Potatoes.
Yeast Muffins. Coffee.

DINNER

Turkey Soup. Toast.
Cold Boiled Tongue. Potato Balls.
Cream Sauce. Tomato Preserves.
Succotash. Mixed Pickles. Rolls.
Orange Pudding.
Fruit Cake. Chocolate.

SUPPER

Sandwiches. Olives. Waffles. Syrup.
Small Cakes split, filled with
Bananas and Whipped Cream.
Tea.

THURSDAY.

BREAKFAST

Oranges. Graham Griddles.
Browned Tongue Hash.
Cream Toast. Pickled Beans.
Milk. Coffee.

DINNER

Roast Beef. Worcestershire.
Yorkshire Pudding. Gravy.
Macaroni and Cheese.
Potatoes. Celery. Cold Slaw.
Rhubarb Sauce. Cornstarch Pudding.
Cream. Sugar.

SUPPER

Cold Tongue. Lemon Jelly.
Raised Biscuit. Chips.
Sponge Cake. Peaches.
Tea. Cocoa.

FRIDAY.

BREAKFAST

Rolled Oats. Baked Apples.
Mock Sausages.
Duchess Potatoes. Popovers.
Milk. Coffee.

DINNER

Broiled Halibut. Butter.
Potatoes. Dressed Celery.
Stewed Tomatoes.
Milk Bread. Apple Sauce.
Peach Tapioca.
Whipped Cream. Wafers.

SUPPER

Oyster Macaroni.
Cold Bread. Cold Stew.
Plain Cake. Cherries.
Milk. Tea.

SATURDAY.

BREAKFAST

Corn Mush. Cream.
Broiled Ham. Eggs.
Creamed Potatoes. Buns.
Toast. Coffee.

DINNER

Beef a-la-Mode.
Small Onions Stewed. Potatoes.
Boiled Cabbage. Mashed Turnip.
Tomato Fritters. Baked Pears.
Steamed Roly Poly.
Fruit Sauce.

SUPPER

Milk Toast.
Smoked Salmon. Bread.
Citron Cake. Pear Sauce.
Tea. Cocoa.

SUNDAY.

BREAKFAST

Roasted Apples.
Fried Pudding. Syrup.
Fish Cakes. Cold Beef a-la-Mode.
Stewed Potatoes. Pickles.
Coffee. Graham Rolls.

DINNER

Roast Pork.
Roasted Potatoes. Brown Gravy.
Savory Croquettes. Boiled Onions.
Cranberry Sauce. Celery.
Stewed Carrots.
Hot Apple Pie. Cream. Cheese.
Nuts. Confectionery.

RECEIPT.

Soft Gingerbread.

1 cup molasses,
1 teaspoon soda,
1 teaspoon ginger,
1 teaspoon cinnamon,
1-2 spoonful salt,
1-2 cup softened drippings,
1 cup milk,
3 1-4 cups flour.

MONDAY.

BREAKFAST

Grapes. Hominy Griddles.
Cold Roast Pork.
Potatoes Warmed in Gravy.
Cream Toast. Coffee.

DINNER

Shepherds' Pie.
Boiled Potatoes. Coddled Apples.
Celery. Succotash. Pickles.
Hominy Croquettes
Tapioca Cream, Meringue.
Bananas. Cake.

SUPPER

Cold Meat.
Cream Biscuit. Strawberries.
Cream Walnut Cake.
Milk. Tea.

TUESDAY.

BREAKFAST

White Corn Mush.
Broiled Bacon, Beef Liver.
Creamed Potatoes. Muffins.
Milk. Coffee.

DINNER

Slices of Roast Pork in Gravy.
Baked White and Sweet Potatoes.
Fried Parsnips. Corn.
Cranberry Sauce.
Crescent Rolls. Olives.
Steamed Custard. Fruit.

SUPPER

Broiled Smelts.
Fried Potatoes. Cold Bread.
Angel Cake. (Canned) Pineapple.
Cocoa. Tea.

WEDNESDAY.

BREAKFAST

Oatmeal. Apples.
Frizzled Beef.
Fancy Fried Potatoes.
Soda Biscuits. Pickled Beets. Coffee.

DINNER

Beefsteak.
Mushrooms. Mashed Potatoes.
Vermicelli and Tomatoes.
Corn Pudding. Turnips.
Vegetable Salad.
Baked Indian Pudding. Cream. Butter.

SUPPER

Oyster Fancy Roast.
Waffles. Honey.
Pound Cake. Barberries.
Milk. Tea.

THURSDAY.

BREAKFAST

Oranges. Gramla.
Sausages. Mustard.
Potato Snow. Corn Muffins.
Doughnuts. Coffee.

DINNER

Boiled Corned Beef. Bacon.
Potatoes. Cabbage. Parsnips.
Beet Salad. Turnips.
Brown Bread. Apple Sauce.
Mince Pie. Cheese.
Rennet. Cookies.

SUPPER

Broiled Steak. Potatoes.
Vienna Rolls. Plums.
Cake Pudding.
Milk. Tea.

FRIDAY.

BREAKFAST

Buckwheats.
Hash. Butter Gravy.
Eggs in Glasses. Rolls.
Milk. Coffee.

DINNER

Baked Salt Mackerel in Cream.
Saratoga Potatoes. Hoe Cake.
Succotash. Cauliflower.
Pickles. Coddled Apples.
Fruit Blanc Mange.
Cream. Sugar.

SUPPER

Cold Pressed Meat.
Baked Potatoes. Toast.
Quince Preserves. Drop Cakes.
Cocoa. Tea.

SATURDAY.

BREAKFAST

Wheat Germ Mush.
Beefsteak. Fish Hash.
Chips. Water Toast.
Buns. Coffee

DINNER

Julienne Soup. Crackers.
Baked Corned Beef Hash.
Bacon. Hot Rolls.
Squash.
Mixed Pickles.
Bread Pudding.

SUPPER

Baked Beans. Togus Loaf.
Potato Salad. Bread.
Cake. Prunes.
Milk. Tea.

SUNDAY.

BREAKFAST

Sliced Oranges.
Fried Corn Mush. Honey.
Fish Balls. Beefsteak.
Creamed Potatoes.
Breakfast Rolls. Coffee.

DINNER

Roast Mutton. Currant Jelly.
Caper Sauce. Tomato Ketchup.
Celery. French Peas. Onions.
Spagetti and Cheese.
Cold Slaw.
Rhubarb Sauce.
Fruit Charlotte Jelly.
Whipped Cream. Cake.
Coffee.

RECEIPTS.

Baked Indian Pudding.

Heat 1 pint of new milk, into it sift and scald 3 tablespoons Indian meal and one of flour; then add 1 spoonful ginger and one of cinnamon, 1-2 cup molasses, 2 beaten eggs and 1 pint cold milk and a little salt. Bake 2 hours.

MONDAY.

BREAKFAST

Sliced Oranges.
Broiled Slices of Mutton.
Stewed Potatoes. Corn Cake.
Buns. Coffee.

DINNER

Brunswick Stew.
Dumplings. Macaroni.
Stewed Tomatoes. Celery.
Stuffed Green Olives.
Prune Pudding.
Orange Shortcake.

SUPPER

Sardines. Lemons.
Soda Biscuits. Honey.
Cocoanut Cookies.
Milk. Tea.

TUESDAY.

BREAKFAST

Grapes. Buckwheats. Syrup.
Broiled Fresh Fish.
Lyonaise Potatoes. Muffins in Rings.
Milk. Coffee.

DINNER

Pork Chops. Fried Apples.
Mashed Potatoes. Brown Bread.
Creamed Squash.
Celery.
Cranberry Pie. Cheese.
Sago Pudding.

SUPPER

Sardine Canapees.
Mutton Broth. Crackers.
Hot Gingerbread. Cheese.
Milk. Tea.

WEDNESDAY.

BREAKFAST

Baked Apples. Cream.
Codfish. Milk Gravy.
Eggs. Squash. Biscuit.
Baked Potatoes. Coffee.

DINNER

Smothered Beef or Pot Roast.
Potatoes. White Gravy.
Parsnips. Cucumber Pickle.
Canned Asparagus on Toast.
Bavarian Cream.
Cake. Coffee.

SUPPER

Oysters and Bacon on Toast.
Soda Crackers. Bread.
Rice Custard and Plums.
Milk. Tea.

THURSDAY.

BREAKFAST

Malaga Grapes. Rolled Oats.
Hamburgh Steak.
Creamed Potatoes. Celery.
Cream Toast. Biscuits.
Doughnuts. Coffee.

CHRISTMAS DINNER

Bouillon. Toast in Squares.
Raw Oysters in Block of Ice.
Lemons. Graham Sandwiches.
Roast Goose. Whipped Potatoes.
Olives. Baked Onions. Celery.
Cauliflower in Cream. Mashed Turnip.
Cold Slaw. Macaroni and Cheese.
Rolls. Cranberry Sauce.
Christmas Pudding.
Mince Pie. Pumpkin Pie.
Ices. Cake. Bon Bons. Coffee.

FRIDAY.

BREAKFAST

Oranges. Wheat Germ.
Escalloped Meat.
Rolls. Chips. Eggs.
Milk. Coffee.

DINNER

Oyster Soup.
Fried Pork and Haddock.
Browned Potatoes. Celery Salad.
Stewed Tomatoes. Apple Sauce.
Pudding Warmed Over.
Pies. Cake. Coffee.

SUPPER

Spiced Beef Loaf.
Fresh Bread. Blackberries,
Baked Custard. Cheese.
Feather Cake. Tea.

SATURDAY.

BREAKFAST

Cracked Wheat.
Fried Ham and Eggs.
Brown Bread Toast. Potatoes.
Doughnuts. Coffee.

DINNER

Beefsteak.
Potato Puff. Macaroni and Cheese.
Onions. Lima Beans.
Pickled Red Cabbage.
Rolls. Strained Cranberry Sauce.
Viennois Cakes.
Floating Island Pudding.

SUPPER

Eggs and Celery Salad.
Shaved Beef. Hot Sally Lunn.
Cake. Sliced Oranges.
Cocoa, Tea.

SUNDAY.

BREAKFAST

Malaga Grapes.
Fried Rice. Syrup.
Fish Cakes. Pork Chops.
Mashed Potatoes.
Raised Muffins. Coffee.

DINNER

Oyster Broth. Crackers.
Roast Beef.
Worcestershire. Brown Gravy.
Macaroni and Cheese. Celery.
Mashed Turnips. Potatoes.
Cranberry Sauce. Alpine Pudding.
Custard. Fancy Cakes.
Coffee.

RECEIPT.

Celery.

After using the inside of a bunch, take what is left, cut into tiny cubes and then well cover with a cold slaw dressing. Very nice with fried Oysters.

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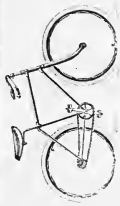

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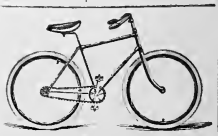

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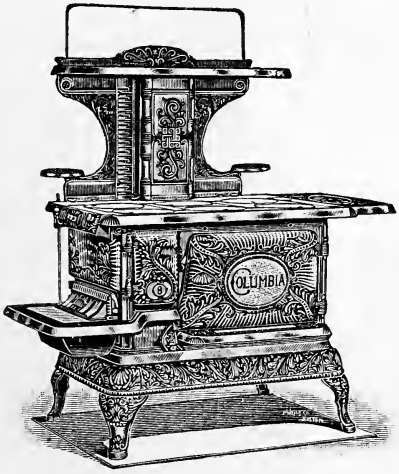

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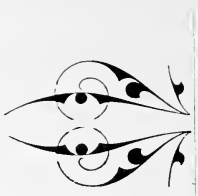

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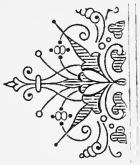

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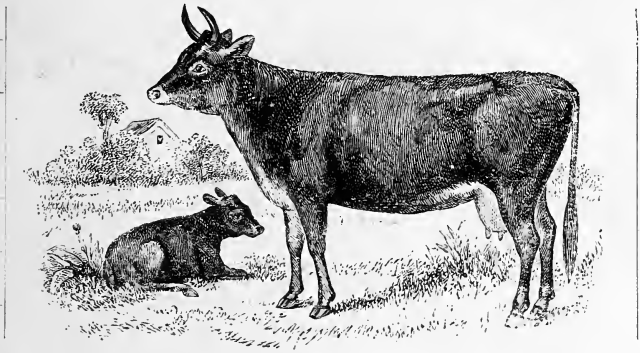

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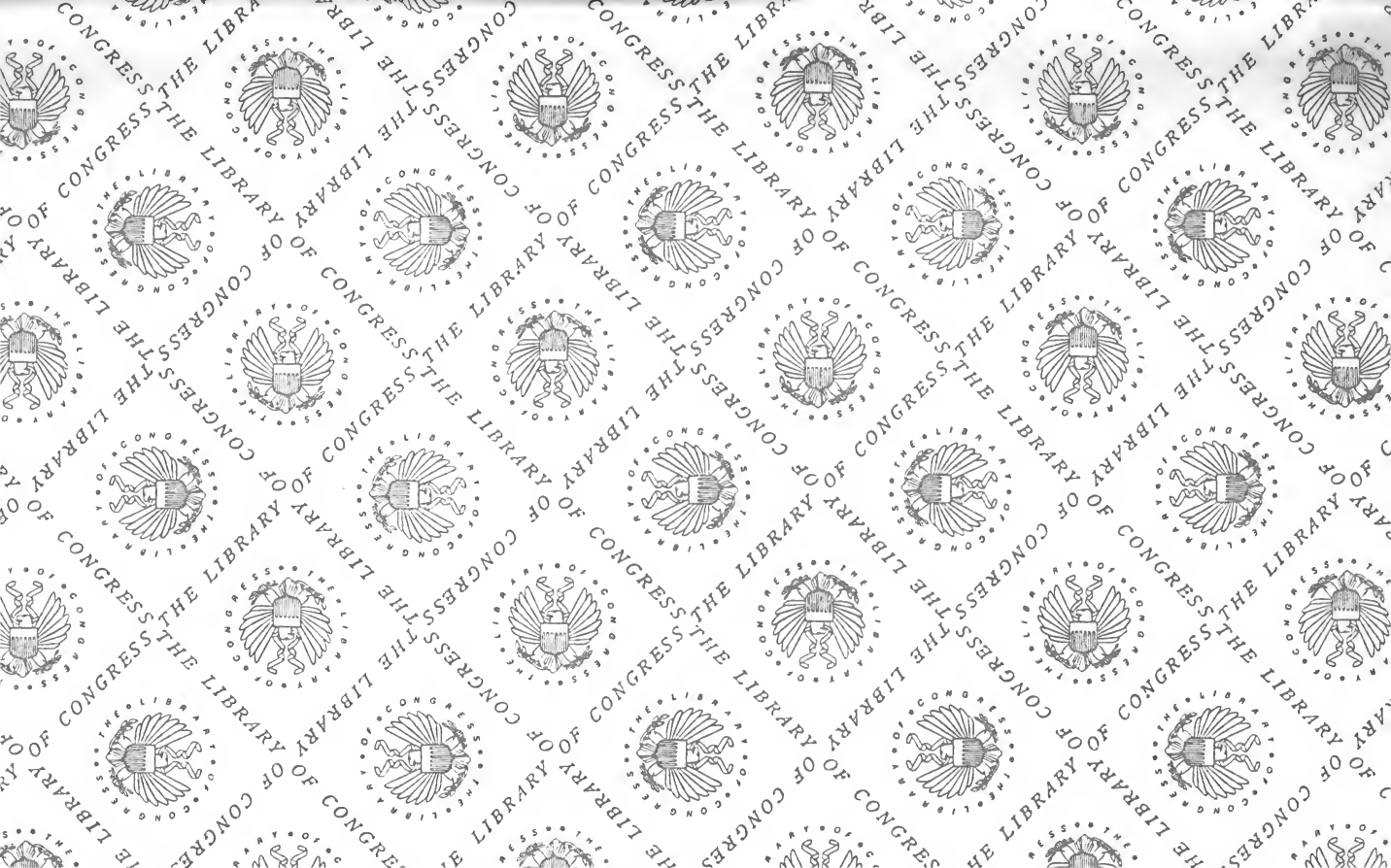
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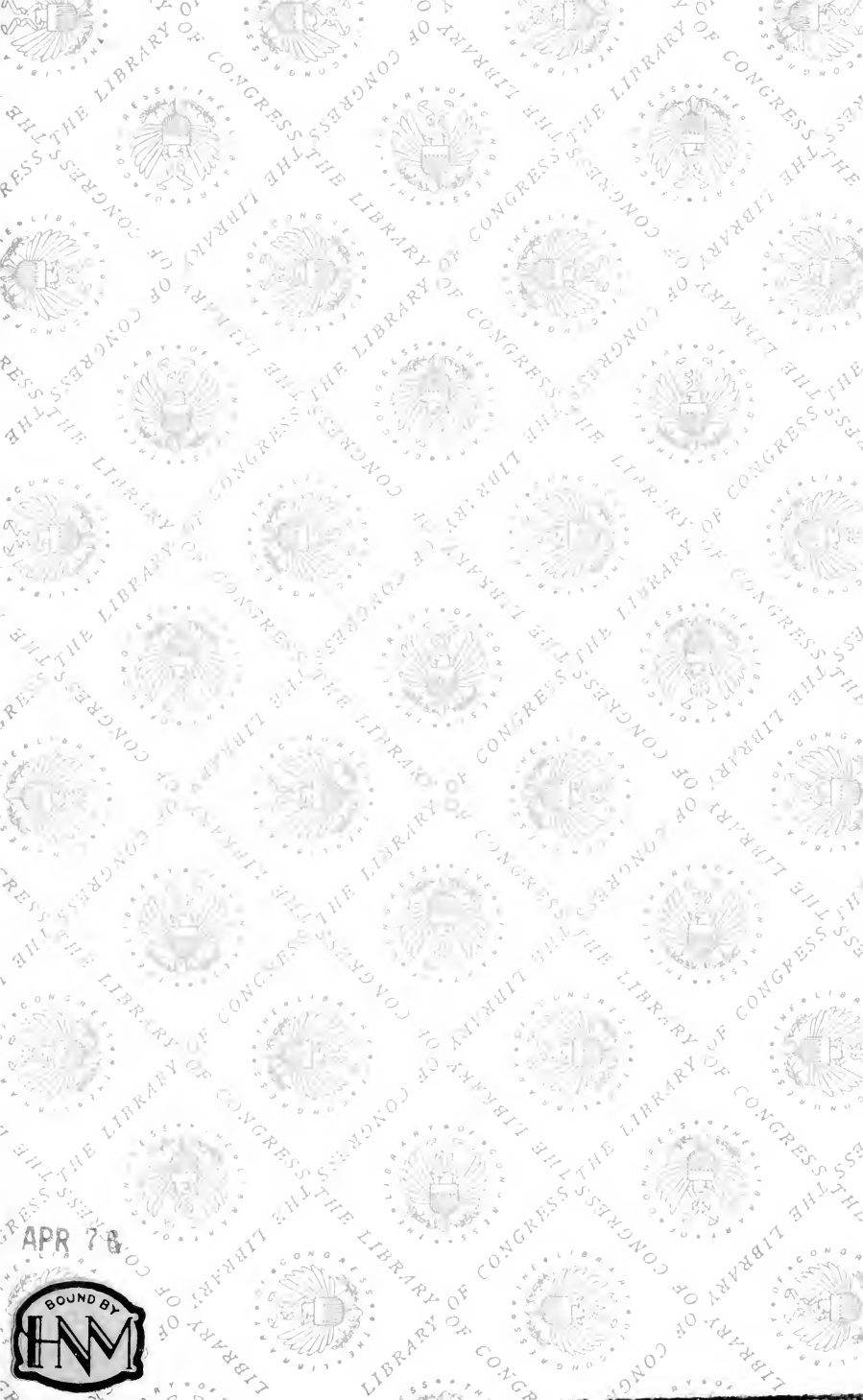

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